

December 2017

Manteno Elementary

LUNCH



Lunches \$2.40 Milk \$0.35
Payments can be made online in Skyward



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday



Thursday

Friday

French Bread Pizza **1**
 Corn
 Pineapple
 Milk

Cheeseburger **4**
 Smiles
 Pears
 Milk

Hot Dog **5**
 Carrots w/ Ranch
 Scooby Snacks
 Mix Fruit
 Milk

Quesadilla **6**
 Red Beans and Rice
 Pineapple
 Milk

Chicken Fries **7**
 Green Beans
 Peaches
 Cookie
 Milk

Cheese Flatbread **8**
 Marinara
 Broccoli
 Apple Sauce
 Milk

French Toast **11**
 Sausage
 Tator Tots
 Orange Juice
 Milk

Nacho w/ Cheese **12**
 Black Bean Salad
 Mix Fruit
 Milk

Grilled Cheese **13**
 Tomato Soup
 Carrots
 Pear
 Milk

Spaghetti w/ Meat **14**
 String Cheese
 Salad
 Peaches
 Milk

Pizza **15**
 Corn
 Pineapple
 Milk

Bosco **18**
 Marinara
 Sweet Potato Fries
 Mandarin Oranges
 Milk

Fish Shapes **19**
 Mac & Cheese
 Carrots
 Side Kick Slushy
 Milk

Mini Corn Dog **20**
 Baked Beans
 Gold Fish
 Pear
 Milk

Sack Lunch **21**
 Yogurt
 Gingerbread Man Cookie
 Carrots w/ Ranch
 Strawberry Applesauce
 Milk

22
 Winter Break Begins

25
 Winter Break →

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