

# SEPTEMBER 2020

## Liberty Menus

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Combos 1</b> Spaghetti with Meat Sauce Garlic Bread, Romaine Salad, Fruit	<b>Nutri-Grain Bar, Yogurt 2</b> Chicken Nuggets Mashed Potatoes/Gravy, Roll, Fruit	<b>Flapsticks 3</b> Sloppy Joe on Bun, Broccoli/Cheese, Cookie, Fruit	<b>Cereal 4</b> Stuffed Crust Sausage Pizza Mixed Vegetables, Romaine Salad, Fruit
<b>NO SCHOOL 7</b>	<b>Mini Donuts 8</b> Hot Dog, Baked Beans, Sun Chips, Carrot/Celery Sticks with Dip, Fruit	<b>Cereal 9</b> Crispy Chicken on Bun, Broccoli, Fruit	<b>Cereal, Toast 10</b> Chicken Quesadilla Cooked Carrots, Salsa, Sour Cream, Fruit	<b>W.G Frudel 11</b> 11:30 Dismissal
<b>W.G Muffin 14</b> Hamburger on Bun, Cheese, Tri-Taters, Baked Beans, Fruit	<b>Mini Cinnis 15</b> Toasted Ravioli/Sauce, Corn, Cheese Stick, Fruit	<b>Breakfast Burrito 16</b> Popcorn Chicken, California Blend, Roll, Fruit	<b>Mini Waffles 17</b> BBQ Rib on Bun, Scalloped Potatoes, Fruit	<b>Cereal, Yogurt 18</b> Wild Mikes Pizza Bites, Broccoli, Cheese Stick, Fruit
<b>Mini Bagels 21</b> Shrimp Poppers, Mac/Cheese, Carrots, Fruit	<b>Nutri-Grain Bar 22</b> Salisbury Steak, Scalloped Potatoes, Roll, Fruit	<b>Mini Pancakes 23</b> Crispy Chicken on bun, Chips Fruit	<b>Sliders 24</b> Deli Turkey on Bun, Cheese Slices, Carrots/Dip, Fruit	<b>Pop-Tarts 25</b> Corn Dogs, Baked Beans, Peas, Fruit
<b>Tornadoes 28</b> Pepperoni Cheese Breadstick, Marinara Sauce, Corn, Fruit	<b>Cereal 29</b> Taco Tuesday, Refried Beans, Fruit	<b>French Toast Sticks 30</b> Corn Dog, Baked Beans, California Blend, Fruit		

MILK IS SERVED WITH BREAKFAST AND LUNCH  
 JUICE AND FRUIT SERVED WITH BREAKFAST  
 MENU IS SUBJECT TO CHANGE

