

August Breakfast Menu 2017

Mobile County Public School System

Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal. Must offer 1/2 cup fresh or canned fruit or 1/4 cup dried fruit and 100% fruit juice daily. Menus are subject to change due to deliveries & commodities.

Week	A	B	C	D	E
Week 1	7 <i>Biscuit with Jelly Sausage Patty Fruit Juice Milk</i>	8 <i>Waffles with Syrup Ham Slice Fruit Juice Milk</i>	9 <i>Cereal OR Cereal Bar Ham and Cheese Croissant Fruit Juice Milk</i>	10 <i>Breakfast Sandwich Fruit Juice Milk</i>	11 <i>Breakfast Bagel Oatmeal Fruit Juice Milk</i>
Week 2	14 <i>Breakfast Burrito (16100) or Breakfast Wrap (16111) Grits Fruit Juice Milk</i>	15 <i>Biscuit with Jelly Chicken Patty Fruit Juice Milk</i>	16 <i>Cereal OR Cereal Bar Yogurt Fruit Juice Milk</i>	17 <i>Pop Tart Goldfish Crackers Cheese Stick Fruit Juice Milk</i>	18 <i>Pancakes with Syrup Sausage Links Fruit Juice Milk</i>
Week 3	21 <i>Cinnamon Roll or Cinnamon Cinnis Sausage Patty Fruit Juice Milk</i>	22 <i>Breakfast Pizza Oatmeal Fruit Juice Milk</i>	23 <i>Cereal OR Cereal Bar Ham and Cheese Croissant Fruit Juice Milk</i>	24 <i>Mini Waffles with Syrup Cheese Stick Fruit Juice Milk</i>	25 <i>Biscuit with Jelly Chicken Patty Fruit Juice Milk</i>
Week 4	28 <i>French Toast Stick with Syrup Breakfast Ham Slice Fruit Juice Milk</i>	29 <i>Breakfast Sliders Oatmeal Fruit Juice Milk</i>	30 <i>Cereal OR Cereal Bar Yogurt Fruit Juice Milk</i>	31 <i>Biscuit with Jelly Sausage Patty Fruit Juice Milk</i>	