



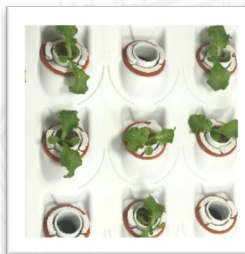
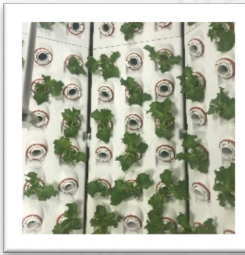
Hava Bites

A Monthly Food Service Report Christopher Gallaga March 2019

Program Updates

- ✓ **March 2019**
 - **Fork Farms & Taher Food For Life** delivered a stand-alone hydroponic garden system to the LHUSD so that Chef Chris and his team could begin a unique farm-school experience. For our first harvest Chef Chris planned to work in the Faculty Dining Room, germinating lettuce seeds and learning hydroponic gardening. **For instance**, we learned plants prefer a low PH but the Havasu aquifer provides high PH water, so we had to condition the farms water. We also found that our warm and dry climate means the system evaporates quickly. Adjusted water has to be added every 2 or 3 days. The lettuce grows quite quickly, and we expect first harvest 4 weeks after sprouting.
 - **Ms. Donna & Mr. Henry**, sampled strawberry, spinach and balsamic salad as our March harvest of the Month. The students loved it..

- ✓ **April Preview**
 - Look for a harvest of our lettuce in early April Chef Chris will also start some herbs and move the farm to the HS cafeteria.
 - Ms. Donna's Kids in the Kitchen class of 18/19 will have its graduation.



This institution is an equal opportunity provider.

Spring HOM tastings.

