

Breakfast Menu April 2017
Mobile County Public School System

Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal. Must offer 1/2 cup fresh or canned fruit or 1/4 cup dried fruit and 100% fruit juice daily. Menus are subject to change due to deliveries & commodities.

Week	A	B	C	D	E
1	3 Biscuit with Jelly Chicken Patty Fruit Juice Milk	4 Ultimate Breakfast Round OR Cinnamon Pretzel Stick (referred to as Bun) Yogurt Cup Fruit Juice Milk	5 Breakfast Pizza (listed under pizza) Grits Fruit Juice Milk	6 Cereal Bowl or Pouch (1) Cheese Stick Fruit/ Juice Milk	7 Cinnamon Roll or Cinnamon Cinnis Sausage Patty Fruit/ Juice Milk
	10	11	12	13	14
-----Spring Break-----					
2	17 Waffle Sticks (2) or Mini Waffles Ham Slice/ Oatmeal Fruit/ Juice Milk	18 Muffin Cheese Stick (1) Fruit Juice Milk	19 Biscuit with Jelly Sausage Patty Fruit Juice Milk	20 Fruit, Cereal/Granola & Yogurt Parfait Breakfast Bar Juice Milk	21 Pancake on a Stick Syrup Fruit Juice Milk
3	24 Bagel/Cream Cheese Egg/Cheese Omelet Fruit Juice Milk	25 Fruit Pocket (3.95 oz.) Yogurt Cup Juice Milk	26 Grilled Cheese Sandwich OR Biscuit with Jelly Chicken Patty Grits Fruit Juice Milk	27 Cereal Bar (1) Cheese Stick (1) Fruit/ Juice Milk	28 Breakfast Wrap OR Beef Sausage on Bun (Local Bid) Fruit Juice Milk