

March 2018

Manteno Elementary

LUNCH



Lunches \$2.40 Milk \$0.35
Payments can be made online in Skyward



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

Bosco
Marinara
Sweet Potato Fries
Mandarin Oranges
Milk

5

Fish Shapes
Mac and Cheese
Carrots
Side Kick Slushy
Milk

6

Mini Corn Dog
Baked Beans
Gold Fish Crackers
Pear
Milk

7

Chickens Tenders
French Fries
Peaches
Milk

1

Cheese Flatbread
Marinara
Broccoli
Apple Sauce
Milk

2

Hamburger
French Fries
Pear
Milk

12

Mini Ravioli
Roll
Apple
Cherry Sidekick Slushy
Milk

13

Hot Dog
Carrots w/ Ranch
Mandarin Oranges
Milk

14

Chicken Nuggets
Smiles
Mix Fruit
Milk

8

Stuffed Crust Pizza
Salad
Pineapple
Milk

9

Chicken Patty on Bun
Broccoli
Peaches
Milk

15

Quesadilla
Red Beans w/ Rice
Pineapple
Elf Grahams
Milk

16

French Toast
Tator Tots
Sausage
Orange Juice
Milk

19

Nachos w/ Cheese
Refried Beans
Orange
Milk

20

Cheese Flatbread
Marinara
Broccoli
Apple Sauce
Milk

21

Chicken Tenders
Smiles
Pineapple
Milk

22

Sack Lunch
Yogurt
Donut
Apple Slices
Carrot Sticks / Milk

23

26

SPRING BREAK →

27

28

29

30