

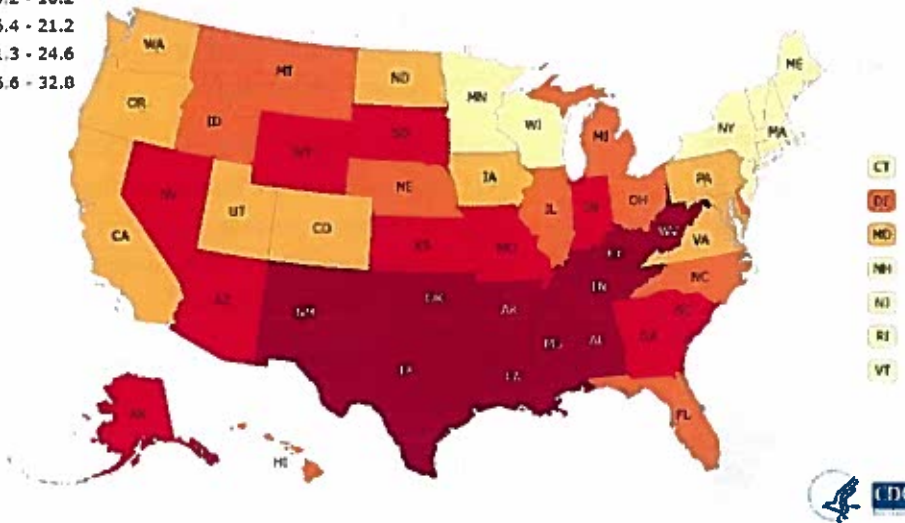
Mohave County Teen Pregnancy Prevention Program



Teen Birth Rate

United States 18.8

- 8.1 - 13.8
- 14.2 - 16.2
- 16.4 - 21.2
- 21.3 - 24.6
- 25.6 - 32.8



Graph taken from the U.S. Department of Health and Human Services, *2017 Trends in Teen Pregnancy*

Nationally, the issue of teen pregnancy is still a major health concern, and Mohave County is no exception.

National rate: 22.3 births per 1,000 females

Arizona rate: 28.5 births per 1,000 females

Mohave County: 29.8 births per 1,000 females

Bullhead City: 36.9 births per 1,000 females

Kingman: 34.3 births per 1,000 females

Lake Havasu City: 22.4 births per 1,000 females

In the 2017 Youth Risk Behavior Surveillance System survey of high school students:

40% ever had sexual intercourse

10% already had four or more partners. This number climbs to 24% by graduation.

30% had intercourse in the last three months, of which:

46% did not use a condom

14% used no birth control method of any kind

Mohave County Teen Pregnancy Prevention Program

SEXUALLY TRANSMITTED DISEASES IN THE UNITED STATES

NEW INFECTIONS
EACH YEAR
20 MILLION

DIRECT
MEDICAL COSTS
\$16 BILLION

TOTAL STDs AMONG
MEN & WOMEN
110 MILLION

THE PROPORTION OF NEW
INFECTIONS THAT ARE IN
PEOPLE AGES 15-24
50%

ESTIMATED NEW INFECTIONS

HPV 14,100,000
CHLAMYDIA 2,860,000
TRICHOMONIASIS 1,090,000
GONORRHEA 800,000
GENITAL HERPES 776,000
SYPHILIS 55,400
HIV 40,000
HBV 19,000



ESTIMATED EXISTING INFECTIONS

HPV 79,100,000
GENITAL HERPES 24,100,000
TRICHOMONIASIS 3,710,000
CHLAMYDIA 1,570,000
HIV 900,000
GONORRHEA 800,000
HBV 420,000
SYPHILIS 117,000



Source: CDC | ANITA RAHMAN / © LiveScience.com

Graph taken from the Centers for Disease Control

Participants in these programs show:

- Improved knowledge of consequences of sexual activity.
- Increased communication with parents about sexuality.
- Delay in sexual activity.
- Rise in contraception use among teens that were already sexually active.

- Increased intent to abstain.

We utilize curricula that are school appropriate, scientifically accurate and evidence based.

Wise Guys program is a proven, male-oriented teen pregnancy prevention program that teaches topics such as consent, contraception, STD's, values, and anatomy.

Smart Girls program is designed for girls to learn and rehearse positive behaviors that promote healthy decision making. It covers topics such as self-esteem, values, and standing up to peer pressure, anatomy, contraception, and STD's.

Both programs talk about abstinence as the best choice.

Both programs stress parental involvement and communication.

References:

- Centers for Disease Control and Prevention. (2018, June 14). Adolescent and School Health. Retrieved April 2, 2019, from <https://www.cdc.gov/healthyyouth/index.htm>
- Christ, C. M. (2019). *Teenage Pregnancy Arizona, 2007-2017*. Phoenix, AZ: Arizona Department of Health Services
- Gruchow, H. W. (2011). Evaluation of the Wise Guys Make Responsibility Curriculum: Participant-Control Comparisons. *Journal of School Health*, 81(3), 152-158. doi:10.1111/j.1746-1561.2010.00574.x
- Smart Girls Curriculum (2010). Guilford, NC: Guilford County Department of Public Health.
- Wise Guys® - A Children's Home Society of NC Program. (2018). Retrieved April 2, 2019, from <https://www.chsnc.org/wise-guys/>

Mohave County Department of Public Health



Teen Pregnancy Prevention Program

Active Parental Consent Form

Participant Name:			Date of Birth:
Child's Age:	Grade:	Circle One: MALE FEMALE	Program Location:
Home Address:			
Parent/Legal Guardian Name:		Work Phone:	Cell Phone:

Mohave County Department of Public Health has received a grant from the Arizona Department of Health Services (ADHS) to deliver the Teen Pregnancy Prevention Program. During the time your child will spend in the program, they will explore their own growth and development. This unique program will involve your child in discussions regarding life skills: decision making, goals, healthy relationships and positive communication. The program promotes progress in school and avoidance of behaviors which may hinder your child's opportunities for successful growth and achievement; overall the program aims to address and prevent teen pregnancy. There is an optional condom demonstration at the end of the course instructing students on the correct use of condoms, utilizing plastic condom demonstrator model. All program information has been shared with and approved for delivery by the school/agency administrators.

The ADHS funding provided for this program also includes a pre and post evaluation which requires parental consent.

The ADHS evaluation has been reviewed and accepted by the ADHS Human Subjects Review Board. In compliance with the Human Subjects Review Board, no names or birthdates are collected on the evaluation and no identification numbers are assigned. No data will be reported by individuals, classroom or schools. Only aggregate (group) data will be reported so there is nothing to identify a youth who completes the evaluation. All evaluation information will be kept confidential. ADHS and approved contractors operate a secure environment to collect and store information from student participants enlisted in the Teen Pregnancy Prevention Program. ADHS will collect the following types of information directly from participant evaluations:

- Demographics – Age, race, ethnicity, gender, and county of residence
- Health information - Pregnancy, views toward abstinence, and consequences of teen sexual activity
- Skills – decision-making, refusal, and negotiation skills
- Other – knowledge about healthy relationships, peer influence, self-esteem and self-efficacy
- Opinions about their experience during their participation in the program and program satisfaction

I understand that 1) ADHS will use the participants' responses for the purpose of program improvement, assessing whether critical program components or activities were implemented and whether they had an impact upon determinants, important behaviors and overall health goals; 2) that participating in the evaluation is voluntary and that I may elect for my child to participate or discontinue participation in the program and evaluation at any point without any risk; 3) that if consent is not provided, arrangements will be made in conjunction with school/site personnel to ensure an alternative placement is identified during program facilitation; 4) that ADHS will not require my child to disclose more information than is reasonably necessary as a condition of participation; 5) that I can request to view of the curriculum and/or evaluation tool at any time; 6) that ADHS will not share individual responses with third parties, schools personnel, parents or staff ; and 7) that the associated risks for my child to participate in this survey are minimal and will not exceed any discomfort that may be found in any daily life situations when answering routine survey questions.

I give my consent to allow my child to participate in **Wise Guys**: YES NO

I give my consent to allow my child to participate in the **ADHS Evaluation (Anonymous Survey)**: YES NO

Parent/Legal Guardian Signature: _____ Date: _____

Parent/Legal Guardian Name (Please Print): _____

****For questions concerning program and/or ADHS Evaluation: Mohave County Department of Public Health 928-753-0714. ****

Wise Guys Curriculum Synopsis

The Wise Guys Male Responsibility Curriculum is a comprehensive sexual education curriculum designed for use with groups of adolescent males ages 11-17.

Chapter I: Masculinity:

- Healthy masculinity involves a wide range of attributes that allows boy to be themselves.
- Masculinity does not depend of sexual promiscuity.
- Real male strength comes from a young man's ability to care for, respect, and protect others.

Chapter II: Personal and Family Values:

- Define and identify personal and family values and where these come from
- Understand how values affect behavior
- Learn how to communicate values to others

Chapter III: Communication:

- Understand the importance of good communication
- Practice communication skills and identify barriers to good communication

Chapter IV: Sexuality:

- Learn the broader definition of human sexuality
- Become more comfortable talking about sexual concerns
- Learn facts about puberty, sexuality, pregnancy, and conception

Chapter V: Dating Violence:

- Identify the qualities of healthy and unhealthy relationships
- Increase awareness of dating violence and abuse and ways to prevent it

Chapter VI: Abstinence and Contraception:

- Convey to participants that abstinence is the only 100% effects way to prevent pregnancy and sexually transmitted disease/infection
- Identify and discuss methods which can help to deter pregnancy and STD/STI

****This chapter has an optional demonstration of proper condom use. Inclusion of this demonstration is at the discretion of the school/ program host.****

Chapter VII: Sexually Transmitted Infections:

- Increase knowledge about HIV and other sexually transmitted infections (STIs)
- Identify and discuss methods which can deter the transmission of STIs
- Identify resources for information regarding STIs, testing, and treatment

Chapter VIII: Goal Setting:

- Identify long and short term goals and learn why goals are important to success
- Practice goal setting
- Identify ways in which parenthood affects goals/goal setting

Chapter IX: Decision Making:

- Learn and practice the decision making process through the use of a decision making model

Chapter X: Fatherhood:

- Examine feelings about early parenthood and the special problems that can be associated with this
- Learn about the responsibilities and financial costs associated with raising a child

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I give my consent to allow my child to participate in **Smart Girls**: YES NO

I give my consent to allow my child to participate in the **ADHS Evaluation (Anonymous Survey)**: YES NO

Parent/Legal Guardian Signature: _____ Date: _____

Parent/Legal Guardian Name (Please Print): _____

****For questions concerning program and/or ADHS Evaluation: Mohave County Department of Public Health 928-753-0714. ****

Smart Girls Curriculum Synopsis

The Smart Girls Life Skills Curriculum is a comprehensive sexual education curriculum designed for use with groups of adolescent females in grades 7th- 10th. The curriculum is designed to be facilitated in eight, hour long sessions, and can be modified to be delivered in fewer sessions.

Chapter I: Smart Actions to Enhance Self-Esteem:

- Learn to define self esteem
- Be aware of barriers to self esteem
- Understand the importance of feeling good about one's self
- Practice techniques for building self esteem

Chapter II: Making Smart Decisions:

- Understand the frequency in which we make decisions
- Be aware of the impact decisions have on the future
- Know what values are and who influences them
- Learn to use a decision making process

Chapter III: It Is Smart to Be Assertive:

- Identify possible pressure situations and the consequences associated with negative behavior
- Define and compare assertive, aggressive, and passive behaviors
- Understand rights and the importance of saying "NO" to negative pressure
- List and demonstrate effective verbal and non-verbal skills assertively

Chapter IV: Smart Bodies:

- Female and male reproductive anatomy
- Emotional and physical characteristics of puberty
- The process of conception associated with pregnancy prevention
- Timing of ovulation and menstrual flow associated with feminine hygiene

Chapter V: Smart Attitudes to Avoid Pregnancy:

- Define abstinence, the only 100% effective method of avoiding pregnancy
- List consequences of sex including pregnancy, sexually transmitted infection and the emotional impact of premature sexual activity
- Explain and dispel the many reasons teens give for choosing to have sex
- Explore common myths surrounding sexual activity
- Learn information and effectiveness of contraceptive products

****This chapter has an optional demonstration of proper condom use. Inclusion of this demonstration is at the discretion of the school/ program host.****

Chapter VI: Smart Attitudes to Avoid Sexually Transmitted Infections Diseases (STIs/STDs)

- Be able to list most common STI/STDs and their respective symptoms, complications and treatments
- Explain why teens are at greater risk of STI/STD
- List the best ways to avoid STI/STD with abstinence as the only 100% effective prevention

Chapter VII: Smart Relationships

- List characteristics of healthy and unhealthy relationships
- Define dating abuse and explain different types of abuse
- Knowledge of resources for individuals impacted by dating violence/abuse

Chapter VIII: Smart Goals

- Understand the importance of setting sexual boundaries prior to dating relationships
- Identify goals to assist teens in postponing sex