

# Breakfast Menu November 2017

Mobile County Public School System

**Unflavored low fat , unflavored skim , chocolate or strawberry milk available with each meal.**

**Menus are subject to change due to deliveries & commodities.**

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Week	A	B	C	D	E
<b>Week 3</b>			<i>1 Cereal OR Cereal Bar Ham and Cheese Croissant Fruit Juice Milk</i>	<i>2 Waffles Sticks(3) or Mini Waffles with Syrup Cheese Stick Fruit Juice Milk</i>	<i>3 Biscuit with Jelly Chicken Patty Fruit Juice Milk</i>
<b>Week 4</b>	<i>6 French Toast Stick with Syrup Ham Slice Fruit Juice Milk</i>	<i>7 Pancake Sausage Breakfast Bites (16118) Oatmeal Fruit Juice Milk</i>	<i>8 Cereal OR Cereal Bar Yogurt Fruit Juice Milk</i>	<i>9 Biscuit with Jelly Sausage Patty Fruit Juice Milk</i>	<i>10  Veterans Day</i>
<b>Week 5</b>	<i>13 Pancake on a Stick Fruit Juice Milk</i>	<i>14 Biscuit with Jelly Chicken Patty Fruit Juice Milk</i>	<i>15 Cereal OR Cereal Bar Ham and Cheese Croissant Fruit Juice Milk</i>	<i>16 Fruit/Cereal Parfait Muffin Juice Milk</i>	<i>17 Pop Tart Cheez-it Crackers (14202) Cheese Stick Fruit Juice Milk</i>
<h2 style="font-size: 2em;">Thanksgiving Holidays</h2>					
<b>Week 1</b>	<i>27 Pop Tart Cheez-it Crackers (14202) Cheese Stick Fruit Juice Milk</i>	<i>28 Biscuit with Jelly Chicken Patty Fruit Juice Milk</i>	<i>29 Cereal OR Cereal Bar Ham and Cheese Croissant Fruit Juice Milk</i>	<i>30 Pancake on a Stick Fruit Juice Milk</i>	