

High Menu December 2017

Mobile County Public School System

Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal.

Menus are subject to change due to deliveries & commodities.

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Week	A	B	C	D	E
Week 1					1 <i>Chili Cheese Dog on Bun Baked Beans Cole Slaw Mini Rice Krispy Treat Fresh Fruit Juice</i>
Week 2	4 <i>Chicken Tenders (3) OR Chicken Nuggets (5) w/Sauce Lima Beans Sweet Potatoes Mini Biscuit Graham Cracker Snack Fresh Fruit Juice</i>	5 <i>Chili Crispito Cheese/Sour Cream/Taco Sauce Whole Kernel Corn Pinto or Black Beans Juice Fruit: Canned or Frozen or Dried</i>	6 <i>Salisbury Steak Brown Gravy Creamed Potatoes Collard OR Turnip Greens Cornbread (2 oz.) Fresh Fruit Juice</i>	7 <i>Deli Sandwich on Bun (Romaine Leaf, Sliced Tomato) Carrots Oven Potatoes Chips Fruit: Canned or Frozen or Dried Juice</i>	8 <i>Meat Sauce & Pasta Green Beans Cauliflower Caesar Salad Breadstick Fresh Fruit Juice</i>
Week 3	11 <i>Pizza Green Beans Carrots Romaine Garden Salad Fresh Fruit Juice</i>	12 <i>Chili Cheese Dog Cole Slaw Baked Beans Juice Fruit: Canned or Frozen or Dried</i>	13 <i>Soup: Potato Bacon, Chicken Vegetable or Beef Vegetable Broccoli Mozzarella Cheese Sticks Fresh Fruit Juice</i>	14 <i>Baked Chicken Lima Beans Sweet Potatoes Roll/ Animal Crackers Juice Fruit: Canned or Frozen or Dried</i>	15 <i>Cheeseburger (Romaine Leaf, Sliced Tomato, Pickles) Oven Potatoes Peas and Carrots Fresh Fruit Juice</i>
	<h1>Christmas Holidays</h1>				