

K-8 Lunch April 2017
Mobile County Public School System

Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal. Must offer 1/2 cup fresh or canned fruit or 1/4 cup dried fruit and 100% fruit juice daily. Menus are subject to change due to deliveries & commodities.

Week	A	B	C	D	E
1	3 Breaded OR Grilled Chicken Patty OR Fillet Creamed Potatoes Brown Gravy Sweet Peas Hushpuppies (4) Fresh Fruit Fruit: Canned or Frozen or Dried	4 Pizza Green Beans Carrots Romaine Garden Salad Fruit: Canned or Frozen or Dried Juice	5 BBQ Beef OR Pork Patty on Hamburger Bun Broccoli Sweet Potatoes Fresh Fruit Fruit: Canned or Frozen or Dried	6 Taco Meat Tortilla Chips (20) Cheese/Sour Cream/Taco Sauce Chopped Romaine (1/2 cup) Diced Tomatoes (1/4 cup) Whole Kernel Corn Juice Fruit: Canned or Frozen or Dried	7 Chili Cheese Dog on Bun Baked Beans Cole Slaw Rice Krispy Treat Fresh Fruit Fruit: Canned or Frozen or Dried
	10	11	12	13	14
-----Spring Break-----					
2	17 Chicken Tenders (3) OR Chicken Nuggets (5) w/Sauce Green Beans Sweet Potatoes Mini Biscuit Chocolate Rice Crispy Treat Fresh Fruit Fruit: Canned or Frozen or Dried	18 Cheeseburger on Hamburger Bun Romaine Leaf, Sliced Tomato, Pickles Oven Potatoes Baked Beans Juice Fruit: Canned or Frozen or Dried	19 Salisbury Steak Brown Gravy Creamed Potatoes Collard OR Turnip Greens Cornbread (2 oz.) Fresh Fruit Fruit: Canned or Frozen or Dried	20 Pizza Carrots Romaine Garden Salad Fruit: Canned or Frozen or Dried Juice	21 Soup Baked Potato & Bacon or Vegetable or Chicken Vegetable or Beef Vegetable Broccoli Mozzarella Cheese Sticks (2) Fresh Fruit Fruit: Canned or Frozen or Dried
3	24 Cheese & Chicken Fiesta Stix (2) Or Crispito(2) Cheese/Sour Cream/Taco Sauce Pinto Beans Whole Kernel Corn Fresh Fruit Fruit: Canned or Frozen or Dried	25 Meat Sauce & Pasta Green Beans Caesar Salad Rip Stick Breadstick Fruit: Canned or Frozen or Dried Juice	26 Gumbo with Brown Rice Potato Salad Carrots Okra- Optional Hushpuppies (2) Fresh Fruit Fruit: Canned or Frozen or Dried	27 Deli Sandwich or Wrap (Hamburger Bun or Tortilla) Romaine Leaf, Sliced Tomato Sweet Potatoes Sun Chips Fruit: Canned or Frozen or Dried Juice	28 IFish Nuggets (5) Baked Beans Broccoli Roll Fresh Fruit Fruit: Canned or Frozen or Dried