

Pre-k Snacks

August 2015

Mon	Tue	Wed	Thu
3	4	5	6
10	11	12	13
17	18	19	20
24	25	26	27
31			

Muffin
Milk

Strawberry Cup or
Fruit Cup
Milk

Muffin
Milk

Mandarin Oranges
Milk

Cheex Mix
Juice

Cucumbers/Broccoli
Dip
Milk

Yogurt
Graham Crackers
Juice

Yogurt
Graham Crackers
Juice

Pre-k Snacks

September 2015

Mon	Tue	Wed	Thu
	Cereal Bar Milk 1	Snack Loaf Milk 2	Apple Slices Milk 3
No School Labor Day 7	Applesauce Cup Milk 8	Pretzels Juice 9	Carrots/Dip Milk 10
Fruit Mix Milk 14	Cheddar Crackers Juice 15	Pudding Cup Juice 16	Banana Vanilla Wafers Milk 17
Cinnamon Graham Crackers Juice 21	Peach Cup or Fruit Cup Milk 22	Goldfish Crackers Juice 23	Celery WOW Butter Milk 24
Pears Milk 28	Shortbread Cookie Juice 29	Yogurt Graham Crackers Milk 30	

Logan County Schools

August 2015


Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

“This Institution is an Equal Opportunity Employer and Provider”

Logan County Schools are eligible and participating in CEP which allows each student to receive 1 breakfast meal and 1 lunch meal daily at no charge. 10% of the total cost of the meal is covered by the school. 10% white skin and fat free chocolate are offer with both breakfast and lunch.

Logan County Schools

September 2015

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast Wrap 1 Chicken & Noodles Mashed Potatoes Steamed Broccoli Biscuit, Apple Slices	Cereal Bag or Bar/Yogurt 2 Chicken Wrap Romaine Lettuce, Tomato Spanish Rice Corn, Melon Cup	Biscuit w/toppings Applesauce Cup Spaghetti w/Meat Sauce Garden Salad Breadstick, Grapes	Cinnamon Roll 4 Pepperoni Rolls Potato Wedges Cali Blend Veggies Frozen Fruit Bar, Fruit
	Sausage Biscuit 8 BBQ on Bun Slaw, Oven Fries Baked Beans Sliced Peaches	Breakfast Muffin 9 Corn Dog Cali Blend Veggies Cherry Tomatoes Cookie, Citrus Cup	Breakfast Pastry 10 Chicken Quesadilla Salsa & Chips Spanish Rice Applesauce, Fruit	Chicken Biscuit 11 Salisbury Steak Mashed Potatoes Green Beans, Roll Orange Wedges
 Labor Day				
Biscuit w/Bacon & Egg 14 Beefy Nachos & Cheese Shredded Lettuce Diced Tomatoes, Corn Refried Beans, Fruit	French Toast Minis 15 Baked Chicken Pattie Mashed Potatoes Cali Blend Veggies Roll, Pears	Cake Ring 16 Pepperoni Pizza Garden Salad Carrot Sticks, Cookie Frozen Fruit Bar, Fruit	Pancake Wrap 17 Hot Ham & Cheese on Bun Potato Wedges Green Beans Orange Wedges, Fruit	Mini Bagels Variety 18 Lasagna Spinach Salad w/Mandarin Oranges, Breadstick Applesauce
Sausage Biscuit 21 Chicken Fajitas Spanish Rice Green Beans Frozen Fruit Bar, Fruit	Breakfast Bread 22 Hot Dog w/Chili Oven Fries Baked Beans Cole Slaw, Melon Cup	Cereal/String Cheese 23 Turkey & Cheese Sub Lettuce & Tomato Celery & Carrot Sticks Broccoli Parmesan, Fruit	Mini Pancakes 24 Beef-a-roni Garden Salad Roll Applesauce	Apple Filled Breadsticks 25 Steak & Cheese Hoagie Lettuce & Tomato Potato Wedges Corn on Cob, Peaches
Pancake on a Stick 28 Chicken Nuggets Mashed Potatoes Steamed Broccoli, Roll Mandarin Oranges	Chicken Biscuit 29 Chili w/Crackers Celery & Cucumbers Cinnamon Roll Apples Slices	Yogurt/Granola Bar 30 Cheeseburger Lettuce & Tomato Baked Beans, Oven Fries Carrot Sticks, Fruit		

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Logan County Schools are eligible and are participating in CEP which allows each student to receive 1 breakfast meal and 1 lunch meal daily at no charge. Additional fresh vegetables, fresh and/or canned fruit and a variety of milk: 1% white, skim and fat free chocolate are offered with both breakfast and lunch. Breakfast alternative offered daily—cereal, toast & yogurt.