

April 2018

Manteno Elementary

LUNCH



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

No School

Bosco
Marinara
Sweet Potato Fries
Mandarin Oranges
Milk

Fish Shapes
Mac & Cheese
Carrots
Side Kick Slushy
Milk

Mini Corn Dog
Baked Beans
Gold Fish Crackers
Peaches
Milk

Stuffed Crust Pizza
Broccoli
Pineapple
Milk

Hamburger
French fries
Pear
Milk

Mini Ravioli
Roll
Apple
Cherry Sidekick Slushy
Milk

Hot Dog
Carrots w/ ranch
Mandarin Oranges
Milk

Chicken Patty on Bun
Broccoli
Peaches
Milk

Quesadilla
Beans and Rice
Pineapple
Elf Grahams
Milk

French Toast
Tator Tots
Sausage
Orange Juice
Milk

Nachos w/ Cheese
Refried Beans
Orange
Milk

Cheese Flatbread
Marinara
Broccoli
Apple Sauce / Milk

Chicken Tenders
Smiles
Pineapple
Milk

Pizza
Corn
Cherry Sidekick
Banana / Milk

Bosco
Marinara
Sweet potato Fries
Cutie / Milk

Fish Shapes
Mac & Cheese
Carrots
Side Kick Slushy / Milk

Mini Corn Dog
Baked Beans
Gold Fish Crackers
Peaches /Milk

Chicken Nuggets
Smiles
Mix Fruit
Milk

No School

Hamburger
French Fries
Pear
Milk

