

Breakfast October 2017 *MENUS ARE SUBJECT TO CHANGE*

"The USDA is an equal opportunity provider"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CYCLE 1	3	4	5	6
Cereal or Cinnamon Roll Sausage Link (2) Fruit Juice/Milk	Pancake on a stick/syrup Yogurt Fruit Juice Milk	Breakfast Bagel or Pizza Oatmeal Fruit Juice Milk	Breakfast wrap Yogurt Fruit Juice Milk	Biscuit or Cereal Chicken Patty Fruit Juice Milk
9 CYCLE 2	10	11	12	13
Teacher Workday	Cinnamon Stick or Cereal Ham Fruit Juice Milk	Breakfast Pizza or Bagel Oatmeal Yogurt Fruit Juice Milk	French Toast or cereal Sausage Patty Fruit Juice Milk	Muffin or Cereal Chicken Patty Cheese String Fruit Juice Milk
16 CYCLE 3	17	18	19	20
Pancakes Ham Yogurt Fruit Juice Milk	Biscuit or Cereal Sausage Patty Fruit Juice Milk	Pop Tart & Cereal Yogurt Fruit Juice Milk	Doughnuts or Muffin Chicken Patty Fruit Juice Milk	Waffle Sticks or Cereal Sausage Link (2) Fruit Juice Milk
23 CYCLE 4	24	25	26	27
Grits Sausage Patty Fruit/Juice/Milk *Managers choice: Cheese Toast or Cheese Quesadilla*	Cinnamon roll & Cereal Ham Fruit Juice Milk	Pancake on a stick Syrup Yogurt Fruit Juice Milk	Breakfast Bagel or Pizza Cheese string Fruit Juice Milk	Egg Cheese Omelet Plain Bagel Cream Cheese Fruit Juice Milk
30 CYCLE 5	31			
Cereal or Biscuit Chicken Patty Yogurt Fruit Juice Milk	Breakfast wrap Grits Fruit Juice Milk			

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