

LOGAN COUNTY SCHOOLS

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast Bread Philly Cheese Steak Let/Tom/Mayo, Peppers & Onions Honey Carrot Coins, Oven Fries Frozen Juice Cup	2 Smoothie & Cereal Bar Hot Ham & Cheese Lettuce, Tomato, Mayo Baked Beans, Tater Tots Pudding Cup, Orange Slices	3 Cake Ring  Beef-a-Roni Garden Salad, Breadstick Cherry Tomatoes & Cucumber Slices w/Dip, Fruit Mix	4 Sausage Biscuit Fish Sticks Macaroni & Cheese Peas, Cornbread Muffin Melon Cup
7 Bacon & Egg Biscuit  Meatballs w/Marinara Green Beans, Breadstick Sweet Potato Puffs Frozen Juice Cup	8 Honey Bun Chicken Fajitas Spanish Rice, Lettuce, Tomato Cheese, Sour Cream Chips & Salsa, Churro, Fruit	9 Bagel w/Toppings Pizza Baked Beans Corn, Potato Wedges Apple Slices	10 Breakfast Wrap Pig in a Blanket Caesar Salad, Chips Fresh Veggies w/Dip Mixed Fruit Cup	11 Pop Tart Chicken Teriyaki Strips Fried Rice, Steamed Broccoli Egg Roll, Fortune Cookie Mandarin Oranges
14 Soft Pretzel, Yogurt Walking Taco Lettuce, Tomato, Cheese, Salsa Sour Cream, Refried Beans Mexicali Corn, Juice Bar	15 Bacon, Egg, Cheese Biscuit Chicken Ranch Flatbread Cali Blend Veggies Carrot & Celery Sticks w/Dip Chips, Grapes	16 Smoothie & Cereal Bag Corn Dog Steamed Broccoli w/Cheese Tator Tots, Cucumbers & Cherry Tomatoes w/Dip, Orange Slices		
21 Breakfast Pizza BBQ Sliders Baked Beans Slaw, Chips Pears	22 Muffin Chicken Tenders Baked Potato, Sour Cream, Butter Cali Blend Veggies, Sliced Bread Jello w/Whipped Topping	23 Ham & Cheese Sliders  Pizza Chips, Corn on Cob Red & Green Pepper Strips w/Dip Frozen Juice Cup	24 Apple or Cherry Strudel Beefy Nachos Lettuce, Tomato, Cheese Chips & Salsa Spanish Rice, Churro	25 Mini Waffles  Steak & Gravy Mashed Potatoes Green Beans, Roll Strawberries & Bananas
28 Honey Bun  Chicken & Noodles Mashed Potatoes Peas, Biscuit Frozen Juice Bar	29 Breakfast Bites Deli Turkey Sandwich Lettuce, Tomato, Mayo Corn, Oven Fries Orange Slices	30 Smoothie & Cereal Bar Hot Dog Baked Beans, Slaw, Chips Carrots & Celery w/Dip Sherbet Cup	31 Pop Tart  Pepperoni Roll Garden Salad, Chips Steamed Broccoli w/Cheese Peaches	1 Cereal, Yogurt, Cheese Stick Taco Salad Chips & Salsa, Sour Cream, Cheese Diced Tomatoes, Spanish Rice Strawberry Cup, Churro

CRHS, LHS and MHS will offer pizza as a second entree on Tuesdays and Fridays.

A variety of cereal, yogurt and juice offered with EVERY breakfast. Fresh fruit/vegetables and milk offered with EVERY meal.

Menu subject to change due to weather and product availability.

Condiments, such as mayonnaise, ketchup, mustard, tartar sauce, taco sauce, etc., are offered with each meal.