

SEPTEMBER 2019

Liberty Menus

Monday

Tuesday

Wednesday

Thursday 5

Friday

No School

2

Cereal, Berry Muffin

3

French Toast Sticks

4

Breakfast Pizza

5

Cream Cheese Mini Bagels

6

Mini Corn Dogs, Green Beans, Cookie, Fruit

Personal Pan Pizza
Romain Salad
Fruit

Sloppy Joes, Hash Rounds, Baked Beans, Fruit

11:30 Dismissal

Cheese Omelet, Toast

9

Sausage Slider

10

Biscuits and Gravy

11

Breakfast Combo

12

Cinnamon Roll

13

Chicken Nuggets, Mac/Cheese, Green Beans, Fruit

Spaghetti/Meat Balls, Garlic Toast, Corn, Fruit

BBQ Rib on Bun, Scaloped Potatoes, Black Beans, Fruit

Grilled Chicken on Bun, Rice, Peas/Carrots, Fruit

Stuffed Crust Pizza, Salad, Fruit

Mini Donuts

16

Tornadoes

17

Breakfast Crescents

18

Cereal/Nutri-Grain Bar

19

Waffles/Bacon

20

Cheesy Chicken Burrito, Salsa, Mixed Vegetables, Fruit

Hamburger on Bun, Lettuce, Tomato, Baked Beans, Fruit

Toasted Ravioli, Marinara Sauce, Carrots/Dip, Fruit

Stuffed Crust Sausage Pizza, Romain Salad, Fruit, Cookie

Chicken/ Noodles, Mashed Potatoes, Gravy, Bread Stick, Fruit

Breakfast Pizza

23

Flapsticks

24

Cereal/ Muffin

25

Breakfast Bosco Stick

26

Long John

27

Deli Turkey on Bun, Lettuce, Tomato, Broccoli, Fruit

TACO BAR and Fruit

Salisbury Steak, Mashed Potatoes, Gravy, Cooked Carrots, Roll, Fruit

Hot Dog, Baked Beans, Chips, Fruit

Chicken Fajita, Salsa, Sour Cream, Cheese, Black Beans, Salad, Fruit

Tornadoes

30

Tenderloin, Chips, Corn, Fruit

MILK IS SERVED WITH BREAKFAST AND LUNCH
JUICE AND FRUIT ARE SERVED WITH BREAKFAST
MENU IS SUBJECT TO CHANGE

