


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Bites Green Peas Sweet Potato Fries Roll	Pork Patty on Bun Baked Beans Potato Salad Apple Crisp	Spaghetti Green Beans Romaine & Tomatoes Breadstick	Chicken Fingers w/Waffles Potato Wedges Carrots Garden Salad	Hot Dog w/Chili Cheese Sauce Cole Slaw Fries Sun Chips
WEEK OF 10 th -14 th Cycle 4	Chicken Patty on Bun Sweet Potato Fries Romaine & Tomatoes	Salisbury Beef Patty Mashed Potatoes w/Gravy Peas & Carrots Roll	Chili Whole Roasted Potatoes Corn Corn Bread 1 oz.	Oven Roasted Chicken Rice Pilaf Green Beans Squash Mini Biscuit	Crispito Black Beans Corn on Cob Garden Salad Brownie
WEEK OF 17 th -18 th Cycle 5 **WINTER HOLIDAY 19TH – 21ST**	Fish Patty on Bun w/Cheese & Tartar Mixed Veggies Fries Romaine & Tomatoes	Chicken Gumbo Brown Rice Green Beans Garden Salad Crackers			
WEEK OF 24 th --28 th Cycle 1 **WINTER HOLIDAY**					
WEEK OF 31 ST Cycle 2 **WINTER HOLIDAY**					

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MENUS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

DECEMBER

ALL MEALS SERVED WITH CHOICE OF MILK:

- UNFLAVORED 1% LOW FAT
- UNFLAVORED SKIM
- FAT FREE STRAWBERRY
- FAT FREE CHOCOLATE

FRESH, CANNED OR FROZEN FRUIT SERVED DAILY

100% FORTIFIED FRUIT JUICE SERVED TWICE PER WEEK.

Fun Fact:

December is the 12th and last month of the year in the Julian and Gregorian Calendars. And one of seven months with the length of 31 days. December starts on the same day of the week as September every year and ends on the same day as April every year. It is the month with the shortest daylight hours of the year in the Northern Hemisphere and the longest daylight hours of the year in the Southern Hemisphere. December in the Northern Hemisphere is the seasonal equivalent to June in the Southern Hemisphere and vice versa.