



Prepackaged salads offered daily as 2<sup>nd</sup> lunch option.  
Ala Carte offered to students with money on their accounts. Payments can be made online in skyward.



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



### Monday

Hot Dog  
French Fries  
Peas  
Apricots  
Milk

1

### Tuesday

Chicken Taco  
Refried Beans  
Peaches  
Milk

2

### Wednesday

Chicken and Noodle  
Broccoli  
Roll w/ Butter  
Strawberries  
Milk

3

### Thursday

Ham and Cheese Wrap  
String Cheese  
Carrots  
Mix Fruit  
Milk

4

### Friday

No School

5

Cheeseburger  
French Fries  
Peas  
Peaches  
Milk

8

Taco w/ Cheese  
Black Bean Salad  
Apricots  
Milk

9

Chicken Patty Sandwich  
Sweet Potato Fries  
Blueberries  
Milk

10

Spaghetti  
String Cheese  
Roll w/ Butter  
Green Beans  
Pineapple & Milk

11

Quesadilla  
Salsa  
Corn  
Mix Fruit  
Milk

12

Bosco  
Marinara  
Sweet Potato Fries  
Pears  
Milk

15

Chicken Nuggets  
French Fries  
Peas  
Orange Juice  
Milk

16

Corn Dog  
Creamy Noodles  
Broccoli  
Peaches  
Milk

17

Ham and Cheese Wrap  
Baked Beans  
Strawberries  
Milk

18

Pizza  
Salad  
Carrots  
Mandarin  
Milk

19

22

Cooks Choice

23

Cooks Choice

24

Cooks Choice

25

Cooks Choice

26

HAVE A GREAT SUMMER!

29

30

31

