




NOVEMBER PRE-SCHOOL MENU

FEEDING BODIES / FUELING MINDS

Week of October 31 through November 4

Monday, October 31	Elf Graham Crackers (21) 1% or Fat Free Milk (11)	Blueberry Mini Muffin (43) 1% or Fat Free Milk (11)
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Week of November 7 through November 11

Cheez Its (14) 1% or Fat Free Milk (11)	Cereal (19) 1% or Fat Free Milk (11)	NO SCHOOL 
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Week of November 14 through November 18

Rice Krispy Bar (16) 1% or Fat Free Milk (11)	Oven Baked Cheetos (17) 1% or Fat Free Milk (11)	Mini Banana (33) 1% or Fat Free Milk (11)
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Week of November 21 through November 25

Poptart / 1 count (38) 1% or Fat Free Milk (11)	Orange Wedges (15) 1% or Fat Free Milk (11)	Thanksgiving Holiday 
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November 28 and November 30

Strawberry Yogurt (19) 100% Juice (15)	Manager's Choice 1% or Fat Free Milk (11)
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This institution is an equal opportunity employer and provider. Substitutions may be made based on availability. Have a GREAT November!!!



21ST CENTURY SNACK MENU




FEEDING BODIES / FUELING MINDS

Week of October 31 through November 4

Monday	Tuesday	Thursday	Friday
October 31	Cheez Its (14) Juice Box (15)	Rice Krispy Treat (16) 1% or Fat Free Milk (11)	Brownie (42) 1% or Fat Free Milk (11)


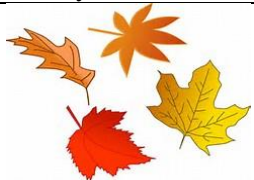
Week of November 7 through November 11

Monday	Tuesday	Thursday	Friday / No School
Baked Nacho Cheese Doritos (16) 1% or Fat Free Milk (11)	Apple Slices (14) Cheese Stick (1) Juice Box (15)	Nutri Grain Bar (29) 1% or Fat Free Milk (11)	

November 14 through November 18

Monday	Tuesday	Thursday	Friday
WG Goldfish Crackers (14) Juice Box (15)	Poptart / 1 count (38) 1% or Fat Free Milk (11)	Goldfish Pretzels (16) Juice Box (15)	Hot & Spicy Goldfish (14) 1% or Fat Free Milk (11)

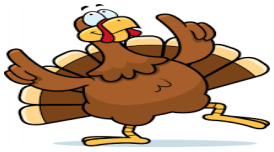
November 21 through November 25

Monday	Tuesday	Thursday – No School	Friday – No School
Rice Krispy Treat (16) 1% or Fat Free Milk (11)	Baked Nacho Cheese Doritos (16) 1% or Fat Free Milk (11)		

November 28, November 29 & November 30

Monday	Tuesday	Wednesday
Cheese Puffs (14) Juice Box (15)	Banana (33) 1% or Fat Free Milk (11)	Brownie (42) 1% or Fat Free Milk (11)

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NOVEMBER MENU K-6




FEEDING BODIES / FUELING MINDS

Week of October 31 through November 4

Monday/October 31 	Apple Frudel (36) Cheesy Max Stix (31) w/ Dipping Sauce (10) 3 way Veggies (6) Salad Bar Tropical Fruit (19) Fresh Tangerine (12)	Orange Muffin Top (37) Bean & Cheese Burrito (46) Sweet Corn (17) Mild Salsa Salad Bar Mandarin Oranges (19) Fresh Cut Up Fruit (6)	Pancake/Sausage on Stick (21) Spaghetti (34) w/Meatballs (4) & Sauce (12) Garlic Toast (14) Green Beans (5) Salad Bar Orange Wedges(19)Applesauce(22)	Ham/Cheese Combo Bar (8) Mini Corn Dogs (30) Baked Fries (17) Salad Bar Pears (20) Apple Slices (14) Homemade Cookie (27)
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Week of November 7 through November 11

Buttermilk Bar (39) Chicken Patty on Bun (11/29) Lettuce/Tomato Baked Beans (28) Salad Bar Juice Box (15) Pineapple (20)	Breakfast Pizza (17) Cheese Lasagna Roll (22) Texas Toast (23) Steamed Peas (12) Salad Bar Fruit Cocktail (15) SIDEKICK (20)	Strawberry Pancakes (40) Popcorn Chicken Bites (18) Baked Sweet Potato Tots (32) Salad Bar Banana Half (17) Peaches (12)	Oatmeal w/Fresh Berries (21/17) French Bread Pizza (34) Veggie Stix & LF Dip (2) Ranch Beans (20) Salad Bar Grapes (13) Pears (20)	NO SCHOOL/Veterans Day 
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Week of November 14 through November 18

Banana Bread (44) Mini Ravioli (30) Cheese Breadstick (17) Fresh Steamed Veggies (4) Applesauce (23) Orange Wedges (19)	Biscuits & Gravy (29) Corn Dog (30) Baked Tots (17) Salad Bar Fresh Pear (27) Tropical Fruit (19)	Powdered Donut Pack (39) Pizza Wedge (33) Baked Beans (31) Salad Bar Apple Wedges (14) Mandarin Oranges (19)	Breakfast Burrito (32) FlameBroiled Hamburger (0/29) Baked Fries (17) Salad Bar Jello w/Fruit (17/15) Fresh Fruit	Bagel w/Crème Cheese (26/1) LUCKY TRAY Turkey Shaped Nuggets (13) WW Roll (15) Broccoli/Cheese (2/6) Deli Roasted Potatoes (250) Banana (33) Pears (20)
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Week of November 21 through November 25

Bacon & Cheese on Biscuit (25) Beef Sliders (21) Pork n Beans Salad Bar Small Apple (21) Peaches (12)	Cereal Bar (27) Yogurt (19) Turkey & Gravy (2) Mashed Potatoes (16) WW Roll (15) Sweet Peas (12) Salad Bar/Mandarin Oranges (19) Pumpkin Pie (46)	Zucchini Bread (43) Cook's Choice	THANKSGIVING 	NO SCHOOL NO SCHOOL
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November 28, November 29 and November 30

Cherry Frudel (36) Hot (Turkey) Ham & Cheese on Croissant (12) Sweet Corn (17) Salad Bar Fresh Fruit / Pears (20)	Biscuits & Gravy (29) Chicken Strips / Dip (17) WW Roll (15) Baked Tots (17) Juice Box (15) / Applesauce (22)	Breakfast Pizza (17) Pizza Wedge (33) Baked Beans (31) Salad Bar Orange Wedges (19) Peaches (20)
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MENU

7-8




FEEDING BODIES / FUELING MINDS

WEEK OF OCTOBER 31 THROUGH NOVEMBER 4

Monday, October 31 	Apple Frudel (36) NEW! Sweet Chili Thai Chicken (17) w/ Chow Mein (34) BUILD YOUR OWN SUB (13) w/Baked Chips (16) Steamed Veggies (4) Fresh Fruit & Salad Bar	Orange Muffin Top (37) French Bread Pizza (34) Mini Corn Dogs (33) Baked Tots (17) Fresh Fruit * Salad Bar	Pancake/Sausage on Stick (21) (2) Chicken Egg Rolls (40) Honey Mustard Dip (6) Chicken Patty on Bun (23/29) Broccoli/Cheese (2/6) Fresh Fruit & Salad Bar	Ham/Cheese Combo Bar (8) Pizza Stix/Dip (31/10) Bean & Cheese Burrito (41)/Salsa Sweet Corn (17) Fresh Fruit * Salad Bar
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WEEK OF NOVEMBER 7 THROUGH NOVEMBER 11

Buttermilk Bar (39) Asst Pizza (33) Chicken Nuggets (10) Sweet Potato Tots (23) Fresh Fruit & Salad Bar Homemade Cookie (27)	Breakfast Pizza (17) Flamebroiled Hamburger (0/29) Hot Dog on Bun (1/29) Ranch Beans (20) Fresh Fruit * Salad Bar	Strawberry Pancakes (40) Asst Pizza (33) Hot Ham & Cheese on Pretzel Bun (36) Chips (16) Baked Fries (17) Fresh Fruit/SIDEKICK & Salad Bar	Oatmeal w/Berries (21/17) Buffalo Chicken Bites (18) Salisbury Steak (4) Mashed Potatoes/Gravy (16/5) WW Roll (15) Fresh Fruit & Salad Bar	NO SCHOOL 
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WEEK OF NOVEMBER 14 THROUGH NOVEMBER 18

Banana Bread (44) Asst Pizza (33) Chicken Cesar Salad (21) w/Texas Toast (14) Baked Tots (17) Fresh Fruit & Salad Bar	Biscuits & Gravy (29) Boneless Wings (13) w/Buffalo Sauce/WW Roll (15) Chips Sloppy Joe on WW Bun (13/29) Baked Beans (31) Chips Fresh Fruit & Salad Bar	Powdered Donut Pack (39) Asst Pizza (33) Popcorn Chicken Bowl (32) w/Biscuit (32) Corn (17) Fresh Fruit & Salad Bar	Breakfast Burrito (32) Grilled Chicken on Bun (1/29) BREAKFAST 'ROUND THE CLOCK Scrambled Eggs/Sausage (5) Small Cinnamon Roll (40) Hashbrown (14) Fresh Fruit & Salad Bar	Bagel w/Crème Cheese (26/1) Asst Pizza (33) (2) Beef & Cheese Taco (23) Baked or Refried Beans (31/24) Fresh Fruit And Salad Bar
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WEEK OF NOVEMBER 21 THROUGH NOVEMBER 25

Bacon & Cheese on Biscuit (25) Asst Pizza (33) (2) Bean & Cheese Tostada (52) w/Spanish Rice (21) Sweet Corn (17) Fresh Fruit & Salad Bar	Cereal Bar (27) Yogurt (19) Asst Pizza (33) Roast Turkey Dinner w/All the Trimmings Green Peas (12) Mandarin Oranges OR Cranberry Sauce (19/26) Pumpkin Pie (46)	Zucchini Bread (43) Asst Pizza (33) Cooks Choice	THANKSGIVING 	NO SCHOOL NO SCHOOL
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NOVEMBER 28, NOVEMBER 29 AND NOVEMBER 30

Cherry Frudel (36) Asst Pizza (33) Bean & Cheese Burrito (39) Corn (17) SIDEKICK (20) Fresh Fruit & Salad Bar	Biscuits & Gravy (29) Spaghetti w/Meatballs (54) & Texas Toast (14) Meatball Sub/Chips (60/16) Green Beans (5) Fresh Fruit & Salad Bar	Breakfast Pizza (17) Asst Pizza (33) Spicy Chicken on Bun (17/29) Baked Curly Fries (19) Fresh Fruit & Salad Bar
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MENU 9 - 12



FEEDING BODIES/FUELING MINDS

WEEK OF OCTOBER 31 THROUGH NOVEMBER 4

<p>October 31</p> 	<p>Apple Frudel (36) Cheeseburger/Fries/Fruit (31/17) Asst Pizza (33) NEW-Sweet Chili Thai Chicken (17) w/Chow Mein (34) Chicken Cesar Salad/Breadstix (21/23) Steamed Broccoli/Cheese (2/6) Fresh Fruit & Salad Bar</p>	<p>Orange Muffin Top (37) Beef Hot Dog (23/29) Fries (17) Fruit Asst Pizza (33) BREAKFAST 'RD THE CLOCK Scrambled Eggs/Sausage (5) Cinnamon Roll (40) HashBrown (0) Fresh Fruit & Salad Bar</p>	<p>Pancake/Sausage on Stick (21) Hot Wings (1) Biscuit/Corn (32/17) & Fruit Asst Pizza (33) Turkey & Swiss on Pretzel Bun (36) Spicy Chicken on Bun (46) Baked Curly Fries (19) Fresh Fruit & Salad Bar</p>	<p>Ham/Cheese Combo Bar (8) Nacho Bites (8 serv/32) Tots & Fruit (17) Asst Pizza (33) Homemade Chicken Burrito w/ or w/out Green Sauce (58/16) BBQ Chicken/Roll Ranch Beans (20) Fresh Fruit & Salad Bar</p>
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WEEK OF NOVEMBER 7 THROUGH NOVEMBER 11

<p>Buttermilk Bar (39) Buffalo Nuggets (17) Fries (17)Fruit Asst Pizza (33) Jalapeno Burger (31) Bacon Cheeseburger (31) Potato Wedges Fresh Fruit & Salad Bar</p>	<p>Breakfast Pizza (17) Chicken Tender Wrap (17/30) Fries (17) Fruit Asst Pizza (33) Boneless Wings/Roll (13/15) Lasagna & Roll (24/15) 3way Veggies (6) Fresh Fruit & Salad Bar</p>	<p>Strawberry Pancakes (40) Corn Dog (30) Fries (17) Fruit Asst Pizza (33) (2) Egg Rolls/Honey Mustard (40/6) Chicken Alfredo/Toast (51/23) Broccoli/Cauli Mix (6) Fresh Fruit & Salad Bar</p>	<p>Oatmeal w/Fresh Berries (21/17) Jalapeno Burger (31) Fries (17) Fruit Asst Pizza (33) Reuben Sandwich (16) Meatball Sub (60) Baked Chips (16) Baked Beans (31) Fresh Fruit & Salad Bar</p>	<p>NO SCHOOL/Veterans Day</p> 
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WEEK OF NOVEMBER 14 THROUGH NOVEMBER 18

<p>Banana Bread (44) Spicy Chicken on Bun (17/29) Fries & Fruit Asst Pizza (33) Chicken Fajitas w/Tortilla (26) Flamebroiled Hamburger (10/29) Chili Beans (1 cup (36) Fresh Fruit & Salad Bar</p>	<p>Biscuits & Gravy (29) Pizza Stix/Dip (31/10) Tots (17) & Fruit Asst Pizza (33) Super Nachos (51) Sweet Corn (17) Fresh Fruit & Salad Bar</p>	<p>Powdered Donut Pack (39) Mini Corn Dogs (30) Fries (17) & Fruit Asst Pizza (33) Buffalo Chicken Bites (18) Salisbury Steak (4) Mashed Potatoes/Gravy (16/5) Roll Fresh Fruit & Salad Bar</p>	<p>Breakfast Burrito (32) Chicken Nuggets (10) Fries (17) & Fruit Asst Pizza (33) Hot HamCheese on Pretzel Bun (36) Spicy Chicken Strips (17) Roll (15) Baked Fries (17) Fresh Fruit & Salad Bar</p>	<p>Bagel w/Crème Cheese (26/1) Buffalo Chicken Pizza (35) Corn on the Cob (17) & Fruit Asst Pizza (33) Teriyaki Chicken Strips (9) Roll Mac & Cheese (29) Pretzel (30) Broccoli w/or w/out Cheese (6) Fresh Fruit & Salad Bar</p>
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WEEK OF NOVEMBER 21 THROUGH NOVEMBER 25

<p>Bacon & Cheese on Biscuit (25) Hot Wings (1) Biscuit/Corn (32/17) Fruit Asst Pizza (33) Mini Corn Dogs (33) Hot Dog on Bun (23) Baked Fries (17) Fresh Fruit & Salad Bar</p>	<p>Cereal Bar (27) Yogurt (19) Bean & Cheese Burrito (46) Corn on the Cob (17) Fruit Asst Pizza ROAST TURKEY DINNER w/All the Trimmings Pumpkin Pie Fresh Fruit & Salad Bar</p>	<p>Zucchini Bread (43) Buffalo Popcorn Bites (18) Tots (17) Fruit Asst Pizza Sloppy Joe on WW Bun (13/29) Cook's Choice</p>	<p>THANKSGIVING</p> 	<p>NO SCHOOL</p> <p>NO SCHOOL</p>
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NOVEMBER 28, NOVEMBER 29 AND NOVEMBER 30

<p>Cherry Frudel (36) Pizza Wedge (33) Fries (17) Fruit Pizza Stix/Dip (31/1) Burrito Bowl (0) Lettuce/Tomato & Rice (32) Corn (17) Fresh Fruit & Salad Bar</p>	<p>Biscuits & Gravy Hot Dog on Bun (23) Tots (17) & Fruit Asst Pizza (33) Baked Chicken (7) WW Roll (15) OR Nacho Bites (8perserv) Ranch Beans (20) Fresh Fruit & Salad Bar</p>	<p>Breakfast Pizza (17) Sweet Chili Thai Chicken (17) Fries (17) & Fruit Asst Pizza (33) Bean & Cheese Burrito (46) Taco in a Bag (23) Corn & Black Bean Salad (17) Fruit & Salad Bar</p>
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