



AUGUST PRESCHOOL

Week of August 8 through August 12 (carbs)

<p><u>Monday, August 8</u> Poptart / 1 count (38) Fat Free or 1% Milk (11)</p>	<p><u>Tuesday, August 9</u> Oven Baked Cheetos (17) Fat Free or 1% Milk (11)</p>	<p><u>Thursday, August 11</u> Mini Banana (14.5) Fat Free or 1% Milk (11)</p>
---	---	--

Week of August 15 through August 19

<p>Scooby Doo Grahams (21) Fat Free or 1% Milk (11)</p>	<p>Goldfish Crackers (14) Fat Free or 1% Milk (11)</p>	<p>Apple Wedges (21) Fat Free or 1% Milk (11)</p>
--	---	--

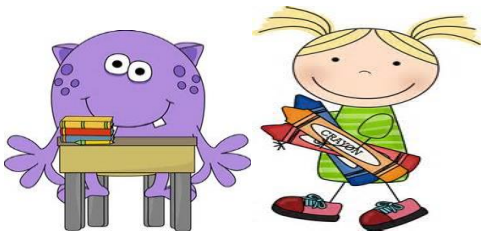
Week of August 22 through August 26

<p>Cheez Its (14) Fat Free or 1% Milk (11)</p>	<p>Whole Grain Rice Krispy Treat (16) Fat Free or 1% Milk (11)</p>	<p>Grape Pack (13) Fat Free or 1% Milk (11)</p>
---	---	--

August 29 through August 31

<p>Froot Loop Cereal (24) Fat Free or 1% Milk (11)</p>	<p>Whole Grain Brownie (42) Fat Free or 1% Milk (11)</p>
---	---

This institution is an equal opportunity employer and provider. Substitutions may be made based on availability.



AUGUST 2016 K-6 MENU

August 8 through August 12 (carbs)

Fruit & Juice French Toast Stix (96) Hash Brown (30) OR Choice of Cereal/String Cheese Veggie Stix (optional) Non-Fat or 1% Milk	Fruit & Juice Mini Strawberry Pancakes (40) OR Choice of Cereal/Cheese Veggie Stix (optional) Non-Fat or 1% Milk	Fruit & Juice Yogurt/Mini Muffin (43) OR Choice of Cereal/Cheese Veggie Stix (optional) Non-fat or 1% Milk	Fruit & Juice Banana Bread (44) OR Choice of Cereal/Cheese Veggie Stix (optional) Non-fat or 1% Milk	Fruit & Juice Pancake & Sausage On a Stick (23) OR Choice of Cereal/Cheese Veggie Stix (optional) Non-fat or 1% Milk
FlameBroiled Hamburger (1/29) Lettuce/Tomato/Pickle Baked Fries (18) Salad Bar Cinnamon Applesauce (23)	Mini Turkey Corn Dogs (33) Baked Beans (31) Salad Bar Banana (33) Peaches (12)	Cheeses or Pepperoni Pizza (33) Veggie Stix/Low Fat Ranch Dip (2) Ranch Beans (20) Salad Bar Jello w/Fruit Cocktail (15/19)	Boneless Wings (13) Baked Sweet Potato Tots (32) Salad Bar Pears (20) Watermelon Wedge (6)	Bean & Cheese Tostada (26) Fiesta Rice (21) Sweet Corn (17) Salad Bar SIDEKICK (20) Grapes (13)

August 15 through August 19

Maple French Toast (27)	WGrain Pancakes Syrup (41/31)	(Turkey) Bacon & Cheese On Biscuit (25)	Breakfast Burrito (25)	Cherry Frudel (36)
Cheese Filled Pizza Sticks (31) w/Dipping Sauce (10) Baked Tots (17) Salad Bar Pears (20) Orange Wedges (15)	Teriyaki Chicken w/LoMein Noodle Bowl (42) Steamed Broccoli (2) Salad Bar Pineapple (20) Mandarin Oranges (19)	Big Daddy Pizza Wedge (33) Peas and Carrots (13) Salad Bar Fresh Watermelon Wedge (6) Applesauce (23)	Popcorn Chicken Bowl (32) Biscuit (31) Salad Bar Fruit Cocktail (15) Fresh Strawberries (12)	Spaghetti & Meatballs (47/7) Texas Toast (14) Green Beans (5) Salad Bar Grapes (13) Peaches (12)

August 22 through August 26

Muffin (24) Juice Box (15)	Breakfast Pizza (17)	Power UPZ (15)	Powdered Donut Pack (42)	Breakfast Bagel (22)
Chicken Patty on Bun (23/29) Baked Fries (17) Salad Bar Fruit Cocktail (15) Cut up Melon (6)	Corn Dog (30) Potato Salad (29) Ranch Beans (20) Salad Bar Banana (33) Pears (20)	French Bread Pizza (34) Ranch Beans (20) Salad Bar Jello w/Fruit (17/15)	LUCKY TRAY / ABC Nuggets (10) Mashed Potatoes/Gravy (16) WW Roll (15) Salad Bar Juice Box (14) Pudding Cup (22)	Cheesy Ranch Pull-Aparts (33) Baked Beans (31) Salad Bar Fresh Strawberries (12) Peaches (12)

August 29 through August 31

Chocolate Donut Pack (39)	Zippy Zucchini Bread (44)	Biscuits & Gravy (29)
Hot Dog on Bun (1/20) Bag of Chips (16) Baked Beans (31) Salad Bar Pineapple (20) Cinnamon Applesauce (22)	Bean & Cheese Tostada (26) Lettuce/Tomato/Mild Salsa Sweet Corn (17) Salad Bar Pears (20) Apple Wedges (21)	Beef Sliders (21) Baked Sweet Potato Fries (32) Salad Bar Tropical Fruit (17) Fresh Cantaloupe Wedge (14.4)

This institution is an equal opportunity employer and provider. Substitutions may be made based on availability.



AUGUST MENU 7-8

Week of August 8 through August 12 (carbs)

Fruit & Juice French Toast Stix (96) Hash Brown (30) OR Choice of Cereal/String Cheese Veggie Stix (optional) Non-Fat or 1% Milk	Fruit & Juice Mini Strawberry Pancakes (40) OR Choice of Cereal/String Cheese Veggie Stix (optional) Non-Fat or 1% Milk	Fruit & Juice Yogurt/Mini Muffin (43) OR Choice of Cereal/String Cheese Veggie Stix (optional) Non-Fat or 1% Milk	Fruit & Juice Banana Bread (44) OR Choice of Cereal/String Cheese Veggie Stix (optional) Non-fat or 1% Milk	Fruit & Juice Pancake & Sausage on a Stick (23) OR Choice of Cereal/String Cheese Veggie Stix (optional) Non-Fat or 1% Milk
Asst Pizza (33) Flamebroiled Hamburger (1/29) Baked Fries (17) Fresh Fruit & Salad Bar	Hot Dog on Bun (1/20) Spicy Chicken on Bun (17/29) Baked Chips (16) Baked Beans (31) Fresh Fruit & Salad Bar	Asst Pizza (33) Orange Chicken w/Rice (43) Steamed Broccoli (2) Fresh Fruit & Salad Bar	Mini Turkey Dogs (35) Chicken Nuggets (10) Baked Tots (17) Fresh Fruit & Salad Bar	Asst Pizza (33)/ Super Nachos Turkey Taco Meat/Cheese/Chips (51) Salsa (3) Refried Beans (23) OR Sweet Corn (17) Fresh Fruit & Salad Bar

August 15 through August 19

Maple French Toast (27) Asst Pizza (33) Buffalo Chicken Strips (16) Roll(15) Baked Curly Fries (19) Fresh Fruit & Salad Bar	WGrain Pancakes Syrup (41/31) Baked Potato (42) w/Chili & Cheese (36/6) Homemade Pasta Bake (47) WW Roll (15) Peas & Carrots (13) Fresh Fruit & Salad Bar	(Turkey) Bacon & Cheese On Biscuit (25) Asst Pizza (33) Popcorn Chicken Bowl (32) Biscuit (31) Corn (17) SIDEKICK (20) Fresh Fruit & Salad Bar	Breakfast Burrito (25) Bacon Cheeseburger (31/20) Meatball Sub/Chips (60/16) Baked Tots (17) Fresh Fruit & Salad Bar	Cherry Frudel (36) Asst Stuffed Crust Pizza (36) Corn Dog (30) Sweet Potato Fries (32) Fresh Fruit & Salad Bar
---	--	---	--	--

August 22 through August 26

Muffin (24) Juice Box (15) Asst Personal Pan Pizza (39) Hot Wings (1) Roll (15) Cole Slaw (3.75) Ranch Beans (20) Fresh Fruit & Salad Bar	Breakfast Pizza (17) (2) Egg Rolls/Hot Mustard (40) Chicken Patty on Bun (23/29) Broccoli/Cheese (2/6) Fresh Fruit & Salad Bar	Power UPZ (15) Asst Pizza (33) Spaghetti w/Meatballs (54) Texas Toast (14) Pizza Green Beans (5) Fresh Fruit & Salad Bar	Powdered Donut Pack (42) Potato Wedge Nachos (48) Spicy Chicken Wrap(17/49) Corn & Black Bean Salad (16.91) Salsa (3) Fresh Fruit & Salad Bar	Breakfast Bagel (22) Asst Pizza (33) (2) Beef Sliders (21) Baked Tots (17) Fresh Fruit & Salad Bar
--	---	---	--	---

August 29 through August 31

Chocolate Donut Pack (39) Asst Pizza (33) Boneless Wings w/Buffalo Dipping Sauce & Roll (13/15) Sweet Potato Fries (32) Salad Bar Fresh Fruit & Salad Bar	Zippy Zucchini Bread (44) Bacon Cheeseburger (31/29) Spicy Chicken on Bun (17/29) Baked Chips (16) Ranch Beans (20) Fresh Fruit & Salad Bar	Biscuits & Gravy (29) Asst Pizza (33) (turkey) Ham or Turkey on Croissant (12) Baked Fries (17) Fresh Fruit & Salad Bar
--	--	--

This institution is an equal opportunity employer and provider. Substitutions may be made based on availability.



AUGUST MENU 9-12

August 8 through August 12 (carbs)

French Toast Stix (96) w/ Hash Brown (30)	Mini Strawberry Pancakes (40)	Yogurt /Mini Muffin (43)	Banana Bread (44)	Pancake & Sausage On a Stick (23)
SL: Cheeseburger (31) Tots (17) & Fruit Asst Pizza (33) Hot Wings (1) Roll (15) BaconCheeseburger (31) Baked Tots (17) Chocolate Chip Cookie (27) Fresh Fruit & Salad Bar	SL: Mini Corn Dogs (33) Fries (17) & Fruit Asst Pizza (33) (2) Beef Tacos (23) Spicy Chicken on Bun (17/29) Ranch Beans (20) Fresh Fruit & Salad Bar	SL: Spicy Chicken on Bun (17/29) Fries (17) & Fruit Asst Pizza (33) Popcorn Chicken Bowl (32) Biscuit (31) Sweet Corn (17) Fresh Fruit & Salad Bar	SL: Pizza Wedge (33) Tots (17) & Fruit Asst Pizza (33) Cesar Chicken Salad (21) w/ Texas Toast (14) Ham/Cheese on Pretzel Roll (36) Baked Fries (17) Fresh Fruit & Salad Bar	SL: Chicken Nuggets (10) Fries (17) & Fruit Asst Pizza (33) Sriracha Honey Chicken (24) (2) Enchildadas Rice (43) Steamed Broccoli (5) or Corn (17) Fresh Fruit & Salad Bar

August 15 through August 19

Maple French Toast (27)	WGrain Pancakes Syrup (41/31)	(Turkey) Bacon & Cheese On Biscuit (25)	Breakfast Burrito (25)	Cherry Frudel (36)
SL: Jalapeno Burger (31) Fries (17) & Fruit Asst Pizza (33) Potato Wedges w/Chili & Cheese (19/36/6) Mini Corn Dogs (33) Wedges (19) Fresh Fruit & Salad Bar	SL: Spicy Chicken Strips (17) Tots/Fruit Asst Pizza (33) Taco in a Bag (23) Homemade Bean Burrito w/or without Green Sauce (58/16) Sweet Corn (17) Fruit & Salad Bar	SL: Hot Wings (1) Biscuit/Corn on the Cob (17) & Fruit Asst Pizza (33) Super Nachos Ranch Beans (20)/OR Refried Beans (24) Fresh Fruit & Salad Bar	SL: Grande Hot Dog (23) Fries (17) & Fruit Asst Pizza (33) Teriyaki Chicken (14)Veggies (6) Burrito Bowl (0)Lettuce/Tomato Rice (32) Fresh Fruit & Salad Bar	SL: Cheese Stix/Dip (31/10) Tots (17) & Fruit Asst Pizza (33) Hot Turkey Ham on Croissant (12) Spicy Chicken on Bun (17/29) Chips (16) Baked Beans ((31) Fresh Fruit & Salad Bar

August 22 through August 26

Muffin (24) Juice Box (15)	Breakfast Pizza (17)	Power UPZ (15)	Powdered Donut Pack (42)	Breakfast Bagel (22)
SL: (2) Egg Rolls (40) Tots/Fruit Asst Pizza (33) Hot Dog on Bun (25) Sloppy Joe on Bun (13/29) Baked Tots (17) Pudding Cup (22) Fresh Fruit & Salad Bar	SL: Mini Corn Dogs (30) Fries/Fruit Asst Pizza (33) Turkey on Pretzel Bun (36) FlameBroiled Burger (25) Bag of Chips (16) Ranch Beans (20) Fresh Fruit & Salad Bar	SL: Chicken Rings (12) Fries (17) Fruit Asst Pizza (33) Lasagna Rolls (22) Texas Toast (23) Spicy Chicken Salad/Toast (17/14) Sweet Peas & Carrots (4) Fresh Fruit & Salad Bar	SL: Cheeseburger (31) Fries (17) Fruit Asst Pizza (33) Steak Fingers (16) Roll (15) Chicken Nuggets (10) Roll (15) Mashed Potatoes & Gravy (16) Fresh Fruit & Salad Bar	SL: Pizza (33) Veggie Stix/Dip Frz Juice Bar (14) Asst Pizza (33) Breakfast Round the Clock! Turkey Bacon/Scrambled Eggs (1) Salsa/Hot Sauce/Biscuit (31) Grilled Chicken Club (12) Hashbrowns (17) Fresh Fruit & Salad Bar

August 29 through August 31

Chocolate Donut Pack (39)	Zippy Zucchini Bread (44)	Biscuit & Gravy (29)
SL: Boneless Wings/Dip (13) Fries (17) Fruit Asst Pizza (33) Meatball Sub (60) Pizza Dog (41) Baked Tots (17) Fresh Fruit & Salad Bar	SL: Buffalo Popcorn Chicken (17) Corn on Cob (17) Fruit Asst Pizza (33) Super Nachos Sweet Corn (17) Fresh Fruit & Salad Bar	SL: Chicken Nuggets (10) Mini Muffin (28) Fries (17) Fruit Asst Pizza (33) Spaghetti & Meatballs (47/7) Texas Toast (14) Mac & Cheese (24) Pretzel (36) Pizza Green Beans (6.69) Fresh Fruit & Salad Bar