



NOVEMBER PRESCHOOL

November 1

Mini Blueberry Muffin (26) / 1% White Milk


November 5 – November 9

Apple Slices (15) & Cheese Stick (1)	Danimals Strawberry Yogurt (9) & Despicable Me Graham Crackers (21)	Apple Cinnamon Rice Krispy Chewy Granola Bar (27)
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November 12 – November 16

NO SCHOOL  Veteran's Day Observed	Hard Boiled Egg (1) ½ cup Orange Slices (6)	Cornbread Super Star (23) 100% Apple Juice (14)
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November 10 – November 23

½ cup Grape Pack (13.5) Whole Grain Goldfish Crackers (14)	Turkey Holiday Cookie (10) 100% Apple Juice (14)	NO SCHOOL  Happy Thanksgiving
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November 26 – November 30

Heartzels (16) 100% Apple Juice (14)	Mini Banana Loaf (28) 1% White Milk	Assorted Cereal (21) 1% White Milk
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21ST CENTURY SNACKS


November 1 – November 2

Cheez Its (24) 100% Fruit Juice (14)	Cocoa Krispy Cereal Bar (27) 1% White Milk
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November 5 – November 9

WG Brownie (32) 1% White Milk	Baked Cool Ranch Doritos (20) 100% Fruit Juice (14)	Strawberry Nutri-Grain Bar (29) 1% White Milk	Pretzel Goldfish (16) 100% Fruit Juice (14)
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November 12 – November 16

NO SCHOOL  Veteran's Day Observed	Cheez Puffs (13) 1% White Milk	Cheddar Chex Mix (36) 100% Fruit Juice (14)	String Cheese & HoneyGraham Pk(1/11) 100% Fruit Juice (14)
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November 19 – November 23

Baked Lays Potato Chips (24) 100% Fruit Juice (14)	Turkey Holiday Cookie (10) 1% White Milk	Wednesday/Thursday/Friday <i>Happy Thanksgiving</i>
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November 26 – November 30

String Cheese & WG Saltine Crackers (1/10) 1% White Milk	Baked Cool Ranch Doritos (20) 100% Fruit Juice (14)	Cheeto Puffs (13) 100% Fruit Juice	WG Brownie (32) 1% White Milk
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This institution is an equal opportunity employer and provider. Substitutions may be made based on availability. Menu subject to change



K - 5 MENU




November 1 & November 2

Pancake & Sausage on a Stick (17) Chicken Patty on Bun (11/29) Lettuce/Tomato Ranch Beans (22) Fresh Fruit & Salad Bar	Scrambled Egg, Hashbrown w/Tortilla (1/15/26) (2) Cheese Filled Pizza Stix (31) w/Dipping Sauce (10) Baked Potato Smiles (20) Fresh Fruit & Salad Bar Watermelon Sour
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November 5 – November 9

Apple Frudel (36) Mesquite Chicken Drumstick (3) Baked Fries (14) Dinner Roll (15) Fresh Fruit & Salad Bar	Yogurt (19) Cereal Bar (27) Nacho Bites (32) Sweet Corn (21) Spanish Rice (43) Fresh Fruit & Salad Bar	Mini Cinnis (39) Nardone's Stuffed Crust Pizza (36) Green Beans (6) Fresh Fruit & Salad Bar	Ham/Cheese Combo Bar (8) Mini Cheeseburger Pk (36) Baked Sweet Potato Tots (14) Fresh Fruit & Salad Bar	Powdered Donut Pack (39) Manager's Choice
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November 12 – November 16

NO SCHOOL Veteran's Day Observed 	Zucchini Bread (44) Spaghetti w/Meat Sauce (29/1/12) Texas Toast (16) 4 Way Veggies (11) Fresh Fruit & Salad Bar SIDEKICK (20)	Breakfast Burrito (16) Pepperoni Pizza (36) Baked Beans (31) Fresh Fruit & Salad Bar	Strawberry Pancakes (40) Taco in a Bag (23) Refried Beans (28) Shredded Lettuce/Tomato/Cheese Fresh Fruit & Salad Bar	Donut Breakfast Bites (38) Turkey Corn Dog (30) Orange & White Fries (13) Fresh Fruit & Salad Bar
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November 19 – November 23

Maple French Toast (27) LUCKY TRAY Turkey Shaped Nuggets (10) Sweet Carrots (7) Roll (15) Fresh Fruit & Salad Bar	Pancake & Sausage Sandwich (19) Turkey & Gravy (6) Mashed Potatoes (16) Sweet Peas (5) Honey Wheat Roll (26) Fresh Fruit & Salad Bar Turkey Holiday Cookie (1 grain/10)	WEDNESDAY THURSDAY & FRIDAY <i>Happy Thanksgiving</i> 		
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November 26 – November 30

Dutch Waffles (43) Cheeseburger (1/1/29) Lettuce/Tomato/Pickle Ranch Beans (22) Chips (16) Fresh Fruit & Salad Bar	Breakfast Sandwich (31) Pizza Cheese Stix (31) w/Dipping Sauce (10) Peas & Carrots (9) Fresh Fruit & Salad Bar	Cinnamon Roll (39) Nachos (turkey) Taco meat (3 oz) Shredded Cheese/Tortilla Chips (31/1/19) Sweet Corn (21) Fresh Fruit & Salad Bar	Coffee Cake (53) Mini Corn Dogs (33) Loopy Fries (20) Salad Bar SIDEKICK (20) Fresh & Canned Fruit	Cheese Omelet w/Fresh Roll (1/26) Hot Ham & Cheese on Croissant (1/2/30) Green Beans (6) Fresh Fruit & Salad Bar Homemade Chocolate Chip Cookie
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November 6 - 8 MENU


November 1 – November 2

Pancake & Sausage on a Stick (17) Spicy Chicken Strips/Roll (17/15) Mini Corn Dogs (18) Ranch Beans (22) Fresh Fruit & Salad Bar	Scrambled Egg, Hashbrown w/Tortilla (1/15/26) Asst Primo Pizza (36) Beefy Mac (36) Texas Toast (14) 4 way Veggies (11) Fresh Fruit & Salad Bar
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November 5 – November 9

Apple Frudel (36) Asst Primo Pizza (36) Boneless Wings w/Buffalo Dipping Sauce & Roll (13/15) Sweet Potato CrossFries (26) Fresh Fruit & Salad Bar	Yogurt (19) Cereal Bar (27) Chicken Fajita Salad/Breadstix (23) Corn Dog w/Chips (30/16) Baked Beans (31) Fresh Fruit & Salad Bar	Mini Cinnis (39) Asst Primo Pizza (36) Cheeseburger (31) Baked Tots (17) Fresh Fruit & Salad Bar SIDEKICK (20)	Ham/Cheese Combo Bar (8) (2) Egg Rolls (40) Sloppy Joe on Bun (13/29) Loopy Fries (20) Fresh Fruit & Salad Bar Homemade Cookie (27)	Powdered Donut Pack (39) Asst Primo Pizza (36) (turkey) Ham & Cheese On Croissant (12) Sweet Carrots (6) Fresh Fruit & Salad Bar
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November 12 – November 16

NO SCHOOL Veteran's Day Observed 	Zucchini Bread (44) Chicken Patty/Swiss on Pretzel Bun w/Marinara (optional) (11/3/36/8) Popcorn Chicken Bowl (32) w/Biscuit (31) Sweet Corn (21) Fresh Fruit & Salad Bar	Breakfast Burrito (16) Asst Primo Pizza (36) Meatball Sub (28) Fresh Steamed Veggies (6) Fresh Fruit & Salad Bar Watermelon Sour	Strawberry Pancakes (40) Chicken Cesar Salad (21) Chicken Nuggets (10) Texas Toast (14) Seasoned Curly Fries (19) Fresh Fruit & Salad Bar	Donut Breakfast Bites (38) Asst Primo Pizza (36) Buffalo Chicken Bites (16) w/ Ranch Dip (1) & Roll (15) Peas and Carrots (9) Fresh Fruit & Salad Bar
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November 19 – November 23

Maple French Toast (27) Asst Primo Pizza (36) Nacho Bites (8 ct/36) Corn on the Cob (18) Fresh Fruit & Salad Bar	Pancake & Sausage Sandwich (19) Roast Turkey Dinner Mashed Potatoes/Gravy Sweet Peas(5) Honey Wheat Roll(26) Fresh Fruit & Salad Bar Turkey Holiday Cookie (1 grain)	WEDNESDAY THURSDAY FRIDAY <i>Happy Thanksgiving</i> 
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November 26 – November 30

Dutch Waffles (43) (NEW) 5" WW deep Dish Cheese Pizza (33)w/Green Beans (6) (2) Enchiladas (19) with Sweet Corn (21) Fresh Fruit & Salad Bar	Breakfast Sandwich (31) Flamebroiled Hamburger (1/29) Chicken Strips w/BBQ or Ranch Dip / Roll (15) Baked Beans (31) Fresh Fruit & Salad Bar	Cinnamon Roll (39) Asst Primo Pizza (36) Chicken Alfredo (51) w/Texas Toast Sweet Carrots (7) Fresh Fruit & Salad Bar	Coffee Cake (53) Hot Dog on Bun (2/27) (2) Cheesy Breadstix (31) w/Dipping Sauce (10) Baked Tots (17) Fresh Fruit & Salad Bar	Cheese Omelet w/Fresh Roll (1/26) Asst Primo Pizza (36) Manager's Choice
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9 - 12 MENU




November 1 – November 2

<p>Honey Wheat Biscuits w/Country Gravy (30/5)</p> <p>RAM CART: Build Your Own Sub w/Thick Sliced Turkey & Fresh Sub Roll (2/44) Salad (optional) and Fruit</p> <p>COPA CAFÉ: 5” Deep Dish Cheese Pizza (33) Garden Salad/Ranch & Fruit</p> <p>STATION 1: Asst Pizza (36)</p> <p>STATION 2: Spicy Chicken on Bun (17/29)</p> <p>STATION 3: Sweet & Sour Meatballs (1/18) w/ Homemade Honey Wheat Roll (26)</p> <p>Ranch Beans (20)</p> <p>Carrot Confetti Salad (5)</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>	<p>Scrambled Egg, Hashbrown w/Tortilla (1/15/26)</p> <p>RAM CART: Chicken Cesar Salad (21) Texas Toast (14) & Fruit</p> <p>COPA CAFÉ: Pizza Cheese Stix (31) w/Dipping Sauce</p> <p>Fresh Broccoli & Cauliflower Bites w/Low Fat Ranch Dip & Fruit</p> <p>STATION 1: Asst Pizza (36)</p> <p>STATION 2: Crispy Fish Sandwich (2/29) Cole Slaw</p> <p>STATION 3: (2) Enchiladas (19)</p> <p>Sweet Corn (21)</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>
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November 5 – November 9

<p>Apple Frudel (36)</p> <p>RAM CART: French Bread Pizza (35.2) Garden Fresh Salad & Fruit</p> <p>COPA CAFÉ: Mini Corn Dogs (33)</p> <p>Baked Wedges (18) & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Buffalo Chicken Strips (17)</p> <p>STATION 3: BBQ Glazed Chicken (6)</p> <p>Honey Wheat Biscuit (30)</p> <p>Baked Beans (31)</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>	<p>Breakfast Pizza (26)</p> <p>RAM CART: Grilled Chicken/Swiss on Bun (9/1/29)</p> <p>Sweet Potato Tots (32)</p> <p>Veggie Tray/Fruit</p> <p>COPA CAFÉ: Buffalo Boat (40)</p> <p>Roll Salad & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Asian Buffalo Chicken (17) Asian Rice (55)</p> <p>STATION 3: Mac & Cheese (24)</p> <p>Pretzel (36)</p> <p>USDA Stir Fry Vegetables (5)</p> <p>STATION 4: Fresh Fruit /Salad Bar</p>	<p>Mini Cinnis (39)</p> <p>RAM CART: Grande Hot Dog (2/29) Baked Beans (31) Salad (optional) & Fruit</p> <p>COPA CAFÉ: Jalapeno Burger (31)</p> <p>Baked Lattice Fries (22) Salad (optional) & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2 & 3: Popcorn</p> <p>Chicken Bowl</p> <p>Biscuit (32)</p> <p>Sweet Corn (17)</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>	<p>Ham/Cheese Combo Bar (8)</p> <p>RAM CART: Chicken Nuggets (10)</p> <p>Mini Muffin (26) Corn on the Cob (18) Salad (optional) & Fruit</p> <p>COPA CAFÉ: Chicken Patty/Swiss on Bun (18/1/29) Corn on the Cob/Salad (optional) & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Enchilada Casserole (NEW) (26/4/3)</p> <p>STATION 3: Italian Pasta Bake (25) w/Texas Toast (14)</p> <p>Veg. Blend Roasted</p> <p>Corn/BlackBeans Side</p> <p>STATION 4: Fresh Fruit/Salad Bar</p>	<p>Powdered Donut Pk (39)</p> <p>RAM CART: Breaded Chicken Filet /Swiss on Pretzel Bun w/Marinara (optional) (11/3/36/8) Baked Fries /optional) Salad/ Fruit</p> <p>COPA CAFÉ: Nacho Bites (8 serv.32) (optional) Salad Fries/Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Pulled Pork BBQ on Large Sub Roll</p> <p>STATION 3: (2) Egg Rolls (40)</p> <p>Honey Mustard Dip</p> <p>Baked Fries (14)</p> <p>STATION 4: Fresh Fruit & Salad Bar</p>
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November 12 – November 16

<p>NO SCHOOL Veteran’s Day Observed</p> 	<p>Breakfast Burrito (16)</p> <p>RAM CART: Cheeseburger (1/1/29)</p> <p>Ranch Beans (20) Veggie Tray & Fruit</p> <p>COPA CAFÉ: Buffalo Chicken Strips (17)</p> <p>Ranch Beans (20) Salad (optional) & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2 & 3: Taco in a Bag (28)</p> <p>Sweet Corn (17)</p> <p>STATION 4: Fresh Fruit/Salad Bar</p>	<p>Scrambled Eggs/Bacon/FlatBread(30)</p> <p>RAM CART: Hot Wings (1) Roll (15) Baked Tots (17) Veggie Stix/Fruit</p> <p>COPA CAFÉ: Pizza Sticks/Dip (31/8) Baked Tots (17) Salad (optional) & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Breakfast for Lunch</p> <p>Scrambled Eggs w/Ham & Cheese (1) Mini Muffin (26)</p> <p>STATION 3: Spicy Chicken on Bun (17/29)</p> <p>Baked Tots (17)</p> <p>STATION 4: Fresh Fruit/Salad Bar</p>	<p>Coffee Cake (53)</p> <p>RAM CART: Buffalo Popcorn Chicken w/Ranch Dip (16/2) Orange & White Fries (13) Salad/Fruit</p> <p>COPA CAFÉ: Boneless Wings (13) Hot Wing Sauce/Roll/Orange & White Fries Salad & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Chicken Tender Wrap (17/30)</p> <p>STATION 3: Cesar Chicken Salad (17) Texas Toast (14)</p> <p>Orange & White Fries</p> <p>STATION 4: Fresh Fruit and Salad Bar</p>	<p>Cherry Frudel (36)</p> <p>RAM CART: (turkey) Ham & Cheese on Croissant (12) Tots/Salad & Fruit</p> <p>COPA CAFÉ: French Bread Pizza (34) Salad/Ranch & Fruit</p> <p>STATION 1: Asst Pizza</p> <p>STATION 2: Homemade Chili (36) w/ Bag of Baked Tostito Scoops (19)</p> <p>STATION 3: Sloppy Joe (13/29) Tostito Scoops and Baked Beans (31)</p> <p>STATION 4: Fresh Fruit And Salad Bar</p>
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November 19 – November 23

<p>Cereal Bar & Yogurt (27/19) RAM CART: Baked Potato Bar/Salad/Roll & Fruit COPA CAFÉ: Grande Hot Dog (2/21) Wedges (20) Salad/Fruit STATION 1: Asst Pizza STATION 2: Homemade Bean Burrito w/ or w/out Green Sauce (58/16) STATION 3: (2) Enchiladas (26) Sweet Corn (17) Fresh Fruit & Salad Bar Turkey Holiday Cookie (1 grain/10)</p>	<p>Pancake & Sausage Sandwich (19) RAM CART: Texas Burger Corn on the Cob Salad & Fruit COPA CAFÉ: Closed STATION 1: Asst Pizza STATION 2 & 3: Roast Turkey Dinner w/ALL the Trimmings! Mashed Potatoes/Gravy/Stuffing Green Peas (12) Roll(15) Cranberry Sauce Small Salad Bar Offerings Pumpkin Pie w/Topping (50)</p>	<p>WEDNESDAY THURSDAY FRIDAY</p> 
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November 26 – November 30

<p>Dutch Waffles (43) RAM CART: Taco Bar/Garnish/Corn Shredded Lettuce/Tomato/Salsa SIDEKICK COPA CAFÉ: Hot Ham & Cheese on Croissant (1/2/30) Sweet Potato Tots/Salad/SIDEKICK STATION 1: Asst Pizza STATION 2: Flamebroiled Hamburger (1/26) STATION 3: Spicy Chicken Salad/Texas Toast (17/14) Sweet Potato Fries (25) SIDEKICK (22) STATION 4: Fresh Fruit & Salad Bar</p>	<p>Breakfast Sandwich (31) RAM CART: Pasta w/ Meat Sauce (40) Toast (14) Fresh Salad/Fruit COPA CAFÉ: Italian Sub (1/44) Chips (16) Lettuce/Tomato/Veggie Stix & Fruit STATION 1: Asst Pizza STATION 2: Thick Sliced Turkey on Sub Roll STATION 3: Pot Roast with Cornbread (26/23) Baked Fries STATION 4: Fresh Fruit & Salad Bar</p>	<p>Cinnamon Roll (39) RAM CART: Spicy Chicken on Bun (17/26) Baked Sweet Potato Tots/Salad/Fruit COPA CAFÉ: Bean & Cheese Burrito (39) Corn/Salad/Fruit STATION 1: Asst Pizza STATION 2: Teriyaki Chicken w/Asian Rice (55) STATION 3: Baked Potato w/Toppings Broccoli (4) w/ or w/out Cheese (6) STATION 4: Fresh Fruit & Salad Bar</p>	<p>Ham/Cheese Combo Bar (8) RAM CART: 5” Deep Dish Cheese Pizza (33) Salad & Fruit COPA CAFÉ: Hot Wings (1) Roll Baked Beans (31) Salad/Fruit STATION 1: Asst Pizza STATION 2 & 3: Super Nachos Sweet Corn Fresh Fruit & Salad Bar</p>	<p>Chocolate Donut Pack (36) RAM CART: Chicken Nuggets (10) Curly Fries/Salad/Fruit COPA CAFÉ: Mini Corn Dogs (30) Curly Fries/Salad/Fruit STATION 1: Asst Pizza STATION 2: & STATION 3: Manager’s Choice STATION 4: Fresh Fruit & Salad Bar</p>
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