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E/M Schools Fruit Juice served Tuesday & Thursday
 High Schools Fruit Juice served daily
 Fresh or Canned Fruit served daily with each meal
 Unflavored low fat milk served daily with each meal
 Menus are subject to change due to deliveries & commodities



Monday



1A: Chicken Nuggets, Bites or Tenderloins
 Green Beans
 Mac & Cheese
 Salad
 Biscuit or Roll

5

Tuesday

1B: Pulled Pork or BBQ Chicken Hamburger Bun
 Potatoes or Fries
 Baked Beans
 Apple, Peach or Blueberry Crisp, etc.

6

Wednesday



1C: Santé Fe Soup or Tacos
 Corn Chips or Jumbo Taco Shells
 Yam Patty
 Corn
 Salad

7

Thursday

5D: BBQ Beef or Pork Hamburger Bun
 Baked Beans
 Carrots or Sweet Potato Fries
 Chips

1

1D: Oven Roasted (Baked) Chicken
 Rice Pilaf/ Brown Rice* or Mashed Potatoes w/ gravy
 Mixed or California Blend Veggies
 Roll or Biscuit

8

Friday

5E: Chili Crispito or Pizza
 Cheese/Sour Cream/Taco Sauce
 Corn or Corn Nuggets
 Pinto or Black Beans
 Brownie, Rice Crispy Treat or WG Sugar Cookie, etc.

2

1E: Turkey Ham Cheese Sub
 Lettuce/Tomatoes/Pickles
 Mayo/Mustard
 Broccoli
 Carrots
 Chips

9



12

FAT
 TUESDAY

13



14



15



16

2A: Salisbury Steak Patty
 Oven Roasted Potatoes or Mashed Potatoes w/Gravy
 Green Beans or Sweet Peas
 Roll or Hushpuppies

19

2B: Taco Grande, Tacos* or Chicken Fajita w/Flour Tortilla*
 Lettuce/Tomatoes/Sour Cream
 Black or Pinto Beans
 Corn
 Spanish Rice*

20

2C: Chicken Bites, Nuggets or Tenderloins
 Waffles/Syrup
 Fries
 Salad

21

2D: Buffet Ham or Turkey
 Turnips, Collards or Salad
 Sweet Potatoes
 Cornbread, Roll or Hushpuppies
 Apple, Peach or Blueberry Crisp, etc.

22

2E: Tuna or Chicken Salad or Chicken Patty
 Bun or Croissant
 Lettuce/Tomatoes/Pickles
 Sweet Peas
 Carrots

23

3A: Chili Crispito or Pizza
 Cheese/Sour Cream/Taco Sauce
 Romaine Salad
 Broccoli or Salad
 Corn or Corn Nuggets

26

3B: Hot Dog or Corn Dog
 Chili/Cheese Ketchup/Mustard
 Coleslaw
 Baked Beans

27

3C: Chili w/Potatoes or Red Beans Sausage & Rice
 Salad or Broccoli
 Cornbread
 WG Sugar Cookie, Rice Crispy treat, etc.

28

