



Prepackaged salads offered daily as 2nd lunch option.
 Ala Carte offered to students with money on their accounts. Payments can be made online in skyward.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Fajita **1**
 Refried Beans
 Peaches
 Milk

Hot Dog **2**
 Peas
 Macaroni Salad
 Apricots
 Milk

Chicken and Noodle **3**
 Broccoli
 Roll w/ Butter
 Strawberries
 Milk

Ham and Cheese Wrap **4**
 Baked beans
 Mix Fruit
 Milk

5
 No School

Cheeseburger **8**
 French Fries
 Baked beans
 Peaches
 Milk

Taco w/ Cheese **9**
 Black Bean Salad
 Apricots
 Milk

Chicken Patty Sandwich **10**
 Sweet Potato Fries
 Peas
 Blueberries
 Milk

Spaghetti **11**
 String Cheese
 Roll w/ Butter
 Green Beans
 Fruit & Milk

12
 Quesadilla
 Salsa
 Corn
 Pineapple
 Milk

Bosco **15**
 Marinara
 Sweet Potato Fries
 Pears
 Milk

Chicken Nuggets **16**
 French Fries
 Green Beans
 Fruit
 Milk

Corn Dog **17**
 Macaroni Salad
 Broccoli
 Peaches
 Milk

Ham and Cheese Wrap **18**
 Baked Beans
 Mix Fruit
 Milk

19
 Pizza
 Salad
 Carrots
 Fruit
 Milk

22
 Cooks Choice

23
 Cooks Choice

24
 Cooks Choice

25
 Cooks Choice

26
 HAVE A GREAT SUMMER!

29

30

31

