

**Breakfast Menu February 2017**  
**Mobile County Public School System**

**Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal. Must offer 1/2 cup fresh or canned fruit or 1/4 cup dried fruit and 100% fruit juice daily. Menus are subject to change due to deliveries & commodities.**

<b>Week</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
3			1 Grilled Cheese Sandwich OR Biscuit with Jelly Chicken Patty Grits Fruit Juice	2 Cereal Bar (1) Cheese Stick (1) Fruit/ Juice Milk	3 Breakfast Wrap OR Beef Sausage on Bun (Local Bid) Fruit Juice Milk
4	6 Biscuit with Jelly Sausage Patty Fruit Juice Milk	7 Pop Tart (1) Cheese Stick (1) Fruit Juice Milk	8 Breakfast Slider Pizza (listed under breakfast items) Oatmeal Fruit Juice Milk	9 Fruit, Cereal/Granola & Yogurt Parfait Breakfast Bar Juice Milk	10 French Toast Sticks (4) or Mini French Toast Syrup Sausage Links (2) Fruit/ Juice/Milk
5	13 Pork Sausage on a Bun OR Egg & Cheese on Bun Grits Fruit Juice Milk	14 Cereal Bowl or Pouch (1) Yogurt Cup Fruit/ Juice Milk	15 Biscuit with Jelly Chicken Patty Fruit Juice Milk	16 Fruit Frudel Strudel Pastry (1) Cheese Stick (1) Fruit Juice Milk	17 Pancakes (2) with Syrup or Mini Pancakes Sausage Patty Fruit/ Juice Milk
1	20 Biscuit with Jelly Chicken Patty Fruit Juice Milk	21 Ultimate Breakfast Round OR Cinnamon Pretzel Stick (referred to as Bun) Yogurt Cup Fruit Juice	22 Breakfast Pizza (listed under pizza) Grits Fruit Juice Milk	23 Cereal Bowl or Pouch (1) Cheese Stick Fruit/ Juice Milk	24 Cinnamon Roll or Cinnamon Cinnis Sausage Patty Fruit/ Juice Milk
	27	28			
<b>Mardi Gras Holiday Week</b>					