

# 2017 - PRE-SCHOOL

# FEEDING BODIES & FUELING MINDS

Week of January 9 through January 13

Manager's Choice	Poptart / 1 count (38)	Oven Baked Cheetos (17)	
Fat Free or 1% Milk (11)	Fat Free or 1% Milk	Juice (15)	
	Week of January 16 through January 20		
NO SCHOOL	String Cheese (1)	Goldfish Crackers (14)	
Martin Luther King Day	Juice (15) Fat Free or 1% Milk (11)		
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<i>gy</i>	Week of January 23 through January 27		
Rice Krispy Cereal Bar (31)	Week of January 23 through January 27  Cheez Its (14)	Orange Wedges (15)	

January 30 and January 31

Elf Graham Crackers (21)	Froot Loop Cereal (24)
Fat Free or 1% Milk (11)	Fat Free or 1% Milk (11)

This institution is an equal opportunity employer and provider

Substitutions may be made based on availability



# 2017 - 21<sup>ST</sup> CENTURY

#### FEEDING BODIES & FUELING MINDS

Week of January 9 through January 13

	Manager's	Kettle Corn (21)	Brownie (42)	Oven Baked Cheetos (17)
The free of 1/6 Mink (11)	Choice	Fat Free or 1% Milk (11)	Fat Free or 1% Milk	Juice (15)

#### Week of January 16 through January 20

No School	Chocolate Chip Muffin (28)	Baked Nacho Cheese Doritos (16)	Chocolate Carmel Chex Mix (21)
MARTIN LUTHER KING DAY	1% or Fat Free Milk (11)	Juice (15)	1% or Fat Free Milk (11)

## Week of January 23 through January 27

Banana (33)	Rice Krispy Treat (16)	Cheez Its Hot & Spicy (14)	Nutri Grain Bar (29)
Fat Free or 1% Milk (11)	1% or Fat Free Milk (11)	Juice Box (15)	Fat Free or 1% Milk (11)

## January 30 & January 31

Poptart / 1 count (38)	Manager's
1% or Fat Free Milk (11)	Choice

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#### FEEDING BODIES & FUELING MINDS

Week of January 9 through January 13

Oatmeal w/	Breakfast	Poptarts (38)	Biscuits	Homemade
Fresh Berries (21/7)	Burrito (32)	String Cheese (1)	& Gravy (29)	Cinnamon Roll (18)
Flamebroiled Hamburger (0/29)	Nacho Bites (32)	Pizza Wedge (33)	Mini Ravioli (30)	Turkey Corn Dog (30)
Lettuce/Tomato/Pickle	Fiesta Rice (22)	Green Beans (6)	Bosco Cheesy Breadstick (26)	Sweet Potato Tots (23)
Baked Fries (17)	Sweet Corn (17)	Salad Bar	Fresh Steamed Veggies (5)	Salad Bar (33)
Salad Bar	Salad Bar/Fruit Mix (15)	SIDEKICK (20)	Salad Bar	Apple Slices (21)
Strawberry Applesauce (23)	Orange Wedges (15)	Pears (20)	Peaches (12) Juice Box (15)	Pineapple (20)

Week of January 16 through January 20

NO SCHOOL	Yogurt (19) Cereal Bar (27)	Bacon & Cheese on Biscuit (25)	Blueberry Muffin (45)	Banana Bread (44)
W. C.	Mini Cheeseburger (2 count) (36)	French Bread Pizza (34)	Sloppy Joe on Bun (13/29)	Homemade Spaghetti
Martin Luther King, Jr.	Chips (16)	Baked Beans (31)	Bag of Chips (16)	w/Meatballs (54)
King Ir	Salad Bar	Salad Bar	Candied Carrots (7)	Texas Toast (14)
King, Jr.	Grape Pack (13)	Mandarin Oranges (19)	Salad Bar	Green Beans (6) Salad Bar
	Applesauce (23)	Fresh Pear (27)	Fruit Cocktail (15) Melon (6)	Fresh Mango (35)/Pineapple(20)

Week of January 23 through January 27

Ham/Cheese Combo Bar (8)	Breakfast Pizza (17)	Sausage Links/Hashbrown (1/19)	Pancake on a Stick (23)	Cherry Frudel (36)
Beef & Cheese Chalupa (21)	Chicken Patty on Bun (11/29)	Pizza Stix (31) Sauce Dip (10)	Taco in a Bag (23)	Crispy Chicken Strips (17)
Sweet Corn (17)	Baked Tots (17)	Baked Beans (31)	Refried Beans (28)	Mashed Potatoes/Gravy (16/4)
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Roll (15)
Peaches (21)	Pears (20)/Banana ½ (17)	Apricots (14)	Orange Wedges (15)	Applesauce (23)
"Cutie" Tangerine (17)	WG Chocolate Chip Cookie (27)	Apple Slices (21)	Fruit Mix (15)	SIDEKICK (20)
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January 30 & 31

Bagel w/Crème Cheese (29/6)	Blueberry Muffin Loaf (25)
Mac & Cheese (6 oz serving (29))	Beef & Cheese Taco (23)
w/ Pretzel (30)	Refried Beans (24)
Green Beans (6)	Spanish Rice (22)
Salad Bar	Salad Bar
Fruit Cocktail (15)	Pineapple (20) Grape Pack (13)
Small Apple (21)	Churro (27)





Happy New Year!



#### Week of January 9 through January 13

Oatmeal w/	Breakfast	Poptarts (38)	Biscuits	Homemade
Fresh Berries (21/17)	Burrito (32)	String Cheese (1)	& Gravy (29)	Cinnamon Roll (18)
Asst Pizza (33)	Nacho Bites (32)	Asst Pizza (33)	BLT Hamburger on Bun (29)	Asst Pizza (33)
Spicy Chicken on Bun (17/29)	(2) Bean & Cheese Tostada (52)	Meatball Sub (60)	Grande Hot Dog on Bun (21/29)	Lasagna (22)
Baked Beans (31)	Spanish Rice (22)	Baked Tots (23)	Baked Chips (16)	w/Texas Toast (23)
Fresh Fruit	Sweet Corn (17)	Chocolate Pudding Cup (22)	Ranch Beans (20)	Green Beans (6)
& Salad Bar	Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar

# Week of January 16 through January 20

NO SCHOOL	Yogurt (19) Cereal Bar (27)	Bacon & Cheese on Biscuit (25)	Blueberry Muffin (45)	Banana Bread (44)
	Flamebroiled Hamburger (0/29)	Buffalo or 4 Meat Pizza (33)	Chicken Fajitas w/Tortilla (26) &	Asst Pizza (33)
<b>Martin</b>	w/Potato Wedges (19)	Popcorn Chicken Bowl (32)	Refried Beans (28)	(NEW)
Luther 2	Baked Potato Wedges (19)	Biscuit (31)	Teriyaki Chicken Bowl (14)	Mini Franks (25)
King, Jr.	w/Chili & Cheese (36/6)Roll (15)	Sweet Corn (17)	w/Rice (55)	Baked Tots (17)
	Fresh Fruit	Fresh Fruit	Fresh Steamed Veggies	Fresh Fruit
	& Salad Bar	& Salad Bar	Fresh Fruit & Salad Bar	& Salad Bar

# Week of January 23 through January 27

Ham/Cheese Combo Bar (8)	Breakfast Pizza (17)	Sausage Links/Hashbrown (1/19)	Pancake on a Stick (23)	Cherry Frudel (36)
Cheesy Max Stix/Dip (31/10)	Hot Ham & Cheese on Pretzel Bun	Asst Pizza (33)	Mini Corn Dogs (33)	Asst Pizza (33)
Spicy Chicken Strips/Hot Wing	(36)	Taco in a Bag (33)	Chicken Nuggets (10) Roll (15)	Homemade Spaghetti w/Meatballs
Sauce (17) Roll (15)	Bacon Cheeseburger (1/2/29)	Sweet Corn (17)	Ranch Beans (20)	(54) Texas Toast (14)
Cole Slaw/Baked Beans (31)	Curly Fries (18)	Fresh Fruit	Fresh Fruit	Green Beans (6)
Fresh Fruit	Fresh Fruit	& Salad Bar	& Salad Bar	Fresh Fruit & Salad Bar
& Salad Bar	& Salad Bar			Homemade Cookie (27)

# January 30 and January 31

Bagel with Crème Cheese (29/6)	Blueberry Muffin Loaf (25)	
Asst Pizza (33)	Mini Cheeseburger (2 count / 36)	
Bean & Cheese Burrito (46)	Chicken Patty on Bun (11/29)	
Corn on the Cob (17)	Baked Fries (17)	
Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar	



# 10 17 JANUARY/9-12

#### FEEDING BODIES & FUELING MINDS

#### Week of January 9 through January 13

Oatmeal w/Berries (21/17)	Breakfast Burrito (32)	Poptarts (38)String Cheese (1)	Biscuits & Gravy (29)	Homemade Cinnamon Roll (18)
				SL: Chicken Nuggets (10) Fries (17)
SL: Jalapeno Burger (31) Fries (17)	SL: Spicy Chicken on Bun (17/29)	SL: Hot Dog on Bun (23) Fries (17)	SL: Pizza Sticks/Dip (31/10)	Fruit
& Fruit	Fries (17) & Fruit	& Fruit	Baked Fries (17) Fruit	Asst Pizza (33)
Asst Pizza (33)	Asst Pizza (33)	Asst Pizza (33)	Asst French Bread Pizza (34)	Sweet Chili Thai Chicken (17)
Mini Corn Dogs (30)	Super Nachos (51)	Homemade Bean Burrito w/or w/out	(2) Tacos (1/40) Spanish Rice (21)	w/Chow Mein (34)
Chicken Nuggets (10)	Sweet Corn (17)	Green Sauce (50/16)	Bacon Chicken Strip Wrap (17/52)	Teriyaki Chicken Strips (9) Fries
Baked Fries (17)	Fresh Fruit	Spicy Chicken Strips (17) Roll(15)	Ranch Beans (20)	Stir Fry Veggies
Fresh Fruit	& Salad Bar	Black Bean/Corn Salad	Fresh Fruit	Fresh Fruit & Salad Bar
& Salad Bar		Fresh Fruit & Salad Bar	& Salad Bar	HAPPY BIRTHDAY BELLA
				Birthday Cupcakes (26)

# Week of January 16 through January 20

NO SCHOOL	Yogurt (19) Cereal Bar (27)	Bacon & Cheese on Biscuit (25)	Blueberry Muffin (45)	Banana Bread (44)
Martin A	SL: Mini Corn Dogs (30) Fries (17)	SL: Bean Burrito (46) Corn on the	SL: Boneless Wings/Sauce (13/15)	SL: Asian Chicken (23) Rice (23)
	& Fruit	Cob (17) & Fruit	Fries (17) & Fruit	Asian Veggies (6) SIDEKICK (20)
	Asst Pizza (33)	Asst Pizza (33)	Asst Pizza (33)	Asst Pizza (33)
Luther	Flamebroiled Hamburger (0/29)	(2) Beef & Cheese Taco (23)	Spicy Chicken on Bun (17/29)	BLT on Pretzel Bun (36)
King, Jr.	w/Potato Wedges (19)	Nacho Bites (8ct 32)	Mini Franks (25)	& String Cheese (1)
Killy, Jr.	Baked Potato Wedges (19)	Refried Beans (24)Spanish Rice	Baked Fries (17)	Spicy Chicken Strips (17) Roll (15)
	w/Chili & Cheese (36/6) Roll (15)	(22)	Fresh Fruit	Baked Beans (30)
	Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar	& Salad Bar	Fresh Fruit & Salad Bar

# Week of January 23 through January 27

Ham & Cheese Combo Bar (8)	Breakfast Pizza (17)	Sausage Links/Hashbrown (1/19)	Pancake on a Stick (23)	Cherry Frudel (36)
SL: Tornados (23) Baked Fries (17)	SL: Chicken Nuggets (10) Mini	SL: Hot Dog on Bun (1/29) Fries	SL: Chicken Burrito (34) Corn on	SL: Spicy Chicken Strips (17) Fries
& Fruit	Muffin (26) Fries (17) Fruit	(17) & Fruit	the Cob (17) Fruit	(17) & Fruit
Asst Pizza (33)	Asst Pizza (33)	Asst Pizza (33)	Asst Pizza (33)	Asst Pizza (33)
(2) Egg Rolls w/Dip (17)	Hot Turkey Ham On Croissant (12)	Chicken & Dumplings (23)	Spaghetti w/Meatballs (54)	Grande Beef Hot Dog (23/29)
(2) Enchiladas (76)	Jalapeno Burger (31)	Lasagna Rolls (2)	Texas Toast (14)	Chicken Fajitas w/Tortilla (26)
Rice (23)	Ranch Beans (20)	Texas Toast (23)	Italian Sub w/Baked Chips (13/16)	Sweet Potato Fries (17)
Broccoli or Corn on the Cob (6/17)	Chips (16)	Peas & Carrots (9)	Green Beans (6)	Fresh Fruit
Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar	Fresh Fruit & Salad Bar	& Salad Bar

## January 30 and January 31

Bagel with Crème Cheese (29/6)	Blueberry Muffin Loaf (25)	
SL: Teriyaki Chicken Strips (9) Fries (17) & Fruit	SL: Cheeseburger (2/29) Fries (17) & Fruit	
Asst Pizza (33)	Asst Pizza (33)	
Mini Corn Dogs (30) OR Cesar Chicken Salad (21) w/Texas Toast (14)	Popcorn Chicken Bowl/Biscuit & Corn (32/31/17)	
Baked Fries & Fresh Fruit/Salad Bar	Fresh Fruit & Salad Bar	