




SEPTEMBER MENU – PRESCHOOL

September 3 – September 7 (carbs)

<p>NO SCHOOL Labor Day</p> 	<p>Asst Cereal (21) 1% White Milk</p>	<p>Mini Muffin (20) 1% White Milk</p>
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September 10 – September 14

<p>Cheddar Chex Mix 100% Apple Juice (36/14)</p>	<p>Cherry Applesauce Cup (16) 1% White Milk</p>	<p>Bug Grahams (21) 1% White Milk</p>
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September 17 – September 21

<p>Apple Slices Cheese Stick (15)</p>	<p>Cornbread Super Star 100% Apple Juice (23/14)</p>	<p>Strawberry NutriGrain Bar 1% White Milk</p>
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September 24 – September 28

<p>Whole Grain Goldfish Crackers (14) Orange Wedge (15)</p>	<p>Heartzels (16) 100% Juice</p>	<p>Apple Slices Cheese Stick (15)</p>
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21ST CENTURY SNACK

September 3 – September 7 (carbs)

NO SCHOOL Labor Day	Whole Grain Goldfish Crackers (14) 100% Fruit Juice (14)	Cheeto Puffs (13) 100% Fruit Juice	Chocolate Carmel Chex Mix (21) 1% White Milk
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September 10 – September 14

Cheez Its (24) 100% Fruit Juice	Baked Lays Potato Chips (24) 100% Fruit Juice	String Cheese & HoneyGraham 2 pk (1/11) 1% White Milk	WG Brownie (32) 1% White Milk
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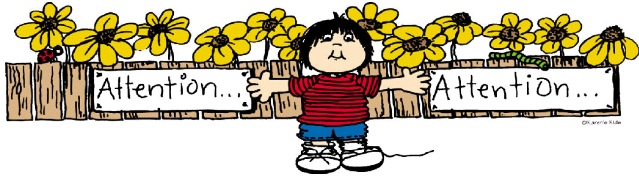
September 17 – September 21

Strawberry Nutri Grain Bar (29) 1% White Milk	Pretzel Goldfish (16) 100% Fruit Juice	Cheddar Chex Mix (15) 100% Fruit Juice	Cocoa Krispies Cereal Bar (27) 1% White Milk
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September 24 – September 28


Baked Cool Ranch Doritos (20) 100% Fruit Juice	Cheetos Puffs (13) 100% Fruit Juice	String Cheese & HoneyGraham 2pk 1% White Milk	Brownie 1% White Milk
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SEPTEMBER MENU K-5

September 3 – September 7 (carbs)

NO SCHOOL	French Toast Stix (42) w/Syrup (31)	(2) Tri-taters (31) w/ (2) Turkey Sausage Links (2)	Breakfast Pizza (26)	Manager's Choice Breakfast.....
 Labor Day	Flamebroiled Hamburger (1/26) Lettuce/Tomato/Pickle Baked Fries (14) Fresh Fruit & Salad Bar	Big Daddy Primo Pizza (36) 4way Veggies Fresh Fruit & Salad Bar	Mini Corn Dogs (18) Ranch Beans (22) Fresh Fruit & Salad Bar	LUCKY TRAY DAY Chicken Nuggets (10) Dinner Roll (26) BBQ or Ranch Dip (9/1) Baked Sweet Potato Tots (14) Fresh Fruit & Salad Bar

September 10 – September 14

Pancake & Sausage on a Stk (17)	Scrambled Egg, Hashbrown w/Tortilla (1/15/26)	Maple Fresh Toast (27)	Pancake & (Chicken) Sausage Sandwich (19)	Yogurt (19) Cereal Bar (27)
(2) Cheese Filled Pizza Stix (30) w/ Dipping Sauce (7) Baked Potato Smiles (20) Fresh Fruit & Salad Bar Watermelon Sour (NEW)	Sloppy Joe on Bun (13/29) Baked Beans (33) Fresh Strawberries Fresh Fruit & Salad Bar	Mini Turkey Sub (13) Lettuce/Tomato/Pickle Sweet Corn (17) Jello w/Fruit (15) Fresh Fruit & Salad Bar	Hot Dog on Bun (1/20) Baked Tots (17) Salad Bar Cantaloupe Wedges (8) Pears (20)	Manager's Choice

September 17 – September 21

Apple Frudel (36)	Breakfast Pizza (26)	Mini Cinnis (39)	Ham/Cheese Combo Bar (8)	Powdered Donut Pk (39)
Chicken Patty on Bun (11/29) Lettuce/Tomato Ranch Beans (22) Fresh Fruit & Salad Bar	Mini Cheeseburger Pk (36) Baked Sweet PotatoTots (14) Fresh Fruit & Salad Bar	Pizza Wedges (36) Green Beans (6) Fresh Fruit & Salad Bar	Nacho Bites (32) Sweet Corn (17) Spanish Rice (43) Fresh Fruit & Salad Bar	Mesquite Chicken Drumstick (3) Baked Fries (14) Dinner Roll (15) Fresh Fruit & Salad Bar

September 24 – September 28

Donut Breakfast Bites (38)	Cherry Frudel (36)	Strawberry Pancakes (40)	Breakfast Burrito (16)	Zucchini Bread (44)
Turkey Corn Dog (30) Orange & White Fries (13) Fresh Fruit & Salad Bar	Taco in a Bag (23) Refried Beans (28) Shredded Lettuce/Tomato/Cheese Fresh Fruit & Salad Bar	Primo Pepperoni Pizza (36) Baked Beans (31) Fresh Fruit & Salad Bar SIDEKICK (20)	Turkey & Gravy (6) Mashed Potatoes (16) Carrots (7) Roll (15) Fresh Fruit & Salad Bar	Spaghetti w/Meat Sauce (29/1/12) Texas Toast (16) Green Beans (6) Fresh Fruit & Salad Bar


National School Breakfast and Lunch Program We are an equal opportunity provider and employer Menu subject to change due to availability



MENU 6 - 8



September 3 – September 7 (carbs)

NO SCHOOL Labor Day	French Toast Sitx (42) w/Syrup (31)	(2) Tri-Taters (31) w/ (2) Turkey Sausage Links (2)	Breakfast Pizza (26)	Manager's Choice / Breakfast
	Spicy Chicken Sandwich (17/26) Mini Corn Dogs (18) Ranch Beans (22) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Chicken Tenders (16) w/ BBQ or Ranch Dip (9/1) Roll Peas & Carrots (9) Fresh Fruit & Salad Bar	Super Nachos (44) (turkey) Taco Meat, Refried Beans, Cheese, Tortilla Chips) Taco in a Bag (28) Sweet Corn (17) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Hot Wings (1) Roll (26) Cole Slaw (7.04) Baked Beans (33) Fresh Fruit & Salad Bar SIDEKICK (22)

September 10 – September 14

Pancake & Sausage on A Stick (17)	Scrambled Egg, Hashbrown w/Tortilla (1/15/26)	Maple French Toast (27)	Pancake & (Chicken) Sausage Sandwich (19)	Yogurt (19) Cereal Bar (27)
Asst Primo Pizza (36) Flamebroiled Hamburger (1/26) w/Lettuce.Tomato.Pickle Baked Fries (14) Fresh Fruit & Salad Bar	Hot Dog on Bun (2/27) (2) Cheesy Breadstix (30) w/Dipping Sauce (7) Baked Potato Smiles (20) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) BLT Chicken Patty on WW Bun (11/29) Sweet Carrots (6) Fresh Fruit & Salad Bar	Popcorn Chicken Bowl (32) Biscuit (31) Bean & Cheese Burrito (39) Sweet Corn (17) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Beefy Mac (36)/Texas Toast (14) Fresh Steamed Veggies (6) Fresh Fruit & Salad Bar

September 17 – September 21

Apple Frudel (36)	Breakfast Pizza (26)	Mini Cinnis (39)	Ham/Cheese Combo Bar (8)	Powdered Donut Pk (39)
Asst Primo Pizza (36) Boneless Wings w/Buffalo Dipping Sauce & Roll (13/15) Sweet Potato CrossFries (26) Fresh Fruit & Salad Bar	Chicken Fajita Salad/Breadstix (23) Corn Dog w/Chips (30/16) Ranch Beans (20) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Cheeseburger (31) Baked Tots (17) Fresh Fruit & Salad Bar SIDEKICK	(2) Egg Rolls (40) Sloppy Joe on Bun (13/29) Loopy Fries (20) Fresh Fruit & Salad Bar Homemade Cookie (27)	Asst Primo Pizza (36) (2) Bean & Cheese Tostada (52) Spanish Rice (22) Sweet Corn (21) Fresh Fruit & Salad Bar

September 24 – September 28

Donut Brkfst Bites (38)	Cherry Frudel (36)	Strawberry Pancakes (40)	Breakfast Burrito (16)	Banana Bread (44)
Asst Primo Pizza (36) (turkey)Ham & Cheese On Croissant (12) Ranch Beans (20) Fresh Fruit & Salad Bar	Chicken Patty/Swiss on Pretzel Bun w/Marinara (optional) (11/3/36/8) Spicy Chicken Strips (17) Dip/WG Roll (15) Baked Tots (17) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Meatball Sub (28) Fresh Steamed Veggies (6) Fresh Fruit & Salad Bar	Chicken Nuggets (10) Roll (15) Mini Corn Dogs (33) Baked Sweet Potato Fries (32) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Nacho Bites (8 ct/36) Corn on the Cob (18) Fresh Fruit & Salad Bar


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Have a great September !!



MENU 9 - 12

September 3 – September 7

NO SCHOOL	French Toast Stix (42) w/Syrup (31)	2-Tri-Taters (31) w/ 2 Turkey Sausage Links (2)	Breakfast Pizza (26)	Muffin Top (26)
LABOR DAY  <small>illustrations of.com #103865</small>	RAM CART: Cheeseburger (1/26) Fries (14) Fruit COPA CAFÉ: Chicken Strips (16) w/BBQ or Ranch Dip (9/1) Roll (26) Fries & Fruit STATION 1: Asst Primo Pizza (36) STATION 2 & 3: Super Nacho Bar (44) (Turkey) Taco Meat, Refried Beans, Cheese, Tortilla Chips) Corn & Black Bean Salad (17/23) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Buffalo Popcorn Chicken w/Ranch Dip (16/1) Roll (26) Corn on the Cob (18) Fruit COPA CAFÉ: Spicy Chicken on Bun (17/26) Corn on the Cob (18) Fruit STATION 1: Asst Primo Pizza (36) STATION 2: Flamebroiled Hamburger (1/26) STATION 3: Spicy Chicken Strips (16) w/Roll (26) Baked Sidewinder Fries (23) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Cheesy Breadstix (30) w/Dipping Sauce (7) Baked Tots (19) & Fruit COPA CAFÉ: Jalapeno Burger (1/26) Tots & Fruit STATION 1: Asst Primo Pizza (36) STATION 2: Hot Ham & Cheese on Croissant (1/2/30) STATION 3: Cesar Chicken Salad (1/1) w/Texas Toast (15) Sweet Potato Tots (14) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Spicy Chicken on Bun (17/26) Fries & Fruit COPA CAFÉ: Grande Hot Dog (2/27) Fries & Fruit STATION 1: Asst Primo Pizza (36) STATION 2: HOMEMADE Bean Burrito w/or without Green Sauce (14/1/24/3) STATION 3: (2) Egg Rolls (40) Sweet & Sour Dip (12) Rice (35.86) Sweet Corn (17) Fresh Fruit & Salad Bar

September 10 – September 14

Pancake & Sausage On a Stick (17)	Scrambled Egg, Hashbrown w/Tortilla (1/15/26)	Maple French Toast (27)	Pancake & (Chicken) Sausage Sandwich (19)	Yogurt (19) Cereal Bar (27)
RAM CART: Mini Corn Dogs (18) Baked Potato Smiles (20) Fruit COPA CAFÉ: Boneless Wings (13) Baked Potato Smiles (20) Fruit STATION 1: Asst Pizza STATION 2: Buffalo Chicken Bites (16) Ranch Dip (1) STATION 3: Salisbury Steak (4) Mashed Potatoes (7) Gravy Roll (26) Peas & Carrots(9) STATION 4: Fruit/Salad Bar	RAM CART: Taco Bar/2 Beef & Cheese Tacos (1/1/14) Garnish/Sweet Corn Fruit & SIDEKICK COPA CAFÉ: Hot Ham/Cheese Croissant Sweet Potato Tots (14) Veggie Stix & Fruit/SIDEKICK STATION 1: Asst Pizza STATION 2: Flamebroiled Hamburger (1/26) STATION 3: Spicy Chicken Salad./Toast (17/15) Sweet Potato Fries (25) SIDEKICK ALL LINES STATION 4: Fruit/Salad Bar	RAM CART: Spicy Chicken Strips (17)Dip (1) Corn on the Cob (18) Veggie Tray/Fruit COPA CAFÉ: Bean & Cheese Burrito (39/14) Corn on the Cob Veggies & Fruit STATION 1: Asst Pizza STATION 2: Sriracha Honey Chicken (24) Asian Rice (55) STATION 3: Baked Potato w/Toppings (37) Broccoli (4) w/or w/out Cheese (6) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Build Your Own Sub w/Thick Sliced Turkey & Fresh Sub Roll (2/44) Salad & Fruit COPA CAFÉ: Pizza Wedges (36) Salad & Fruit STATION 1: Asst Pizza STATION 2: Spicy Chicken on Bun (17/29) STATION 3: Sweet & Sour Meatballs (1/18) w/Homemade Honey Wheat Roll (26) Ranch Beans (20) Carrot Confetti Salad (5) STATION 4: Fruit/Salad Bar	RAM CART: Chicken Cesar Salad (21) Toast (14) & Fruit COPA CAFÉ: Pizza Cheese Stix (31) w/Dipping Sauce (1) Fresh Broccoli/Cauli Bites w/Low Fat Ranch Dip Fruit STATION 1: Asst Pizza STATION 2: (2) Fish Tacos (36/26) Cole Slaw STATION 3: (2) Enchiladas (19) Sweet Corn STATION 4: Fresh Fruit & Salad Bar

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September 17 – September 21

<p>Apple Frudel (36)</p> <p>RAM CART: French Bread Pizza (35.2) Garden Fresh Salad & Fruit</p> <p>COPA CAFÉ: Mini Corn Dogs (33) Baked Wedges (18) Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Buffalo Chicken Strips (17)</p> <p>STATION 3: BBQ Glazed Chicken (6)</p> <p>Biscuit (32) Ranch Beans (20)</p> <p>STATION 4: Fresh Fruit and Salad Bar</p>	<p>Breakfast Pizza (26)</p> <p>RAM CART: Grilled Chicken/Swiss on Bun (9/1/29)</p> <p>Sweet Potato Tots (32)</p> <p>Veggie Tray/Fruit</p> <p>COPA CAFÉ: Buffalo Boat (40) Roll (15) Veggie Stix/Dip & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Asian Buffalo Chicken (17) Asian Rice (55)</p> <p>STATION 3: Mac & Cheese (24) Pretzel (36)</p> <p>Steamed Broccoli (5)</p> <p>Fresh Fruit & Salad Bar</p>	<p>Mini Cinnis (39)</p> <p>RAM CART: Grande Hot Dog (2/29) Baked Beans (31)</p> <p>Fruit</p> <p>COPA CAFÉ: Jalapeno Burger (31) Baked Lattice Fries (22) Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2 & 3: Popcorn Chicken Bowl</p> <p>Biscuit (32)</p> <p>Sweet Corn (17)</p> <p>STATION 4: Fresh Fruit And Salad Bar</p>	<p>Ham/Cheese Combo Bar (8)</p> <p>RAM CART: Chicken Nuggets (10) Mini Muffin (26) Corn on the Cob (18)</p> <p>Fruit</p> <p>COPA CAFÉ: Chicken Patty/Swiss on Bun (18/1/29)</p> <p>Corn on the Cob & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Chicken Alfredo (51)</p> <p>STATION 3: Italian Pasta Bake – Recipe #28 (25)</p> <p>Texas Toast (14)</p> <p>Green Beans (6)</p> <p>STATION 4: Fruit/Salad Bar</p>	<p>Powdered Donut Pk (39)</p> <p>RAM CART: Breaded Chicken Patty/Swiss on Pretzel Bun w/Marinara (optional) (11/3/36/8)</p> <p>Fries & Fruit</p> <p>COPA CAFÉ: Nacho Bites (8 serv.32) Fries/Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Pulled Pork BBQ on Large Sub Roll</p> <p>STATION 3: (2) Egg Rolls (40) Honey Mustard Dip</p> <p>Baked Fries (14)</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>
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September 24 – September 28

<p>Donut Breakfast Bites (38)</p> <p>RAM CART: Cheeseburger (1/1/29) Baked Beans (33)</p> <p>Veggie Tray & Fruit</p> <p>COPA CAFÉ: Buffalo Chicken Strips (17)</p> <p>Fries/Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2 & 3: Taco in a Bag (28)</p> <p>Sweet Corn (17)</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>	<p>Cherry Frudel (36)</p> <p>RAM CART: Buffalo Popcorn Chicken w/Ranch Dip (16/2) Orange & White Fries (13) & Fruit</p> <p>COPA CAFÉ: Bacon Burger (31) Orange & White Fries & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Chicken Tender Wrap (17/30)</p> <p>STATION 3: Cesar Chicken Salad (17) Texas Toast (14)</p> <p>Orange & White Fries (13)</p> <p>STATION 4: Fruit/Salad Bar</p>	<p>Strawberry Pancakes (40)</p> <p>RAM CART: Build Your Own (2) Beef & Cheese Taco (21)</p> <p>Sweet Corn (17) Fruit</p> <p>COPA CAFÉ: Boneless Wings (13) Hot Wing Sauce/Roll/Veggies/Dip & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Breakfast for Lunch</p> <p>Scrambled Eggs w/Ham & Cheese (1) Muffin (26)</p> <p>Station 3: Spicy Chicken on Bun (17/29)</p> <p>Baked Tots (17)</p> <p>Station 4: Fruit/Salad Bar</p>	<p>Breakfast Burrito (16)</p> <p>RAM CART: Hot Wings (1) Roll (15) Corn on the Cob (18) Fruit</p> <p>COPA CAFÉ: Pizza Sticks/Dip (31/8) Baked Tots (17) & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2 and STATION 3: Super Nachos</p> <p>Sweet Corn (17)</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>	<p>Banana Bread (44)</p> <p>RAM CART: (turkey) Ham & Cheese Croissant (12)</p> <p>Veggie Tray/Tots & Fruit</p> <p>COPA CAFÉ: French Bread Pizza (34) Salad/Ranch & Fruit</p> <p>STATION 1: Asst Pizza/Ranch Beans (20)</p> <p>STATION 2: Homemade Chili – Recipe # 32 w/ Bag of Tostito Scoops (19)</p> <p>Fresh Cut Up Veggies</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>
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