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E/M Schools Fruit Juice served Tuesday & Thursday
 High Schools Fruit Juice served daily
 Fresh or Canned Fruit served daily with each meal
 Unflavored low fat milk served daily with each meal



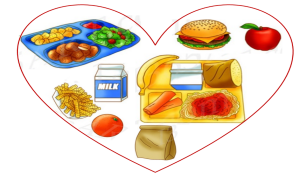
Monday

Tuesday

Wednesday

Thursday

Friday



1B: Pulled Pork
 Hamburger Bun
 Baked Beans
 Fries
 Sugar Cookie or Rice Crispy Treat

1C: Tacos or Sante Fe Soup
 Jumbo Taco Shells or Corn Chips
 Yam Patty
 Corn
 Salad

1D: Oven Roasted Chicken
 Mashed Potatoes w/gravy
 Sweet Peas & Carrots
 Roll

1E: Turkey/Ham Cheese Sub
 Lettuce/Tomatoes/Pickles
 Mayo/Mustard
 Broccoli
 Carrots
 Chips

2A: Salisbury Steak
 Roasted Potatoes or Mashed Potatoes w/gravy
 Green Beans or Sweet Peas
 Roll or Hushpuppies

2B: Taco Grande (Salad), Tacos*
 Or Fajita w/flour tortilla*
 Lettuce/Tomatoes/Sour cream
 Black or Pinto Beans
 Corn
 Spanish Rice*

2C: Chicken Bites, Tenders or Nuggets
 Waffles w/syrup
 Fries
 Salad

2D: Buffet Ham or Turkey
 Turnips/Collards or Salad
 Sweet Potatoes
 Cornbread, Roll or Hushpuppies
 Sugar Cookie, Brownie or Apple Crisp

2E: Tuna or Chicken Salad or Chicken Patty
 Bun or Croissant
 Lettuce/Tomatoes/Pickles
 Sweet Peas
 Carrots

3A: Chili Crispito or Pizza
 Cheese/Sour Cream/Taco Sauce
 Romaine Salad
 Corn or Corn Nuggets

3B: Hot Dog or Corn Dog
 Chili/Cheese Ketchup/Mustard
 Coleslaw
 Baked Beans

3C: Chicken Jambalaya or Red Beans Sausage & Rice
 Broccoli
 Roll
 WG Sugar Cookie, Rice Crispy treat, etc.

3D: Oven Roasted Chicken
 Green Beans or Sweet Peas
 Yams or Sweet Potatoes
 Roll or Biscuit

3E: Hamburger
 Cheese/Lettuce/Tomatoes
 Pickles/Ketchup/mayo/Mustard
 Fries or other potatoes
 Carrots

4A: Asian Chicken or other Chicken Option
 Fried Rice
 Broccoli
 Vegetable Egg Roll

4B: Chicken Chili Crispito or Pizza
 Black or Pinto Beans
 Corn
 Sugar Cookie or Brownie

4C: Chicken Patty, Fish Square or Fish Nuggets
 Hamburger Bun or Hush Puppies
 Cole Slaw
 Fries* Tartar Sauce
 Cheese/Lettuce/Tomato

4D: Spaghetti Or Meatball Sub
 Green Beans
 Salad
 Breadstick or Roll

