

**2015-2016 High School Lunch Menu
Mobile County Public School System**

**Unflavored Low Fat (12), Unflavored (12) and Flavored Fat Free Milk (Chocolate 22; Strawberry 29) available with each meal.
100% Fruit Juice(15) Served with each Meal.**

Fresh Fruit & Canned, Frozen or Dried Fruit(15-30) Daily. Menu subject to change due to deliveries and commodities.

Week	A	B	C	D	E
Week 1	<i>Pizza (38) Green Beans Carrots (8) Romaine Garden Salad</i>	<i>BBQ Beef OR Pork Patty on Hamburger Bun (28) Romaine Leaf/Tomato Slice/ Pickles Broccoli Florets Sweet Potatoes (28) Caesar Salad</i>	<i>Breaded (13)OR Grilled Chicken Patty OR Fillet Creamed Potatoes (16) Brown Gravy Sweet Peas (15) Romaine Garden Salad 4 Hushpuppies (30)</i>	<i>Taco Meat 10 Tortilla Chips (17) Cheese/Sour Cream/Taco Sauce Chopped Romaine/Diced Tomatoes Mexican Brown Rice (22) Whole Kernel Corn (20) Nutri Grain Bar (30)</i>	<i>Chili (10)Cheese Dog on Hot Dog Bun (20) Oven Potatoes (16) Baked Beans (25) Romaine Garden Salad</i>
Week 2	<i>Chicken Tenders(13) OR Nuggets (13) Peas & Carrots (16) Sweet Potatoes (28) Romaine Garden Salad Roll (22) or Mini Biscuit (15)</i>	<i>Cheeseburger on Hamburger Bun (28) Romaine Leaf, Sld. Tomato, Pickle Oven Potatoes (16) Green Beans</i>	<i>Pizza (38) Carrots (8) Broccoli Florets Romaine Garden Salad</i>	<i>Salisbury Steak Creamed Potatoes (16) with Gravy Collard OR Turnip Greens Romaine Garden Salad 2 oz Cornbread OR 4 Hush Puppies (30)</i>	<i>Beef & Bean Burrito (39) Black Eyed Peas (21) Whole Kernel Corn (20) Caesar Salad</i>
Week 3	<i>2 Chili Crisпитos (40) or 2 Fiesta Stricks (40) Cheese/Sour Cream/Taco Sauce Chopped Romaine Diced Tomatoes Bell Peppers</i>	<i>Baked Chicken OR Chicken Patty OR Fillet Broccoli Florets Lima Beans (16) 2 oz Mexican Cornbread (30) Romaine Garden Salad</i>	<i>Meat Sauce with Pasta (41) Green Beans Yellow Squash, optional Caesar Salad Breadstick (21)</i>	<i>Deli Sandwich on Hamburger Bun (28) Romaine Leaf, Sliced Tomato, Pickle Carrots (8) Romaine Garden Salad Sun Chips (19) Brownie (22)</i>	<i>Fish Nuggets (30) Baked Beans (25) Coleslaw (5) Sweet Potatoes (28) Romaine Garden Salad 2 oz Cornbread or 4 Hushpuppies (30)</i>
Week 4	<i>Salisbury Steak with Gravy Creamed Potatoes (16) Sweet Peas (15) Romaine Garden Salad Roll (22)</i>	<i>Chili (10)Cheese Dog on Hot Dog Bun (20) Baked Beans (25) Coleslaw (5) Romaine Garden Salad</i>	<i>Sliced Pork OR Turkey Lima Beans (16) Sweet Potatoes Romaine Garden Salad 2 oz Cornbread (30)</i>	<i>Sloppy Joe on Hamburger Bun (40) Oven Potatoes (16) Carrots (8) Romaine Garden Salad</i>	<i>Pizza (38) Broccoli Florets Whole Kernel Corn (20) Caesar Salad</i>
Week 5	<i>Corn Dog (33) Carrots (8) Baked Beans (25) Romaine Garden Salad Rice Crispy Treat (28)</i>	<i>2 Chili Crisпитos (40) or 2 Fiesta Sticks (40) Cheese/Sour Cream/Taco Sauce Chopped Romaine Diced Tomatoes Peppers Whole Kernel Corn (20)</i>	<i>Breaded (13) or Grilled Chicken Patty on Croissant (26) Romaine Leaf, Sliced Tomato, Pickles Broccoli Florets Sweet Potatoes (28) Romaine Garden Salad</i>	<i>Meat Sauce with Pasta (41) Green Beans Yellow Squash, optional Caesar Salad Roll (22) OR Mini Biscuit (15) Nutri Grain Bar (30)</i>	<i>Cheeseburger on Hamburger Bun (28) Romaine Leaf, Sliced Tomato, Pickle Oven Potatoes (16) Sweet Peas (15) Romaine Garden Salad Brownie (26)</i>