

2023 Liberty Fun Run Schedule

All are welcome to participate. The races are FREE.

<u>Date</u>	<u>Event</u>	<u>Time</u>	<u>Place</u>
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1)	June 4 th	Cross country golf	6:30pm	Liberty High School
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Runners compete in a mile, 100m, and 400m. Lower the time the
Fewer the points scored. Add all the events together and lowest total point getter
Wins.

2)	June 11 st	Biathlon	7:00pm	Liberty High School
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Consists of a 1.5 mile run around the school grounds and a 3mi bike ride.
Please bring you bicycles to compete.

3)	June 18 th	Steeplechase	7:00pm	Old Siloam
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Consists of a 2mi race on road and grass surface jumping a series of obstacles
and a creek crossing.

4)	June 25 th	Road Race	7:00pm	Old Siloam
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Runners race from the Siloam park entrance to Old Siloam.

5)	July 2 nd	Trail Run	6:30pm	Old Siloam
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Runners start at top of Old Village trail and complete the Hoot Owl Trail.
Finishing in Old Siloam at the shelter house.

Divisions

1. 4th grade and under (This division will run a shorter version of each event.)
2. Grade School: 5th to 8th grade
3. High School boys
4. High School girls
5. Open Men
6. Open Women

We will have an awards ceremony after the final race on July 10th.

Awards to be given:

Divisions 1 & 2: All participants will receive a medal. The top 3 finishers for the whole fun run series in each division will receive a trophy

Divisions 3 & 4: The top finisher for the whole fun run series in each division will receive a trophy.

Division 5 & 6: The top finisher for the whole fun run series in each division will receive bragging rights.

******Every Participant who competes in 3 fun runs will receive a free Fun Run T-Shirt******