



# PRESCHOOL JANUARY 2019

## January 7 – January 11

NO SCHOOL for Students Teacher In-Service	Cornbread Super Star 100% Apple Juice (23/14)	Strawberry Nutri-Grain Bar (29) 1% White Milk
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## January 14 – January 18

Cheddar Chex Mix 100% Apple Juice (36/14)	Heartzels (16) Cherry Applesauce Cup (16)	Bug Bite Grahams (21) 100% Apple Juice (14)
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## January 21 – January 25

NO SCHOOL Martin Luther King Day	Dave's Muffin (20) Fruit Cup (16)	Assorted Cereal (21) 1% White Milk
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## January 28 – January 31

Apple Slices & Cheese Stick (15)	Cornbread Super Star 100% Apple Juice (23/14)	Manager's Choice 1% White Milk
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Wishing you the best in 2019!

This institution is an equal opportunity employer and provider. Substitutions may be made based on availability. Menu subject to change



# 21<sup>ST</sup> CENTURY SNACK

## January 7 – January 11

NO SCHOOL for Students Teacher Work Day	Apple Cinnamon Nutri-Grain Bar (30) 1% White Milk	Hot & Spicy Goldfish Crackers (14) 1% White Milk	Baked Nacho Cheese Doritos (20) 100% Fruit Juice
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## January 14 – January 18

Cheeto Puffs (13) 100% Fruit Juice	Rice Krispy Treat (30) 1% White Milk	Blueberry Nutri-Grain Bar (30) 1% White Milk	Pretzel Goldfish (16) 100% Fruit Juice
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## January 21 – January 25

NO SCHOOL Martin Luther King Day	Baked Cool Ranch Doritos (20) 100% Fruit Juice	Chocolate Carmel Chex Mix (21) 100% White Milk	Brownie (32) 1% Milk
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## January 28 – January 31

Strawberry Nutri-Grain Bar (29) 1% White Milk	Cheez Its (24) 100% Fruit Juice	Baked Lays BBQ Potato Chips (19) 100% Juice	Manager's Choice 1% Milk
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All the best for 2019!!


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# K-5 MENU




## JANUARY 7 – JANUARY 11

NO SCHOOL Teacher Work Day 	Maple French Toast (27)  Chicken Patty on Bun (11/29) Lettuce/Tomato Ranch Beans (20) Fresh Fruit & Salad Bar	Pancake & Sausage Sandwich (19)  Big Daddy Primo Pizza Wedge (36) Green Beans (6) Fresh Fruit & Salad Bar	Yogurt (19) Cereal Bar (27)  Mini Cheeseburger Pack (36) Baked Sweet Potato Tots (32) Fresh Fruit & Salad Bar	Apple Frudel (36)  Nacho Bites (32) Sweet Corn (17) Spanish Rice (43) Fresh Fruit & Salad Bar
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## JANUARY 14 – JANUARY 18

Donut Breakfast Bites (38) Turkey Corn Dog (30) Orange & White Fries (13) Fresh Fruit & Salad Bar	Ham/Cheese Combo Bar (8) Taco in a Bag (23) Refried Beans (28) Shredded Lettuce/Diced Tomato Fresh Fruit & Salad Bar	Breakfast Pizza (26) Primo Pizza (36) Baked Beans (31) Fresh Fruit & Salad Bar SIDEKICK (20)	Strawberry Pancakes (40) Turkey & Gravy (6) Mashed Potatoes (16) Carrots (7) Roll (15) Fresh Fruit & Salad Bar	Banana Bread (44) Spaghetti w/Meat Sauce (39/0/12) Texas Toast (15) Green Beans (6) Fresh Fruit & Salad Bar
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## JANUARY 21 – JANUARY 25

NO SCHOOL 	Dutch Waffles (43) Nachos (Turkey taco meat, refried beans, cheese, tortilla chip (51) Sweet Corn (12) Fresh Fruit & Salad Bar	Cinnamon Roll (39) Pizza Cheese Stix (31) w/Dipping Sauce (10) 4Way Veggies (11) Fresh Fruit & Salad Bar	Cheese Omelet w/Fresh Roll (1/26) (Turkey) Ham & Cheese On Croissant (12) Baked Tots (17) Fresh Fruit & Salad Bar	Apple Cinnamon Crumble (51) Mini Corn Dogs (33) Loopy Fries (20) Salad Bar SIDEKICK (20) Fresh & Canned Fruit
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## JANUARY 28 – JANUARY 31


Breakfast Wrap (14) Cheese Lasagna Roll (22) Texas Toast (15) Steamed Crisp Peas (12) Fresh Fruit & Salad Bar	Banana Mini Pancakes (37) Boneless Wings (13) Dip / Roll (15) Orange & White Fries (13) Fresh Fruit & Salad Bar	Chocolate Donut Pack (39) Primo Pizza (36) Green Beans (6) Fresh Fruit & Salad Bar	Cinnamon Bagel Bar (32)  Manager's Choice
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Welcome to 2019! Hope it's the best yet



# JANUARY 2019 6-8 MENU


## JANUARY 7 – JANUARY 11

NO SCHOOL – Teacher Work Day 	Maple French Toast (27) Chicken Fajita Salad/Breadstix (23) Corn Dog w/Chips (30/16) Ranch Beans (20) Fresh Fruit & Salad Bar	Pancake & Sausage Sandwich (19) Asst Primo Pizza (36) Cheeseburger (31) Baked Tots (17) Fresh Fruit & Salad Bar SIDEKICK (20)	Yogurt (19) Cereal Bar (27) Popcorn Chicken Bowl (32) Turkey & Gravy (6) Biscuit (31) Sweet Corn (17) Fresh Fruit & Salad Bar	Apple Frudel (36) Asst Primo Pizza (36) Beefy Mac (36) Texas Toast (14) Peas and Carrots (9) Fresh Fruit & Salad Bar
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## JANUARY 14 – JANUARY 18

Mini Cinnis (39) Asst Primo Pizza (36) Boneless Wings w/ Buffalo Dipping Sauce & Roll (13/15) Baked Beans (31) Fresh Fruit & Salad Bar	Breakfast Pizza (26) (2) Egg Rolls (40) Sloppy Joe on Bun (13/29) Loopy Fries (20) Fresh Fruit & Salad Bar Homemade Cookie (27)	Ham/Cheese Combo Bar (8) Asst Primo Pizza BLT Grilled Chicken Patty on WW Bun (11/29) Baked Sweet Potato Tots (32) Fresh Fruit & Salad Bar	Powdered Donut Pack (39) Spicy Chicken Tenders (17) Roll (15) Thick Sliced Turkey on Croissant (12) Baked Beans (31) Fresh Fruit & Salad Bar	Donut Breakfast Bites (38) Asst Primo Pizza (36) Charbroiled Hamburger (1//26) w/ Lettuce/Tomato/Pickle Baked Fries (14) Fresh Fruit & Salad Bar
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## JANUARY 21 – JANUARY 25

NO SCHOOL 	Strawberry Pancakes (40) Chicken Nuggets (10) Roll (15) Mini Corn Dogs (33) Baked Sweet Potato Fries (32) Fresh Fruit & Salad Bar	Breakfast Burrito (16) Asst Primo Pizza (36) Nachos Bites (32) Corn on the Cob (18) Fresh Fruit & Salad Bar	Banana Bread (44) Baked Potato (42) w/Chili & Cheese (36/6) Roll (15) Chicken Cesar Salad/Breadstick (23) Broccoli w/ or w/out Cheese (4/6) Fresh Fruit & Salad Bar	Muffin Top (26) Asst Primo Pizza (36) Super Nachos (51) Black Bean & Corn Salad (24) Fresh Fruit & Salad Bar
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## JANUARY 28 – JANUARY 31

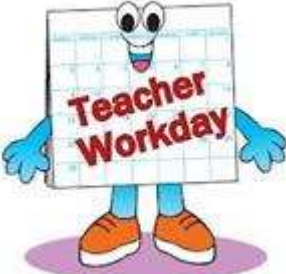
Dutch Waffles (43) Cheesy Breadstix (31) w Dipping Sauce (10) Teriyaki Chicken (8) Vegetable Fried Rice (55) Stir Fry Vegetables (5) Fresh Fruit & Salad Bar	Cinnamon Roll (39) Spicy Chicken on Bun (17/29) Buffalo Popcorn Chicken Bites (18) Roll (15) Seasoned Curley Fries (19) Fresh Fruit & Salad Bar	Apple Cinnamon Crumble (51) Asst Primo Pizza (36) Turkey & Swiss on Pretzel Bun (36) Ranch Beans (20) Fresh Fruit & Salad Bar	Chocolate Donut Pack (39) (2) Enchiladas (19) (2) Beef & Cheese Tacos (1/17) Sweet Corn (17) Fresh Salsa Fresh Fruit & Salad Bar
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# 9 - 12 MENU



## JANUARY 7 – JANUARY 11

<p>NO SCHOOL – Teacher Work Day</p> 	<p>Maple French Toast (27)                  RAM CART: Charbroiled Hamburger (1/29) Chips (16) Ranch Beans (20) &amp; Fruit                  COPA CAFÉ: Hot Wings (1) Ranch Beans (20) Roll (15) Fruit                  STATION 1: Asst Pizza (36)                  STATION 2: Spicy Chicken (17/29)                  STATION 3: Sweet &amp; Sour Meatballs on Homemade Sub Roll (26/44))                  Loopy Fried (20)                  Carrot Confetti Salad (5) recipe #11                  STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>Pancake &amp; Sausage Sandwich (19)                  RAM CART: Build Your Own Sub w/ Sliced Turkey on Fresh Sub Roll (2/44) Salad/Fruit                  COPA CAFÉ: Pizza Wedges (36) Garden Salad &amp; Fruit                  STATION 1: Asst Pizza (36)                  STATION 2: (turkey) Ham &amp; Cheese on Croissant (12)                  STATION 3: Grande Beef Hot Dog (2/29)                  Chips (16) Baked Beans (34)                  STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>Yogurt (19) Cereal Bar (27)                  RAM CART: Spicy Chicken on Bun (17/26) Fries (14) Salad &amp; Fruit                  COPA CAFÉ: Jalapeno Burger (1/29) Baked Tots (19) Salad/Fruit                  STATION 1: Asst Pizza (36)                  STATION 2: Tangerine Chicken w/Asian Rice (25/32)                  STATION 3: (2) Egg Rolls (40) Asst Dip/ Asian Rice Sweet Corn (17)                  STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>Apple Frudel (36)                  RAM CART: Chicken Cesar Salad (21) Texas Toast (14) Fruit/SIDEKICK (20)                  COPA CAFÉ: Pizza Cheese Stix (31) w/Dipping Sauce (10) Fresh Veggie w/Ranch Dip (3) SIDEKICK (20)                  STATION 1: Asst Pizza (36)                  STATION 2: Buffalo Chicken Bites (16)                  STATION 3: Salisbury Stead (4) Mashed Potatoes/Gravy (7/5) Peas &amp; Carrots (9) Roll (15)                  STATION 4: Fruit/Salad Bar</p>
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## JANUARY 14 – JANUARY 18

<p>Breakfast Pizza (26)                  RAM CART: French Bread Pizza (35.2) Garden Fresh Salad &amp; Fruit                  COPA CAFÉ: Mini Corn Dogs (33) Baked Wedges (18)/Salad/Fruit                  STATION 1: Asst Pizza (36)                  STATION 2: Buffalo Chicken Strips (17)                  STATION 3: BBQ Glazed Chicken (6)                  Biscuit (32) Ranch Beans (20)                  STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>Scrambled Egg/Hashbrown/Tortilla                  RAM CART: Grilled Chicken on Bun (9/29) Sweet Potato Tots (32)Salad &amp; Fruit                  COPA CAFÉ: Buffalo Boat (40) Roll (15) Salad &amp; Fruit                  STATION 1: Asst Pizza (36)                  STATION 2: &amp; STATION 3: Popcorn Chicken Bowl Roll (15)                  Sweet Corn (21)                  STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>Ham/Cheese Combo Bar (8)  <b>HAPPY BIRTHDAY BELLA</b>                  RAM CART: Grande Hot Dog (2/29) Baked Beans (31) Salad &amp; Fruit                  COPA CAFÉ: Pulled Pork BBQ on Lg Sub Roll/Beans/Salad/Fruit                  STATION 1: Asst Pizza (36)                  STATION 2 &amp; STATION 3: Super Nachos                  Happy Birthday Cupcake                  STATION 4: Fresh Fruit &amp; Salad Bar</p>	<p>Powdered Donut Pack (39)                  RAM CART: Chicken Nuggets (1) Mini Muffin (26) Corn on the Cob (18) Salad option &amp; Fruit                  COPA CAFÉ: Spicy Chicken on Bun (18/29) Corn on the Cob (18) Salad option &amp; Fruit                  STATION 1: Asst Pizza (36)                  STATION 2: Mac &amp; Cheese (24) Pretzel (36)                  STATION 3: Cesar Chicken Salad (17) Toast (14)                  Green Beans (6)                  STATION 4: Fresh Fruit/Salad Bar</p>	<p>Breakfast Donut Bites (38)                  RAM CART: Breaded Chicken Patty/Swiss on Pretzel Bun w/Marinara (opt) (11/3/8) Fries/Salad &amp; Fruit                  COPA CAFÉ: Nacho Bites (8 serv.32) Fries/Salad &amp; Fruit                  STATION 1: Asst Pizza (36)                  STATION 2: Bowl of Homemade Stew (4/9) Cornbread (16)                  STATION 3: Street Walking Taco (turkey) taco meat in Flatbread (3/28)                  STATION 4: Fresh Fruit &amp; Salad Bar</p>
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JANUARY 21 – JANUARY 25

NO SCHOOL	Strawberry Pancake (40)	Breakfast Burrito (16)	Banana Bread (44)	Muffin Top (26)
	RAM CART: Corn Dog (30) Ranch Beans (20) Salad/Fruit COPA CAFÉ: Italian Sub (1/44) Chips (16) Salad/Fruit STATION 1: Asst Pizza (36) STATION 2: Pasta with Meat Sauce (40) Toast (14) STATION 3: Crispy Chicken Salad (17) Texas Toast (14) Green Beans (6) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Build Your Own (2) Beef & Cheese Tacos (21) Sweet Corn (21) Salad/Fruit COPA CAFÉ: Boneless Wings (13) Hot Wing Sauce/Roll/Salad & Fruit STATION 1: Asst Pizza (36) STATION 2: Breakfast for Lunch Scrambled Eggs w/Ham & Cheese (1) Muffin (26) STATION 3: Spicy Chicken on Bun (17/29) Baked Tots (17) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Hot Wings (1) Roll (15) Baked Tots (17) Salad/Fruit COPA CAFÉ: Pizza Sticks/Dip (31/8) Baked Tots (17) Salad/Fruit STATION 1: Asst Pizza (36) STATION 2: Sloppy Joe (13/29) Chips (16) STATION 3: (2) Tostada (26) Sweet Corn STATION 4: Fresh Fruit & Salad Bar	RAM CART: Chicken Nuggets (10) Curly Fries (20) Salad/Fruit COPA CAFÉ: Mini Corn Dogs (30) Curly Fries/Salad & Fruit STATION 1: Asst Pizza (36) STATION 2: STATION 3: Manager's Choice STATION 4: Fresh Fruit & Salad Bar

JANUARY 28 – JANUARY 31

Dutch Waffles (43)	Cinnamon Roll (39)	Apple Cinnamon Crumble (51)	Chocolate Donut Pack (39)
RAM CART: Cheeseburger (1/1/29) Baked Beans (31) Salad/Fruit COPA CAFÉ: Buffalo Chicken Strips (17) Baked Beans/Salad & Fruit STATION 1: Asst Pizza (36) STATION 2 & 3: Taco in a Bag (28) Corn on the Cob (18) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Grilled Chicken/Swiss on Bun (9/1/29) Baked Fries/Salad/Fruit COPA CAFÉ: Cheeseburger (1/1/29) Baked Fries/Salad & Fruit STATION 1: Asst Pizza (36) STATION 2: Asian Buffalo Chicken (17) Asian Rice (32) STATION 3: Pulled Pork BBQ on Sub Steamed Broccoli (5) STATION 4: Fresh Fruit & Salad Bar	RAM CART: (turkey) Ham & Cheese Croissant (12) Salad/Tots/Fruit COPA CAFÉ: French Bread Pizza (34) Salad/Ranch & Fruit STATION 1: Asst Pizza (36) STATION 2: Homemade Chili w/Tostitos Scoops STATION 3: Mac & Cheese (24) Roll (15) & Green Beans (6) STATION 4: Fresh Fruit & Salad Bar	RAM CART: (2) Egg Rolls (40) Asst Dip Sweet Corn/Salad/Fruit COPA CAFÉ: Hot Wings/Roll/Corn/Salad & Fruit STATION 1: Asst Pizza (36) STATION 2: Chicken Alfredo (51) STATION 3: Italian Pasta Bake – Recipe 28 Texas Toast (14) Fresh Steamed 4 way Veggies STATION 4: Fresh Fruit & Salad Bar

Wishing EVERYONE a great 2019!!

National School Breakfast and Lunch Program. We are an equal opportunity employer and provider. Menu subject to change

