



# PRESCHOOL

## December 3 – December 7

Apple Slices (15) Cheese Stick (1) 100% Fruit Juice (14)	Danimals Strawberry Yogurt (9) & Animal Cracker Packet (21)	Apple Cinnamon Rice Krispy Chewy Granola Bar (27)
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## December 10 – December 14

Assorted Cereal (21) 1% White Milk	Mini Muffin (20) 1% White Milk	Manager's Choice
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## December 17 – December 21

½ Cup Grape Pack (13.4) Whole Grain Goldfish Crackers (14)	Hard Boiled Egg (1) ½ Cup Orange Slices (6)	Holiday Cookie (10) 1% White Milk
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This institution is an equal opportunity employer and provider. Substitutions may be made based on availability – Menu subject to change

From your MUSD Child Nutrition Department

– We wish everyone a very Happy & Safe Holiday Season.....



# DECEMBER



## 21<sup>ST</sup> CENTURY

### December 3 – December 7

Cheez Its (24) 100% Juice	Cocoa Krispy Cereal Bar (27) 1% White Milk	Baked Cool Ranch Doritos (20) 100% Fruit Juice	Strawberry Nutri-Grain Bar (29) 1% White Milk
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### December 10 – December 14

Pretzel Goldfish (16) 100% Fruit Juice (14)	Cheez Puffs (13) 1% White Milk	String Cheese & HoneyGraham Pk (1/11) 100% Fruit Juice	Baked Lays Potato Chips (24) 100% Fruit Juice
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### December 17 – December 21

Cheeto Puffs (13) 100% Fruit Juice	Cheddar Chex Mix (36) 1% White Milk	Holiday Cookie (10) 1% White Milk	Early Release
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From your MUSD Child Nutrition Department we wish you a very Merry and Safe Holiday.....See you in 2019!!



# K-5 MENU

## December 3 – December 7

Ham & Cheese Combo Bar (8)	French Toast Stix (37)	Yogurt (19) Cereal Bar (27)	Powdered Donut Pack (39)	Link & Tots (18)
Chicken Patty on Bun (11/29) Lettuce/Tomato Ranch Beans (22) Fresh Fruit & Salad Bar	Beef & Cheese Chalupa (21.5) Topped w/Shredded Lettuce/Tomato Refried Beans (28) Fresh Fruit & Salad Bar	Big Daddy Primo Pizza (36) Green Beans (5) Fresh Fruit & Salad Bar	Popcorn Chicken Bites (18) WW Roll (15) Baked Sweet Potato Tots (32) Jell0 w/Fruit (17/15) Fresh Fruit & Salad Bar	Manager's Choice

## December 10 – December 17

Pumpkin Bread (44)	Fiesta Omelet (1) Biscuit (32)	Buttermilk Bar (39)	Pancake/Sausage on a Stick (17)	Manager's Choice
Mini Corn Dogs (33) Baked Seasoned Fries (17) Fresh Fruit & Salad Bar	Mini Ravioli (31) Cheese Breadstick (24) Fresh Steamed Veggies (6) Fresh Fruit & Salad Bar	Cheesy Max Stix (31) w/ Dipping Sauce (10) Peas & Carrots (9) Fresh Fruit & Salad Bar	Bean & Cheese Tostada (26) Sweet Corn (17) Milk Salsa Fresh Fruit & Salad Bar	Flamebroiled Hamburger (1/29) Baked Beans (31) Fresh Fruit & Salad Bar

## December 17 – December 21

Cherry Frudel (36)	Coffee Cake (53)	Cheese Omelet w/Fresh Roll (1/26)	Breakfast Sandwich (31)	Asst Cereal Or Cereal Bar
Sloppy Joe on Bun (13/29) Ranch Beans (22) Fresh Fruit & Salad Bar	Taco in a Bag (23) Sweet Corn (17) Fresh Fruit & Salad Bar	Cheese or Pepperoni Pizza (36) Sweet Carrots Fresh Fruit & Salad Bar	LUCKY TRAY HOLIDAY NUGGETS (13) Mashed Potatoes/Gravy (20) WW Roll (15) Fresh Fruit & Salad Bar Gingerbread Man Cookie (14)	Early Release Manager's Choice

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FROM YOUR CHILD FOOD & NUTRITION DEPARTMENT – WE WISH YOU VERY HAPPY AND SAFE HOLIDAYS



# 6-8 DECEMBER MENU



## December 3 – December 7

Ham/Cheese Combo Bar (8) Buffalo Chicken or 4 Meat Pizza (36) Spicy Chicken Strips/Roll (17/15) Corn on the Cob (17) Fresh Fruit & Salad Bar	French Toast Stix (37) Chicken Nuggets (10) Roll (15) Mini Corn Dogs (30) Ranch Beans (20) Fresh Fruit & Salad Bar	Yogurt (19) Cereal Bar (27) Asst Primo Pizza (36) Sweet & Sour Meatballs (1/18) on Homemade Roll (28) Baked Beans (31) Cole Slaw Fresh Fruit & Salad Bar	Powdered Donut Pack (39) Homemade Pasta Bake (27) w/ Roll (15) Sloppy Joe on Bun (13/29) Green Beans (5) Fresh Fruit & Salad Bar	Links & Tots (18) Asst Primo Pizza (36) Chicken Patty/Swiss on Bun w/Marinara Sauce (optional) (17/29/7) Baked Tots (17) Fresh Fruit & Salad Bar
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## December 10 – December 14

Fiesta Omelet /Biscuit (1/32) Asst Primo Pizza (36) Bacon Cheeseburger (0/31) Baked Seasoned Fries (21) Fresh Fruit & Salad Bar	Pumpkin Bread (44) Spicy Chicken on Bun (17/29) (2) Bean & Cheese Tostada (52) w/Spanish Rice (22) Sweet Corn (17) Fresh Fruit & Salad Bar	Chocolate Donut Pack (39) Cheesy Breadstix (31) w/Dipping Sauce (10) Lasagna Rolls (22) Toast (14) Peas & Carrots (9) Fresh Fruit & Salad Bar	Pancake/Sausage on Stk (17) Buffalo Chicken Bites (16) w/ Ranch Dip (1) & Roll (15) Chicken Cesar Salad (21) w/Texas Toast (14) Baked Sweet Potato Tots (32) Fresh Fruit & Salad Bar	Blueberry Muffin (48)  Manager's Choice
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## December 17 – December 21

Cherry Frudel (36) 5" Deep Dish Pizza (36) Chicken Strips (17) w/BBQ or Ranch Dip/Roll (15) Baked Beans (31) Fresh Fruit & Salad Bar	Coffee Cake (53) Bean & Cheese Burrito (46) Hot Ham & Cheese on Croissant (12) Sweet Corn (17) Fresh & Salad Bar	Cheese Omelet/Roll (1/26) French Bread Pizza (34) Nacho Bites (8ct/36) Sweet Carrots (7) Fresh Fruit & Salad Bar	Breakfast Sandwich (31) Boneless Wings w/Buffalo Sauce & Roll (13/15) Chicken Alfredo & Toast (51/14) Green Beans (6) Fresh Fruit & Salad Bar	Asst Cereal/Cereal Bar  Early Release Manager's Choice
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From your MUSD Child Nutrition Department – we wish you a happy and safe Holiday.....



# DECEMBER 9-12 MENU

## December 3 – December 7

Ham/Combo Bar (8)	French Toast Stix (37)	Yogurt (19) Cereal Bar (27)	Powdered Donut Pack (39)	Links and Tots (18)
<p>RAM CART: Potato Bar COPA CAFÉ: Cheese Stix/Marinara (31/10) Tots (17) Garden Salad &amp; Fruit STATION 1: Asst Pizza (36) STATION 2 &amp; 3: Taco in a Bag (23) Texas Bean Salad (recipe 10) STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>RAM CART: Build Your Own Sub on Fresh Sub Roll (2/44)SP Cross Fries (26) Fresh Garden Salad/Fruit COPA CAFÉ: Pizza Wedge (36) Sweet Potato Cross Fries(26) Salad (opt.) Fruit STATION 1: Asst Pizza (36) STATION 2: Ham &amp; Cheese on Croissant (12) STATION 3: Grande Beef Hot Dog (2/29) Chips (16) Baked Beans (31) STATION 4: Fruit/Salad Bar</p>	<p>RAM CART: Charbroiled Hamburger (1/29) Chips (16) Ranch Beans (20) Fruit COPA CAFÉ: Mac &amp; Cheese w/Pretzel (29/30) Green Beans (6) Salad /Fruit STATION 1: Asst Pizza (36) STATION 2: Hot &amp; Spicy Fish Sandwich (2/29) Cole Slaw STATION 3: Sloppy Joe (13/29) Baked Seasoned Fries (21) STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>RAM CART: Chicken Nuggets (10) Mini Muffin (26) Corn on the Cob (17) Salad (opt) Fruit COPA CAFÉ: Chicken Patty/Swiss on Bun (18/1/29) Corn on the Cob/Salad/Fruit STATION 1: Asst Pizza (36) STATION 2: Pulled Pork BBQ on Sub Roll STATION 3: (2) Egg Rolls (40) Honey Mustard Dip Baked Fries (14) STATION 4: Fresh Fruit And Salad Bar</p>	<p>RAM CART: Grande Hot Dog (2/29) Baked Beans (31) Salad &amp; Fruit COPA CAFÉ: Jalapeno Burger (31) Baked Beans Salad Fruit STATION 1: Asst Pizza (36) STATION 2 &amp; 3: Popcorn Chicken Bowl Biscuit (32) Sweet Corn (21) STATION 4: Fresh Fruit &amp; Salad Bar</p>

## December 10 – December 14

Fiesta Omelet/Biscuit (1/32)	Pumpkin Bread (44)	Chocolate Donut Pack (39)	Pancake/Sausage on Stk (17)	Blueberry Muffin (48)
<p>RAM CART: Grilled Chicken on Bun (9/29) Sweet Potato Tots (32) Salad &amp; Fruit COPA CAFÉ: Buffalo Boat (40) Roll (15) SP Tots Veggie Stix w/Dip &amp; Fruit STATION 1: Asst Pizza (36) STATION 2: Buffalo Hot Lings (17) Asian Rice (55) STATION 3: Mac &amp; Cheese (24) Pretzel (36) Steamed Broccoli (5) STATION 4: Fruit/Salad Bar</p>	<p>RAM CART: French Bread Pizza (35/2) Garden Salad &amp; Fruit COPA CAFÉ: Mini Corn Dogs (33) Baked Wedges (18) Salad (optional) &amp; Fruit STATION 1: Asst Pizza (36) STATION 2: Buffalo Chicken Strips (17) STATION 3: BBQ Glazed Chicken (6) Honey Wheat Biscuit (30) Baked Beans (31) STATION 4: Fruit/Salad Bar</p>	<p>RAM CART: Buffalo Popcorn Chicken w/Ranch Dip (16/2) Orange &amp; White Fries (13) Salad/Fruit COPA CAFÉ: Bacon Burger (31) Orange &amp; White Fries Salad option and Fruit STATION 1: Asst Pizza (36) STATION 2: Chicken Tender Wrap (17/30) STATION 3: Cesar Chicken Salad (17) Texas Toast (14) Orange &amp; White Fries (13) STATION 4: Fruit/Salad Bar</p>	<p>RAM CART: Breaded Chicken Filet/Swiss on Pretzel Bun w/Marinara (optional) (11/3/36/8) Baked Fries/Salad &amp; Fruit COPA CAFÉ: Nacho Bites (8 serv 32) Fries/Salad &amp; Fruit STATION 1: Asst Pizza (36) STATION 2 &amp; STATION 3: Super Nachos Sweet Corn (17) STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>RAM CART: Jalapeno Burger (31) Beans/Salad/Fruit COPA CAFÉ: Oven Fried Chicken (6) Baked Beans/Salad &amp; Fruit STATION 1: Asst Pizza (36) STATION 2: Charbroiled Hamburger (1/29) STATION 3: Spicy Chicken on Bun (17/29) Chips (16) Ranch Beans (20) STATION 4: Fresh Fruit &amp; Salad Bar</p>

**December 17 – December 21**

Cherry Frudel (36)	Coffee Cake (53)	Cheese Omelet/Roll (1/26)	Breakfast Sandwich (31)	Asst Cereal/Cereal Bar
RAM CART: 5” Deep Dish Cheese Pizza /Steamed Veggies/Salad (optional) Fruit COPA CAFÉ: Turkey Sub on Fresh Sub Roll (2/44) Fresh Veggie Stix w/Dip/Salad/Fruit STATION 1: Asst Pizza (36) STATION 2: Lasagna (22) Texas Toast (14) STATION 3: Crispy Chicken Salad /Texas Toast (14) Sweet Peas & Carrots (9) Fresh Fruit & Salad Bar	RAM CART: Bean & Cheese Burrito (46) Salad/Fruit COPA CAFÉ: Hamburger (1/29) Fries/Salad/Fruit STATION 1: Asst Pizza (36) STATION 2: Grilled Chicken Strips/Bufalo Sauce STATION 3: Hot Wings (1) Roll (15) Sweet Potato Seasoned Fries STATION 4: Fresh Fruit & Salad Bar	RAM CART: Cheesy Breadstix (30) w/Dipping Sauce (7) Baked Tots/Salad option & Fruit COPA CAFÉ: Grande Hot Dog (2/27) Tots/Salad/Fruit STATION 1: Asst Pizza (36) STATION 2: Teriyaki Chicken (24) Asian Rice (55) STATION 3: Baked Potato w/Toppings (37) Broccoli w/or w/out Cheese (6) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Nacho Bites (8 serv/32) Corn on the Cob (17) Optional Salad/Fruit COPA CAFÉ: French Bread Pizza (34) Corn on the Cob (17) Optional Salad & Fruit STATION 1: Asst Pizza (36) STATION 2: Turkey & Gravy STATION 3: Meatloaf (8) Mashed Potatoes (16) Roll (15) STATION 3: Fresh Fruit & Salad Bar Holiday Cookie	CART: Mini Corn Dogs (30) Baked Fries/Salad/Fruit COPA CAFÉ: Chicken Nuggets Baked Fries/Salad/Fruit STATION 1: Asst Pizza (36) STATION 2 & STATION 3: Manager’s Choice  Early Release

WISH YOU THE HAPPIEST OF HOLIDAY!!!!

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