

# Breakfast Menu December 2017

Mobile County Public School System

**Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal.**

**Menus are subject to change due to deliveries & commodities.**

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Week	A	B	C	D	E
<b>Week 1</b>					1 <i>Breakfast Bagel (16102)</i> <i>Oatmeal</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<b>Week 2</b>	4 <i>Breakfast Wrap (16111)</i> <i>Grits</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	5 <i>Biscuit with Jelly</i> <i>Chicken Patty</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	6 <i>Cereal OR Cereal Bar</i> <i>Yogurt</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	7 <i>Pancakes with Syrup</i> <i>Sausage Links</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	8 <i>Pop Tart</i> <i>Cheez-it Crackers (14202)</i> <i>Cheese Stick</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<b>Week 3</b>	11 <i>Cinnamon Roll (14026) or</i> <i>Cinnamon Cinnis (14028)</i> <i>Sausage Patty</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	12 <i>Breakfast Pizza</i> <i>Oatmeal</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	13 <i>Cereal OR Cereal Bar</i> <i>Ham and Cheese Croissant</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	14 <i>Waffles Sticks(3) or</i> <i>Mini Waffles with Syrup</i> <i>Cheese Stick</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	15 <i>Biscuit with Jelly</i> <i>Chicken Patty</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
	<h1 style="font-size: 4em; margin: 0;">Christmas Holidays</h1>				