

...RHYTHM...

Restoring Health in You and Your Partner Through Movement

Are you a survivor of **endometrial or ovarian** cancer?

Are you **married or in a committed partner relationship**?

Would you be interested in 10 weeks of **ballroom dance lessons**?

If yes, contact **RHYTHM** today to see if you are eligible.

RHYTHM

is a National Institute of Health (NIH) study investigating the effects of a 10-week series of beginning ballroom dance lessons on the physical, social, and psychological well-being of cancer survivors and their spouses/partners.

Participants will be asked to...

Attend 10 private lessons over 10 weeks. Each lesson is 45 minutes long.

Attend 2 group practice parties. Each party is one hour long.

Practice 30 minutes a day, and keep a log of their activity.

Complete 4 clinic visits in the next 9-12 months .

...RHYTHM...

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