

# August K-8 Lunch Menu 2017

## Mobile County Public School System

**Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal.  
Menus are subject to change due to deliveries & commodities.**

Week	A	B	C	D	E
	1	2	3	4	5
<b>Week 1</b>	<p>7 <i>Breaded OR Grilled Chicken Patty OR Fillet Creamed Potatoes Brown Gravy Sweet Peas Hushpuppies (4) Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>	<p>8 <i>Pizza Green Beans Carrots Romaine Garden Salad Fruit: Canned or Frozen or Dried Juice</i></p>	<p>9 <i>Chicken Sandwich on Bun Broccoli Sweet Potatoes Chips Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>	<p>10 <i>Taco Meat Tortilla Chips (10) Brown Rice Cheese/Sour Cream/Taco Sauce Chopped Romaine (1/2 cup) Diced Tomatoes (1/4 cup) Whole Kernel Corn Juice Fruit: Canned or Frozen or Dried</i></p>	<p>11 <i>Chili Cheese Dog on Bun Baked Beans Cole Slaw Mini Rice Krispy Treat Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>
<b>Week 2</b>	<p>14 <i>Chicken Tenders (3) OR Chicken Nuggets (5) w/Sauce Lima Beans Sweet Potatoes Mini Biscuit Graham Cracker Snack Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>	<p>15 <i>Chili Crispito Cheese/Sour Cream/Taco Sauce Whole Kernel Corn Pinto or Black Beans Juice Fruit: Canned or Frozen or Dried</i></p>	<p>16 <i>Salisbury Steak Brown Gravy Creamed Potatoes Collard OR Turnip Greens Combread (2 oz.) Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>	<p>17 <i>Deli Sandwich on Bun (Romaine Leaf, Sliced Tomato) Carrots Oven Potatoes Chips Fruit: Canned or Frozen or Dried Juice</i></p>	<p>18 <i>Meat Sauce &amp; Pasta Green Beans Caesar Salad Breadstick Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>
<b>Week 3</b>	<p>21 <i>Pizza Green Beans Carrots Romaine Garden Salad Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>	<p>22 <i>Chili Cheese Dog Cole Slaw Baked Beans Juice Fruit: Canned or Frozen or Dried</i></p>	<p>23 <i>Soup: Potato Bacon, Chicken Vegetable or Beef Vegetable Broccoli Mozzarella Cheese Sticks Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>	<p>24 <i>Baked Chicken Lima Beans Sweet Potatoes Roll/ Animal Crackers Juice Fruit: Canned or Frozen or Dried</i></p>	<p>25 <i>Cheeseburger (Romaine Leaf, Sliced Tomato, Pickles) Oven Potatoes Peas and Carrots Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>
<b>Week 4</b>	<p>28 <i>Corndog Sweet Potatoes Sweet Peas Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>	<p>29 <i>Lasagna Rolls (2) Green Beans Caesar Salad Juice Fruit: Canned or Frozen or Dried</i></p>	<p>30 <i>Chicken and Brown Rice with Gravy Broccoli Carrots Roll Fresh Fruit Fruit: Canned or Frozen or Dried</i></p>	<p>31 <i>Chili Crispito Cheese/SourCream/Taco Sauce Whole Kernel Corn Pinto or Black Beans Juice Fruit: Canned or Frozen or Dried</i></p>	