

Logan County Schools
School Celebration Guidelines
November 2017

Foods available at Logan County schools should contribute to the development of sound nutritional habits. Concern for the health and well-being of all students should be considered in all food offered. Good nutrition and the value of healthy food choices are often taught in classrooms. To keep our children healthy, school administrators, teachers, staff and parents should work together to offer healthy classroom party alternatives. The focus of school parties and events should be more about the planned activities and games than the food itself. Portion sizes should be of reasonable size given the age of the students.

All Logan County Schools are being directed to follow the practices outlined below:

Classroom Celebrations

- All foods served must meet all requirements of the policy and be considered safe for all children to consume in the classroom setting.
- Healthy food items shall be considered and preferred. See the list of suggested healthy celebration foods. Schools receiving the Fresh Fruits and Vegetables Grant are encouraged to communicate with the Child Nutrition Office for healthy options for celebrations.
- For student safety, NO homemade treats are permitted.
- Food must be commercially prepared, packaged and factory sealed with the visible ingredient and nutrition label so they may be properly evaluated for possible allergy reactions with students.
- Treat bags that include food are not permitted. A list of suggested party favors for treat bags is included.
- Beverages permitted will be bottled water, 100% fruit juice and milk only.
- Celebrations permitted during the school day must be thirty (30) minutes after the last student has received lunch.
- Approved school-wide celebrations will be limited to 3 per year.

ALLERY AWARENESS

Food items containing the 8 most common allergens must be considered for children while at school. These are peanuts, tree nuts, milk, eggs, wheat, soy, fish and shellfish. Treats that contain these allergens will not be permitted. Food items that contain peanuts or tree nuts (almonds, Brazil nuts, cashews, hazelnuts, macadamias, pecans, pine nuts, pistachios and walnuts) may not be served. Cross contamination can occur with food manufacturers expose a safe food to a food allergen. Precautions must be used when approving all foods containing these allergens. Chocolate candies are not permitted due to manufacturing in plants that also contain peanuts and/or tree nuts.

Healthy classroom party food suggestions:

- Fresh fruits with low-fat dip
- Fruit cups packed in juice or water
- Squeezable applesauce
- Raisins or dried fruit snacks
- Fresh vegetables with low-fat dip
- Hummus or low-fat dips or salsa
- Mini bagels or muffins
- Yogurt cups or tubes
- Low-fat string cheese sticks
- Low-fat Skinny Pop popcorn
- Low-fat, low-salt tortilla chips, pretzels & baked chips
- Frozen 100% juice bars
- Frozen yogurt
- Low-fat pudding cups
- Whole grain cereals
- Whole grain, graham, animal, teddy grahams & Goldfish crackers
- Nutra-grain bars or low-fat granola bars(BE AWARE of products that contain nuts)
- Rice crispy bars or rice cakes
- Bottled water
- 100% fruit juice
- Low-fat or non-fat milk

The purpose of this document is to provide guidance in place of Child Nutrition POLICY 4321.1. These guidelines regulating foods served in schools at celebration events are subject to change as often as the WVDE and USDA regulations are revised and updated. These guidelines may change annually or as needed.

Nonfood treat bag suggestions:

Beach Balls	Mini Flashlights
Bookmarks	Notepads
Bouncy Balls	Paddle Balls
Bracelets	Pencil Toppers
Bubbles	Pencils
Coloring Books	Pens
Coupons	Pinwheels
Crayons	Puzzle games
Crazy straws	Rings
Erasers	Rulers
Finger Puppets	Slinkys
Frisbees	Shoelaces
Glow Sticks	Sidewalk Chalk
Jacks	Silly Putty
Jump Ropes	Stencils
Kazoos	Stickers
Keychains	Sunglasses
Magic Wands	Tattoos
Magnets	Whistles
Markers	Yoyos