

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Salisbury Steak Patty Mashed Potatoes w/Gravy Peas & Carrots Roll	Chicken Patty (Grilled or Breaded) on Bun Broccoli Sweet Potato Fries	Chili Roasted or Baked Potato Corn Cornbread	Oven Roasted Chicken or Pork Chops Rice Pilaf Green Beans Squash Mini Biscuit	Crispito Black Beans Corn Garden Salad Brownie
WEEK OF 10 th -14 th Cycle 5	Fish Patty on Bun Cheese Slice & Tartar Sauce Fries Mixed Veggies Romaine & Tomatoes	Chicken Gumbo Brown Rice Green Beans Garden Salad Crackers	Sloppy Joe or Cheeseburger Buttered Carrots Tots Garden Salad	Teriyaki Glazed Chicken Stir Fry Veggies Fried Rice Egg Roll	Corndog Cole Slaw Baked Beans Rice Krispy Treat
WEEK OF 17 th - 18 th Cycle 1 **WINTER BREAK 19TH – 21ST**	Chicken Jambalaya Steamed Broccoli Yams Roll	Turkey Roast Green Beans Mashed Potatoes w/Gravy Breadstick			
WEEK OF 24 th – 28 th Cycle 2 **WINTER BREAK**					
WEEK OF 31 st Cycle 3 **WINTER BREAK**					

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MENUS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

DECEMBER

ALL MEALS SERVED WITH CHOICE OF MILK:

- UNFLAVORED 1% LOW FAT
- UNFLAVORED SKIM
- FAT FREE STRAWBERRY
- FAT FREE CHOCOLATE

FRESH, CANNED OR FROZEN FRUIT SERVED DAILY

100% FORTIFIED FRUIT JUICE SERVED TWICE PER WEEK.

Fun Fact:

December is the 12th and last month of the year in the Julian and Gregorian Calendars. And one of seven months with the length of 31 days. December starts on the same day of the week as September every year and ends on the same day as April every year. It is the month with the shortest daylight hours of the year in the Northern Hemisphere and the longest daylight hours of the year in the Southern Hemisphere. December in the Northern Hemisphere is the seasonal equivalent to June in the Southern Hemisphere and vice versa.