


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Fish Patty Bun Fries California Veggies Romaine & Tomatoes	Gumbo Brown Rice Green Beans Salad	Sloppy Joe or Cheeseburger Tots Carrots Pickle Spear	Teriyaki Glazed Chicken Fried Rice Stir Fry Veggies Egg Roll	Corndog Cole Slaw Baked Beans Rice Krispy Treat
WEEK OF 10 th - 14 th Cycle 1	Chicken Jambalaya Steamed Broccoli Yams Roll	Turkey Roast Green Beans Mashed Potatoes w/Gravy Breadstick	Taco (Salad*) Black Beans Corn Spanish Rice Tortilla Chips*	Chicken Tenders Mixed Veggies Fries Biscuit 2 oz.	Baked Potato & Salad Bar or Turkey or Ham Sub (Buttered) Carrots Romaine & Tomatoes Doritos
WEEK OF 17 th - 18 th Cycle 2 **WINTER BREAK 19 th -21 st **	Beefy Macaroni (Italian) Green Beans Yams (Patty) Garden Salad Roll	BBQ Fajita On Bun or Wrap Fries Carrots Romaine & Tomatoes			
WEEK OF 24 th -28 th Cycle 3 **WINTER BREAK**					
WEEK OF 31 st Cycle 4 **WINTER BREAK**					

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MENUS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

DECEMBER

ALL MEALS SERVED WITH CHOICE OF MILK:

- UNFLAVORED 1% LOW FAT
- UNFLAVORED SKIM
- FAT FREE STRAWBERRY
- FAT FREE CHOCOLATE

FRESH, CANNED OR FROZEN FRUIT SERVED DAILY

100% FORTIFIED FRUIT JUICE SERVED DAILY

Fun Fact:

December is the 12th and last month of the year in the Julian and Gregorian Calendars. And one of seven months with the length of 31 days. December starts on the same day of the week as September every year and ends on the same day as April every year. It is the month with the shortest daylight hours of the year in the Northern Hemisphere and the longest daylight hours of the year in the Southern Hemisphere. December in the Northern Hemisphere is the seasonal equivalent to June in the Southern Hemisphere and vice versa.