



PRESCHOOL AUGUST MENU

August 6 through August 10 (carbs)

Apple Slices & Cheese Stick (15)	Cornbread Super Star 100% Apple Juice (23/14)	Strawberry NutriGrain Bar 1% White Milk (29/11)
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August 13 through August 17

Cheddar Chex Mix 100% Apple Juice (36/14)	Hartzels (16) Cherry Applesauce Cup (16)	Bug Bite Grahams (21) 100% Apple Juice (14)
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August 20 through August 24)

Yogurt & Graham Sticks (41)	Dave's Muffin (20) Fruit Cup (16)	Assorted Cereal (21) 1% White Milk (11)
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August 27 through August 31

Apple Slices & Cheese Stick (15)	Cornbread Super Star 100% Apple Juice (23/14)	Strawberry NutriGrain Bar 1% White Milk (29/11)
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This institution is an equal opportunity employer and provider. Substitutions may be made based on availability – Menu subject to change

August K-5 MENU



August 1 – 3 (carbs)

Maple French Toast (27)	Pancake & (Chicken) Sausage Sandwich (19)	Yogurt (19) Cereal Bar (27)
Chicken Rings (5 serv/12_ WW Roll (15) Ranch Dip (1) Baked Beans (31) Applesauce (16) Grapes (13)	Hot Dog on Bun (1/20) Baked Tots (17) Salad Bar Cantaloupe Wedges (8) Pears (20)	Mini Turkey Sub (13) Lettuce/Tomato/Pickle Sweet Corn (17) Salad Bar Jello w/Fruit (15) Orange Wedges (15)

August 6 through August 10

Apple Frudel (36)	Breakfast Pizza (26)	Mini Cinnis (39)	Ham/Cheese Combo Bar (8)	Powdered Donut Pack (39)
Chicken Patty on Bun (11/29) Lettuce/Tomato Ranch Beans (20) Fresh Fruit & Salad Bar	Mini Cheeseburger Pack 36) Baked Sweet Potato Tots (32) Fresh Fruit & Salad Bar	Pizza Wedge (33) Green Beans (6) Fresh Fruit & Salad Bar	Nacho Bites (32) Sweet Corn (17) Spanish Rice (43) Fresh Fruit & Salad Bar	Mesquite Chicken Drumstick (3) Baked Tots (17) Dinner Roll (15) Fresh Fruit & Salad Bar

August 13 through August 17

Donut Breakfast Bites (38)	Cherry Frudel (36)	Strawberry Pancakes (40)	Breakfast Burrito (16)	Banana Bread (44)
Turkey Corn Dog (30) Orange & White Fries (13) Fresh Fruit & Salad Bar	Taco in a Bag (23) Refried Beans (28) Shredded Lettuce /Tomato/Cheese Fresh Fruit 7 Salad Bar	Primo Pepperoni Pizza (36) Baked Beans (31) Fresh Fruit & Salad Bar SIDEKICK (20)	Turkey and Gravy (6) Mashed Potatoes (16) Carrots (7) Roll (15) Fresh Fruit & Salad Bar	Spaghetti with Meat Sauce (39/0/12) Texas Toast (15) Green Beans (6) Fresh Fruit & Salad Bar

August 20 through August 24

Dutch Waffles (43)	Breakfast Sandwich (31)	Cinnamon Roll (39)	Cheese Omelet w/Fresh Roll (1/26)	Apple Cinnamon Crumble (51)
Cheeseburger (1/1/29) Lettuce/Tomato/Pickle Ranch Beans (20) Chips (16) Fresh Fruit & Salad Bar	Nachos (Turkey taco meat, refried beans, cheese, tortilla chip (51) Sweet Corn (12) Fresh Fruit & Salad Bar	Pizza Cheese Stix (31) w/Dipping Sauce (10) Baked Beans (31) Fresh Fruit & Salad Bar	(turkey) Ham & Cheese On Croissant (12) Baked Tots (17) Fresh Fruit & Salad Bar	Mini Corn Dogs (33) Loopy Fries (20) Salad Bar SIDEKICK (20) Fresh & Canned Fruit

August 27 through August 31

Breakfast Wrap (14)	Banana Mini Pancakes (37)	(Ckn)Sausage Biscuit (28)	Cinnamon Bagel Bar (32)	Chocolate Donut Pk (39)
Cheese Lasagna Roll (22) Texas Toast (15) Steamed Crisp Peas (12) Fresh Fruit & Salad Bar	Boneless Wings (13) Roll (15) Orange & White Fries (13) Fresh Fruit & Salad Bar	Primo Pepperoni Pizza (36) Green Beans (6) Fresh Fruit & Salad Bar	Chicken Egg Roll (20) w/ Chicken Fried Rice (1/55) Peas & Carrots (9) Fresh Fruit & Salad Bar	Bean Burrito (31) Corn on the Cob (18) Mild Salsa (2) Fresh Fruit & Salad Bar



6 - 8 MENU

August 1 thru August 3

Maple French Toast (27)	Pancake & (Chicken) Sausage Sandwich (19)	Yogurt (19) Cereal Bar (27)
Asst Primo Pizza (36)	Popcorn Chicken Bowl (32) Biscuit (31)	Asst Primo Pizza (36)
BLT Chicken Patty on WW Bun (11/29)	Bean & Cheese Burrito (40.95)	Beefy Mac (36) Texas Toast (14)
Baked Sweet Potato Tots (32)	Sweet Corn (21)	Peas and Carrots (9)
Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar

August 6 through August 10

Apple Frudel (36)	Breakfast Pizza (26)	Mini Cinnis (39)	Ham/Cheese Combo Bar (8)	Powdered Donut Pack (39)
Asst Primo Pizza (36)	Chicken Fajita	Asst Primo Pizza (36)	(2) Egg Rolls (40)	Asst Primo Pizza (36)
Boneless Wings w/ Buffalo	Salad/Breadstix (23)	Cheeseburger (31)	Sloppy Joe on Bun (13/29)	(2) Bean/Cheese Tostada
Dipping Sauce & Roll	Corn Dog w/Chips (30/16)	Baked Tots (17)	Loopy Fries (20)	(52)
(13/15)	Ranch Beans (20)	Fresh Fruit	Fresh Fruit	Spanish Rice (22)
Sweet Potato Cross Cut Fries	Fresh Fruit	& Salad Bar	& Salad Bar	Sweet Corn (21)
(26)	&	SIDEKICK	Homemade Chocolate Chip	Fresh Fruit
Fresh Fruit & Salad Bar	Salad Bar		Cookie (27)	& Salad Bar

August 13 through August 17

Donut Breakfast Bites (38)	Cherry Frudel (36)	Strawberry Pancakes (40)	Breakfast Burrito (16)	Banana Bread (44)
Asst Primo Pizza (36)	Chicken Patty/Swiss on	Asst Primo Pizza (36)	Chicken Nuggets (10)	Asst Primo Pizza (36)
(turkey)Ham/Cheese on	Pretzel Bun w/Marina	Meatball Sub (28)	Roll (15)	Nacho Bites (8ct/32)
Croissant (12)	(optional) (11/3/36/8)	Fresh Steamed Veggies (6)	Mini Corn Dogs (33)	Corn on the Cob (18)
Ranch Beans (20)	Spicy Chicken Strips (17)	Fresh Fruit	Baked Sweet Potato Fries	Fresh Fruit
Fresh Fruit	Dip WG Roll (15)	& Salad Bar	(32)	& Salad
& Salad Bar	Baked Tots (17)		Fresh Fruit	Bar
	Fresh Fruit & Salad Bar		& Salad Bar	

August 20 through August 24

Dutch Waffles (43)	Breakfast Sandwich (31)	Cinnamon Roll (39)	Cheese Omelet w/Fresh Roll (1/26)	Apple Cinnamon Crumble (51)
Cheesy Breadstix (31) w/ Dipping Sauce (10) Teriyaki Chicken (8) Vegetable Fried Rice (55) Steamed Broccoli (4) Fresh Fruit & Salad Bar`	Flamebroiled Hamburger (9/29) Spicy Chicken Strips/Roll (17/15) Baked Beans (31) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Buffalo Popcorn Chicken Bites (18) Roll (15) Seasoned Curly Fries (19) Fresh Fruit & Salad Bar	Cheese Lasagna Roll (22) Chicken Alfredo (51) Texas Toast (14) Green Beans (6) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) (2) Enchiladas (19) Sweet Corn (21) Fresh Fruit & Salad Bar

August 27 through August 31

Breakfast Wrap (14)	Banana Mini Pancakes (37)	(Ckn)Sausage Biscuit (28)	Cinnamon Bagel Bar (32)	Chocolate Donut Pk (39)
Asst French Bread Pizza (34) Turkey & Swiss on Pretzel Bun (36) Fresh Steamed Veggies (9) Fresh Fruit & Salad Bar	Spicy Chicken on Bun (17/29) Mini Cheeseburger Pk (36) Ranch Beans (20) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Crispy Chicken Salad (17) w/Texas Toast (14) Sweet Potato Cross Fries(26) Fresh Fruit & Salad Bar	Baked Potato (42) w/Chili & Cheese (36/6) Roll (15) Chicken Cesar Salad (21) Breadstick (23) Broccoli w/or w/out Cheese (4/6) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Super Nachos (51) Black Bean & Corn Salad (24) Fresh Fruit & Salad Bar

National School Breakfast and Lunch Program. We are an equal opportunity provider and employer. Menu subject to change





August



9/12 MENU

August 1 – 3 (carbs)

Maple French Toast (27) RAM CART: Flamebroiled Hamburger (1/29) Chips (16) Ranch Beans (20) Fruit COPA CAFÉ: Hot Wings (1) Mini Muffin (26) Baked Tots (17) Fruit STATION 1: Asst Primo Pizza (36) STATION 2: Spicy Chicken (17/29) STATION 3: Sweet & Sour Meatballs (1/18) w/Homemade Honey Wheat Roll (26) Loopy Fries (20) Carrot Confetti Salad (5) recipe #11 STATION 4: Fresh Fruit & Salad Bar	Pancake & (Chicken) Sausage Sandwich (19) RAM CART: Build Your Own Sub w/Thick Sliced Turkey & Fresh Sub Roll (2/44) Fresh Garden Salad/Fruit COPE CAFÉ: Pizza Wedge (36) Sweet Potato Cross Fries (26) Fruit STATION 1: Asst Primo Pizza (36) STATION 2: (turkey) Ham & Cheese on Croissant (12) STATION 3: Grande Beef Hot Dog (2/29) Chips (16) Baked Beans (31) STATION 4: Fresh Fruit & Salad Bar	Yogurt (19) Cereal Bar (27) RAM CART: Chicken Cesar Salad (21) Texas Toast (14) & Fruit/SIDEKICK COPA CAFÉ: Pizza Cheese Stix (31) w/ Dipping Sauce (10) Fresh Broccoli/Cauliflower Bites w/LowFat Ranch Dip (3) SIDEKICK STATION 1: Asst Primo Pizza (36) STATION 2: (2) Fish Tacos (36/26)/Cole Slaw STATION 3: (2) Enchiladas (19) Sweet Corn (17) STATION 4: Fresh Fruit & Salad Bar
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August 6 through August 10

Apple Frudel (36) RAM CART: French Bread Pizza (35.2) Garden Fresh Salad & Choice of Fruit COPA CAFÉ: Mini Corn Dogs (33) Roll (15) Baked Wedges (18) Fruit STATION 1: Asst Primo Pizza (36) STATION 2: Buffalo Chicken Strips (17) STATION 3: BBQ Glazed Chicken (6) Biscuit (32) Ranch Beans (20) STATION 4: Fresh Fruit & Salad Bar	Breakfast Pizza (26) RAM CART: Grilled Chicken on Bun (9/29) Sweet Potato Tots (32) Fruit COPA CAFÉ: Buffalo Boat (40) Roll (15) Veggie Stix/Dip & Fruit STATION 1: Asst Primo Pizza (36) STATION 2: Buffalo Hot Lings (17) Asian Rice (55) STATION 3: Mac & Cheese (24) Pretzel (36) Steamed Broccoli (5) STATION 4: Fruit/Salad Bar	Mini Cinnis (39) RAM CART: Grande Hot Dog (2/29) Baked Beans (31) Fruit COPA CAFÉ: Jalapeno Burger (31) Baked Lattice Fries (22) Fruit STATION 1: Asst Primo Pizza (36) STATION 2 & STATION 3: Popcorn Chicken Bowl Biscuit (32) Sweet Corn (21) STATION 4: Fresh Fruit & Salad Bar	Ham/Cheese Combo Bar (8) RAM CART: Chicken Nuggets (10) Mini Muffin (26) Corn on the Cob (18) Fruit COPA CAFÉ: Chicken Patty on Bun (18/29) Corn on the Cob (18) & Fruit STATION 1: Asst Primo Pizza (36) STATION 2: Chicken Alfredo (51) STATION 3: Lasagna (25) Texas Toast (14) Green Beans (6) STATION 4: Fresh Fruit & Salad Bar	Powdered Donut Pack (39) RAM CART: Breaded Chicken Patty/Swiss on Pretzel Bun w/Marinara (optional) (11/3/36/8) Fries & Fruit COPA CAFÉ: Nacho Bites (8 serv. 32) Fries & Fruit STATION 1: Asst Primo Pizza (36) STATION 2: Pulled Pork BBQ on Large Sub Roll STATION 3: (2) Egg Rolls (40) Honey Mustard Dip Baked Fries (14) STATION 4: Fresh Fruit & Salad Bar
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August 13 through August 17

Donut Breakfast Bites (38)	Cherry Frudel (36)	Strawberry Pancakes (40)	Breakfast Burrito (16)	Banana Bread (44)
RAM CART: Cheeseburger (1/1/29) Fries (14) Fruit COPA CAFÉ: Buffalo Chicken Strips (17) Fries/Fruit STATION 1: Asst Primo Pizza STATION 2: Taco in a Bag (28) STATION 3: (2) Tostada (26) Texas Bean Salad (15) recipe#10 STATION 4: Fruit & Salad Bar	RAM CART: Buffalo Popcorn Chicken w/Ranch Dip (16/2) Orange & White Fries (13) & Fruit COPA CAFÉ: Bacon Burger (31) Orange & White Fries (13) & Fruit STATION 1: Asst Primo Pizza STATION 2: Chicken Tender Wrap (17/30) STATION 3: Cesar Chicken Salad (17) Toast (14) Orange & White Fries (13) STATION 4: Fruit /Salad Bar	RAM CART: Build Your Own (2) Beef & Cheese Taco (21) Sweet Corn (21) Fruit COPA CAFÉ: Boneless Wings (13) Hot Wing Sauce/Roll Fresh Veggies/Dip & Fruit STATION 1: Asst Pizza STATION 2: Breakfast for Lunch Scrambled Eggs w/Ham & Cheese (1) Muffin (26) STATION 3: Spicy Chicken on Bun (17/29) Baked Tots (17) STATION 4: Fruit/Salad Bar	RAM CART: Hot Wings (1) Roll (15) Corn on the Cob (17) Fruit COPA CAFÉ: Pizza Sticks/Dip (31/8) Baked Tots (17) & Fruit STATION 1: Asst Pizza STATION 2 and STATION 3: Super Nachos Sweet Corn (17) STATION 4: Fresh Fruit & Salad Bar	RAM CART: (turkey) Ham & Cheese Croissant (12) Tots & Fruit COPA CAFÉ: French Bread Pizza (34) Salad/Ranch & Fruit STATION 1: Asst Pizza STATION 2: Homemade Chili (36) w/Bag of Baked Tostito Scoops (19) STATION 3: Sloppy Joe (13/29) Chips and Baked Beans (31) STATION 4: Fresh Fruit & Salad Bar

August 20 through August 24

Dutch Waffles (43)	Breakfast Sandwich (31)	Cinnamon Roll (39)	Cheese Omelet w/Fresh Roll (1/26)	Apple Cinnamon Crumble (51)
RAM CART: Buffalo Popcorn Chicken w/Ranch Dip (16/1) Baked Sweet Potato Tots (32) Fruit COPA CAFÉ: Spicy Chicken on Bun (17/29) Sweet Potato Tots (32) Fruit STATION 1: Asst Pizza STATION 2: Flamebroiled Hamburger (1/26) STATION 3: Spicy Chicken Strips (16) Roll (15) Potato Smiles (20) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Pasta with Meat Sauce (40) Toast (14) Fresh Garden Salad & Fruit COPA CAFÉ: Italian Sub (1/44) Chips (16) Carrots & Fruit STATION 1: Asst Pizza STATION 2: Crispy Chicken Salad (17) Breadstick (23) STATION 3: Corn Dog (30) Ranch Beans (20) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Cheesy Breadstix (30) Dipping Sauce (7) Baked Tots & Fruit COPA CAFÉ: Jalapeno Burger (1/29) Tots & Fruit STATION 1: Asst Pizza STATION 2: Hot Ham & Cheese on Croissant (1/2/30) STATION 3: Fajita Chicken/Veggies & Tortilla (1/5/24) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Mini Corn Dogs (18) Baked Potato Smiles (20) Fruit COPA CAFÉ: Hot Wings (1) Baked Potato Smiles/Fruit STATION 1: Asst Pizza STATION 2: Buffalo Chicken Bites (16) Mashed Potatoes (7) Gravy (5)Roll STATION 3:Salisbury Steak(4)Potatoes/Gravy Roll Peas and Carrots (9) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Flamebroiled Hamburger (1/29) Orange & White Fries (13)/Fruit COPA CAFÉ: Nacho Bites (8 serv.32) Orange & White Fries/Fruit STATION 1: Asst Pizza STATION 2: Teriyaki Chicken with LoMein Noodle Bowl (42) STATION 3: Lasagna (25) Toast (14) Broccoli (4) STATION 4: Fresh Fruit & Salad Bar

August 27 through August 31

Breakfast Wrap (14)	Banana Mini Pancakes (37)	(Ckn) Sausage Biscuit (28)	Cinnamon Bagel Bar (32)	Chocolate Donut Pk (39)
RAM CART: Nacho Bites (8 serv. 32) Sweet Corn/Salad/Fruit COPA CAFÉ: 4 Meat Pizza Wedge (36) Veggie Stix w/Ranch Dip & Fruit STATION 1: Asst Pizza STATION 2: Buffalo Chicken Strips (17) STATION 3: BBQ Glazed Chicken (16) Cool Ranch Chips (20) Ranch Beans (20) STATION 4: Fruit/Salad Bar	RAM CART: Boneless Wings (13) Fries/SIDEKICK COPA CAFÉ: Chick/Swiss Bun (17/1/29)Fries/Sidekick STATION 1: Asst Pizza STATION 2: Potato Wedges w/Chili & Cheese (17/36/6) Pretzel (30) STATION 3: Mac& Cheese Pretzel (29/30) Peas & Carrots (9) STATION 4: Fruit/Salad Bar	RAM CART: Spicy Chicken on Bun Fries & Fruit COPA CAFÉ: Grande Hot Dog STATION 1: Asst Pizza STATION 2: Homemade Bean & Cheese Burrito w/or without Green Sauce STATION 3: (2) Egg Rolls Sweet & Sour Dip Rice & Sweet Corn STATION 4: Fruit/Salad Bar	RAM CART: Chicken Cesar Salad/Texas Toast & Fruit COPA CAFÉ: Pizza Cheese Stix w/Dipping Sauce Fresh Brocc & Cauli Bites/Lite Ranch & Fruit STATION 1: Asst Pizza STATION 2: (2) Fish Tacos Cole Slaw STATION 3: (2) Enchiladas Sweet Corn (17) STATION 4: Fruit/Salad Bar	RAM CART: Chicken Nuggets (10) Curly Fries/Fruit COPA CAFÉ: Mini Corn Dogs (30) CurlyFries/Fruit STATION 1: Asst Pizza STATION 2 & STATION 3: Manager's Choice STATION 4: Fresh Fruit & Salad Bar