

# K-8 Lunch Menu December 2017

Mobile County Public School System

**Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal.**

**Menus are subject to change due to deliveries & commodities.**

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| Week          | A  | B  | C   | D  | E   |
|---------------|--|--|---|--|---|
| <b>Week 1</b> |  |  |   |  | <i>1 Chili Cheese Dog on Bun<br/>Baked Beans Cole Slaw<br/>Mini Rice Krispy Treat<br/>Fresh Fruit<br/>Fruit: Canned or Frozen or Dried</i>                        |
| <b>Week 2</b> | <i>4 Chicken Tenders (3) OR<br/>Chicken Nuggets (5) w/Sauce<br/>Lima Beans Sweet Potatoes<br/>Mini Biscuit<br/>Graham Cracker Snack<br/>Fresh Fruit<br/>Fruit: Canned or Frozen or Dried</i> | <i>5 Chili Crispito<br/>Cheese/Sour Cream/Taco Sauce<br/>Whole Kernel Corn<br/>Pinto or Black Beans<br/>Juice<br/>Fruit: Canned or Frozen or Dried</i> | <i>6 Salisbury Steak<br/>Brown Gravy<br/>Creamed Potatoes<br/>Collard OR Turnip Greens<br/>Cornbread (2 oz.)<br/>Fresh Fruit<br/>Fruit: Canned or Frozen or Dried</i> | <i>7 Deli Sandwich on Bun<br/>(Romaine Leaf, Sliced Tomato)<br/>Carrots Oven Potatoes<br/>Chips<br/>Fruit: Canned or Frozen or Dried<br/>Juice</i> | <i>8 Meat Sauce &amp; Pasta<br/>Green Beans<br/>Caesar Salad<br/>Breadstick<br/>Fresh Fruit<br/>Fruit: Canned or Frozen or Dried</i>                              |
| <b>Week 3</b> | <i>11 Pizza<br/>Green Beans<br/>Carrots<br/>Romaine Garden Salad<br/>Fresh Fruit<br/>Fruit: Canned or Frozen or Dried</i>  | <i>12 Chili Cheese Dog<br/>Cole Slaw<br/>Baked Beans<br/>Juice<br/>Fruit: Canned or Frozen or Dried</i>  | <i>13 Soup: Potato Bacon, Chicken<br/>Vegetable or Beef Vegetable<br/>Broccoli<br/>Mozzarella Cheese Sticks<br/>Fresh Fruit<br/>Fruit: Canned or Frozen or Dried</i>  | <i>14 Baked Chicken<br/>Lima Beans<br/>Sweet Potatoes<br/>Roll/ Animal Crackers<br/>Juice<br/>Fruit: Canned or Frozen or Dried</i>                 | <i>15 Cheeseburger<br/>(Romaine Leaf, Sliced Tomato,<br/>Pickles)<br/>Oven Potatoes<br/>Peas and Carrots<br/>Fresh Fruit<br/>Fruit: Canned or Frozen or Dried</i> |
|               | <h1 style="font-size: 4em;">Christmas Holidays</h1>  |  |   |  |   |
|               |  |  |   |  |   |