

## **Liberty CUSD #2 Return To Play Phase 4 (Phase 2) Action Plan Updated (7/13/2020)**

**\*\*All coaches and athletes at Liberty CUSD #2 must adhere to follow in accordance with IHSA and IDPH:**

-At this time facilities will be only allowed to HS and JH teams. No non-school teams at this time.

-Each team will have 20 summer contact days, with no dead period in August this year.

-Groups of 50, which will include all coaches present, will only be allowed to use each facility at a time. There may be multiple groups of 50 practicing outdoors as long as they are 30 feet apart. Only 1 group of 50 will be allowed indoors at all times no matter the spacing.

-Coaches are responsible for taking their own temperatures and the temperatures of their athletes prior to participation in any allowable activities.. Any temperatures at or greater than 100 degrees F (recommendations per CDC) need to be sent home and recommended they check in with their healthcare provider.

-Coaches must maintain a daily record of what athletes are participating and on what days. If any athletes have a temperature or symptoms this must also be recorded.

-All coaches and athletes must wear masks when indoors. When practicing outdoors masks do not need to be worn as long as social distancing guidelines are being followed.

-During phase 4 (phase 2) sport specific drills are allowed, as well as the use of sport specific equipment. Free weight exercises that require a spotter are now allowed at this time also, but the spotter must wear a mask.

-Scrimmages and contests are not allowed during this current phase and time.

-Frequently touched objects and surfaces need to be sufficiently disinfected after use. Wipes will be provided at each facility.

-Athletes must bring their own water bottles and personal equipment. Locker rooms are prohibited at this time.

-No handshakes, fist bumps, high fives, or hugs pre or post contests can occur.

-If any student or coach has any symptom of COVID-19, they should not come.

-Congregation of students should not occur before or after practices.

-Please allow enough time to sanitize surfaces and equipment before the next team is scheduled to use the facility.

-Frequent hand washing or hand sanitizing should occur.