

# April 2018

## MOBILE COUNTY PUBLIC SCHOOL SYSTEM

### BREAKFAST



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Fruit Juice served daily with each meal  
 Fresh or Canned Fruit served daily with each meal  
 Unflavored low fat milk served daily with each meal  
 \*Menus are subject to change due to deliveries & commodities



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



3A: Pancakes (Pups)  
 Ham Slice  
 Yogurt  
 Fruit  
 Fruit Juice  
 Milk (Variety Flavor)

9

3B: Croissant or Biscuit w/Jelly  
 Sausage Patty/Link  
 Eggs (Managers Choice)  
 Fruit  
 Fruit Juice  
 Milk (Variety Flavor)

10

3C: Pop-tart &  
 Cereal (Cereal Bar)  
 Yogurt  
 Fruit  
 Fruit Juice  
 Milk (Variety Flavor)

11

3D: Doughnut, Muffin or Biscuit  
 w/Jelly  
 Chicken Patty  
 Fruit  
 Fruit Juice  
 Milk (Variety Flavor)

12

3E: Waffles or Mini Waffles  
 Sausage Patty/Link  
 Syrup or  
 Cereal (Cereal Bar)  
 Fruit/Fruit Juice  
 Milk (Variety Flavor)

13

4A: Grits  
 Chicken or Sausage Patty/Link  
 Fruit/Fruit Juice  
 Milk (Variety Flavor)  
 Managers Choice: Grill Cheese Toast or  
 Cheese Quesadilla

16

4B: Cinnamon Roll, Croissant or  
 Biscuit w/Jelly  
 Ham Slice  
 \*Optional Cheese Slice\*  
 Fruit/Fruit Juice  
 Milk (Variety Flavor)

17

4C: Pancakes (pup, on a stick)  
 Chicken or Sausage Patty/Link  
 Syrup or  
 Cereal (Cereal Bar)  
 Fruit/Fruit Juice  
 Milk (Variety Flavor)

18

4D: Breakfast Pizza or Sandwich  
 Grits or Oatmeal w/Baked Apples  
 Fruit  
 Fruit Juice  
 Milk (Variety Flavor)

19

4E: Cereal (Bowl or Pouch) or  
 Biscuit  
 Egg & Cheese Omelet  
 Jelly  
 Fruit/Fruit Juice  
 Milk (Variety Flavor)

20

5A: Biscuit  
 Sausage Patty/Link  
 Hash Browns  
 Jelly  
 Fruit/Fruit Juice  
 Milk (Variety Flavor)

23

5B: Chicken, Sausage Patty/Link  
 Pancakes, French Toast or Waffles  
 or Mini Waffles  
 Syrup  
 Fruit/Fruit Juice  
 Milk (Variety Flavor)

24

5C: Cinnamon Roll, Croissant or  
 Biscuit w/Jelly  
 Ham Slice or  
 Cereal (Cereal Bar)  
 Fruit/Fruit Juice  
 Milk (Variety Flavor)

25

5D: Biscuit w/Jelly  
 Chicken or Sausage Patty/Link  
 Cheese Grits  
 Fruit  
 Fruit Juice  
 Milk (Variety Flavor)

26

5E: Pop Tart &  
 Cereal  
 Yogurt  
 Fruit  
 Fruit Juice  
 Milk (Variety Flavor)

27

1A: Cinna Minis/Cinnamon Roll  
 Chicken or Sausage Patty/Link or  
 Cereal Bowl or Pouch  
 Fruit  
 Fruit Juice  
 Milk (Variety Flavor)

30

