



# Thunderbolt Middle School Breakfast Menu

February  
2020

Fresh Vegetable Choices and Seasonal Fruit  
are Offered Daily on the Fruit & Vegetable Bar



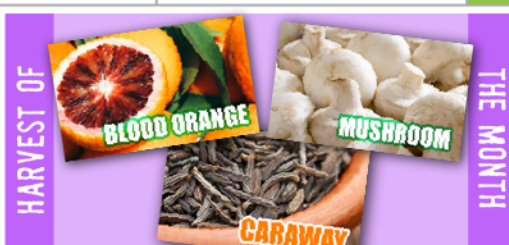
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Pancake on a Stick</p> <p>WG Bagel &amp; Cream Cheese</p> <p>Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit Bar</p>	<p><b>4</b></p> <p>WG Iced Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>5</b></p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>6</b></p> <p>WG Iced Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>7</b></p> <p>French Toast Sticks</p> <p>Choice of Cereal</p> <p>Vegetable Selection Graham Crackers Fresh Fruit</p>
<p><b>10</b></p> <p>Pancake on a Stick</p> <p>WG Bagel &amp; Cream Cheese</p> <p>Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit Bar</p>	<p><b>11</b></p> <p>WG Iced Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit Bar</p>	<p><b>12</b></p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>13</b></p> <p>WG Iced Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit Bar</p>	<p><b>14</b></p> <p>French Toast Sticks</p> <p>Choice of Cereal</p> <p>Vegetable Selection Graham Crackers Fresh Fruit</p>
<p><b>17</b></p> <p>"Sleep late, save time, every morning with BREAKFAST in school!"</p>	<p><b>18</b></p> <p>WG Iced Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>19</b></p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>20</b></p> <p>WG Iced Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>21</b></p> <p>French Toast Sticks</p> <p>Choice of Cereal</p> <p>Vegetable Selection Graham Crackers Fresh Fruit</p>
<p><b>24</b></p> <p>Pancake on a Stick</p> <p>WG Bagel &amp; Cream Cheese</p> <p>Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit Bar</p>	<p><b>25</b></p> <p>WG Iced Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit Bar</p>	<p><b>26</b></p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>27</b></p> <p>WG Iced Donut</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit Bar</p>	<p><b>28</b></p> <p>French Toast Sticks</p> <p>Choice of Cereal</p> <p>Vegetable Selection Graham Crackers Fresh Fruit</p>
				<p>Choose <b>MyPlate.gov</b></p>

<b>INFORMATION</b>	Lunch	\$2.75
	Reduced Lunch	\$0.40
	Breakfast	\$1.25
	Reduced Breakfast	\$0.30
	Adult Lunch	\$3.75

**EXTRA INFO**

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.

For questions or comments, contact the FSD  
Christopher Gallaga  
taher.foodservice@lhusd.org



Your **MENUS** plus more information on our app  
**Taher Food4Life®**

www.taher.com