



# PRESCHOOL MENU – OCTOBER

## Week of October 3 through October 7 (carbs)

Bug Bite Grahams (21) 1% or Fat Free Milk (11)	Cheez Its (14) 1% or Fat Free Milk (11)	Froot Loops Cereal (24) 1% or Fat Free Milk (11)
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## Week of October 10 through October 14



## FALL BREAK

## Week of October 17 through October 21

Whole Grain Goldfish Crackers (14) 1% or Fat Free Milk (11)	Orange Slices (8) 1% or Fat Free Milk (11)	Rice Krispy Apple Cinnamon Cereal Bar (27) 1% or Fat Free Milk (11)
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## Week of October 24 through October 28

Grape Pack (13) 1% or Fat Free Milk (11)	Oven Baked Cheetos 1% or Fat Free Milk (11)	Manager Choice 1% or Fat Free Milk (11)
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October 31 /

Pumpkin Cookie (20)

1% or Fat Free Milk (11)

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## SNACK MENU AFTERSCHOOL

Week of October 3 through October 7

Poptart Strawberry / 1 count (38) 1% or Fat Free Milk (11)	Cheez-Its (14) Juice Box (15)	Rice Krispy Treat (16) Fat Free or 1% Milk (11)	Lemon Crunch Bar (42) 1% or Fat Free Milk (11)
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Week of October 10 through October 14



FALL BREAK

Week of October 17 through October 21

Banana (33) Fat Free or 1% Milk (11)	Baked Nacho Cheese Doritos (16) 1% or Fat Free Milk	Brownie (42) 1% or Fat Free Milk (11)	Goldfish Pretzels (16) Juice (15)
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Week of October 24 through October 28

Oven Baked Cheetos (17) Fat Free or 1% Milk (11)	Kettle Corn (21) Fat Free or 1% Milk	Grape Pack (15) 1% or Fat Free Milk (11)	String Cheese (1) Juice (15)
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October 31

Pumpkin Cookie (20)

1% or Fat Free Milk (11)



# OCTOBER MENU K-6



## Week of October 3 through October 7

Pancake & Sausage on Stick (23)	Breakfast Pizza (17)	Flatbread Brkfst Sandwich (17)	Biscuits & Gravy (29)	Mini Strawberry Bagels (41)
Hamburger on WW Bun (25)	Turkey Corn Dog (30)	Chicken Rings (12)	Pizza Sticks/Dip (31/10)	Mac & Cheese (29)
Ranch Style Beans (20)	Sweet Corn (17)	WG Biscuit (25)	Green Beans (5)	Texas Toast (14)
Salad Bar	Salad Bar	Baked Tots (17)	Salad Bar	Fresh Steamed Veggies (6)
Banana (33)	Applesauce (22)	Salad Bar	Fruit Cocktail (15)	Salad Bar
Mandarin Oranges (19)	Fresh Pear (20)	Orange Wedges (15) Peaches (12)	Fresh Strawberries (12)	SIDEKICK (20) Apple Wedges (15)

## Week of October 10 through October 14



## FALL BREAK

## Week of October 17 through October 21

Zippy Zucchini Bread (44)	Banana Pancakes (NEW) (37)	Oatmeal w/Fresh Berries (21/7)	Apple Frudel (36)	Breakfast Burrito (32)
Corn Dog (30)	Teriyaki Chicken w/LoMein Noodle Bowl (42)	French Bread Pizza (34)	Beef Sliders (21)	Spaghetti & Meatballs (47/7)
Potato Salad (29) Ranch Beans (20)	Steamed Broccoli (2) Salad Bar	Baked Beans (31)	Baked Sweet Potato Fries (32)	Garlic Toast (14)
Salad Bar	Pineapple (20)	Salad Bar	Salad Br	Green Beans (5)
Pears (20)	Mandarin Oranges (19)	Jello w/Fruit (17/15)	Tropical Fruit (17)	Salad Bar
Banana ½ (17)		Small Apple (15)	Fresh Melon (6)	Grapes (13) Peaches (12)

## Week of October 24 through October 28

Chocolate Donut Pack (39)	Banana Bread (44)	Breakfast Pizza (17)	Bacon & Cheese on Biscuit (25)	Muffin (24) Juice Box (15)
Turkey Hot Dog on Bun (1/20)	Popcorn Chicken Bowl (32)	Big Daddy Pizza	Boneless Wings (13)	Mini Ravioli (30)
Baked Chips (16)	Biscuit (31)	Peas & Carrots (13)	Baked Sweet Potato Tots (32)	Cheese Breadstick (24)
Ranch Beans (20)	Salad Bar	Salad Bar	Salad Bar	Fresh Steamed Veggies (4)
Salad Bar	Applesauce (22)	Pears (20)	Strawberries (12)	Pineapple (20)
SIDEKICK (20) Mixed Fruit (15)	Banana ½ (17)	Fresh Fruit	Peaches (12)	Juice Box (15)

## October 31 ~ Happy Halloween

**Bagel w/Crème Cheese (29/6)**

**LUCKY TRAY/ Bag Wing Nuggets (10) Mashed Potatoes (16) Roll (15) Salad Bar w/Strawberry Applesauce (23) Orange Wedges (15) Pumpkin Cookie (20)**





# MENU 7 - 8



### Week of October 3 through October 7

Pancake & Sausage on Stick (23) Pizza Sticks/Sauce Dip (31/10) Hot Dog on Bun (1/29) Baked Tots (17) Green Beans (5) Fresh Fruit & Salad Bar	Breakfast Pizza (17) Cheeseburger (31) Spicy Chicken on Bun (46) Ranch Beans (20) Fresh Fruit & Salad Bar	Flatbread Brkfst Sandwich (17) Asst Pizza (33) New-Teriyaki Chicken Dippers (9) Roll (15) Sweet Corn (17) Fresh Fruit & Salad Bar	Biscuits & Gravy (29) Chicken Rings (5 serv/12) Salisbury Steak (4) Mashed Potatoes (16) WW Roll (15) Fresh Fruit & Salad Bar	Mini Strawberry Bagels (41) NEW Buffalo Chicken Pizza (35) Sloppy Joe on Bun (13/29) Baked Beans (31) Fresh Fruit & Salad Bar
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### Week of October 10 through October 14



### Week of October 17 through October 21

Zippy Zucchini Bread (44) Asst Pizza (33) Grilled Chicken on Bun (1/29) Baked Wedges (17) Fresh Fruit & Salad Bar	Banana Pancakes (NEW) (37) Mac & Cheese (29) Pretzel (30) Baked Potato (42) w/Chili & Cheese (36/6) Roll (15) Broccoli (2) w/ or w/o cheese (6) Fresh Fruit & Salad Bar	Oatmeal w/Fresh Berries (21/7) Asst Pizza (33) Boneless Wings/Sauce (13) w/ Roll (15) Ranch Beans (20) Cole Slaw (4) Fresh Fruit & Salad Bar	Apple Frudel (36) Chicken Tenders w/Bufalo Sauce & Roll (17/15) Bean & Cheese Burrito (46) Sweet Corn (17) Fresh Fruit & Salad Bar	Breakfast Burrito (32) Asst Pizza (33) Mini Corn Dogs (33) Baked Tots (17) Fresh Fruit & Salad Bar
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### Week of October 24 through October 28

Chocolate Donut Pack (39) Asst Pizza (33) (2) Beef Sliders (21) Baked Beans (31) Fresh Fruit & Salad Bar	Banana Bread (44) Nacho Bites (32) Taco in a Bag (23) Sweet Corn (17) Fresh Fruit & Salad Bar	Breakfast Pizza (17) Asst Pizza (33) Bacon Cheeseburger (1/29) Baked Curly Fries (20) Fresh Fruit & Salad Bar	Bacon & Cheese on Biscuit (25) BLT Chicken Patty on Bun (11/29) Chicken Strips (17) Roll (15) Buffalo Sauce Baked Sweet Potato Tots (320) Fresh Fruit & Salad Bar	Muffin (24) Juice Box (15) Asst Personal Pan Pizza (39) (NEW) Chicken Jalapeno Taco (7 serv/23) Refried Beans (24) Fresh Fruit & Salad Bar
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### October 31



### **Bagel w/Crème Cheese (29/6)**

**Potato Wedge Nachos (48) Spicy Chicken Wrap (17/49) Corn & Black Bean Salad (17) Salsa (3) Pumpkin Cookie (20) Fresh Fruit & Salad Bar**

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# MENU 9 - 12



## Week of October 3 through October 7

Pancake & Sausage on Stick (23) SL: Spicy Chicken on Bun (46) Fries (17) & Fruit NEW Pizza – Buffalo Chicken (35) & 4 Meat (35) Jalapeno Burger (31) Teriyaki Chicken Strips (9) Baked Tots (17) Fresh Fruit & Salad Bar	Breakfast Pizza (17) SL: Pizza Stx/Dip (31/10) Tots (17) & Fruit Asst Pizza (33) Super Nacho (51) Sweet Corn (17) Fresh Fruit & Salad Bar	Flatbread Brkfst Sandwich (17) SL: Nacho Bites (8 serv/32) Corn on the Cob (17) Fruit Asst Pizza (33) Breakfast Rd The Clock Turk. Sausage/Scrambled Eggs (1) Salsa/Hot Sauce/Biscuit (31) Or Hot Dog on Bun (1/20) Baked Tots (17) Fresh Fruit & Salad Bar	Biscuits & Gravy (29) SL: Mini Corn Dogs (30) Fries (17) & Fruit Asst Pizza (33) Turkey & Gravy/Roll (2/15) Chicken Strips/Roll (17/15) Mashed Potatoes (16) Carrots (7) Fresh Fruit & Salad Bar	Mini Strawberry Bagels (41) SL: Cheeseburger (31) Fries (17) & Fruit Asst Pizza (3) Taco in a Bag (23) Homemade Bean Burrito w/ or w/o Green Sauce (58/16) Corn & Black Bean Salad (17) Fresh Fruit & Salad Bar
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## Week of October 10 through October 14



**FALL BREAK**

## Week of October 17 through October 21

Zippy Zucchini Bread (44) SL: Chicken Nuggets (10) Mini Muffin (28) Fries (17) Fruit Asst Pizza (33) (NEW) Sriracha Chicken Nuggets (*5 serv) on WW Sub Roll (20/28) Burrito Bowl (0) Lettuce/Tomato Rice (32) Corn (17) Fruit & Salad Bar	Banana Pancakes (NEW) (37) SL: Hot Wings (1) Biscuit/Corn on the Cob (17) & Fruit Asst Pizza (33) Teriyaki Chicken Patty (8/29) Spicy Chicken on Bun (46) Baked Curly Fries (19) Fresh Fruit & Salad Bar	Oatmeal w/Fresh Berries (21/7) SL: Pizza Wedge (33) Tots (17) & Fruit Pizza Stix/Dip (31/10) (NEW) Chicken Jalapeno Taco (7 per serv/23) Spicy Chicken Strips (17) Dip Baked Tots (17) Fresh Fruit & Salad Bar	Apple Frudel (36) SL: Jalapeno Burger (31) Fries/Fruit Asst Pizza (33) Nacho Bites (8 per serv/32) Mini Corn Dogs (30) Ranch Beans (20) Fresh Fruit & Salad Bar SIDEKICK (20)	Breakfast Burrito (32) SL: Teriyaki Chicken Strips (9) Fries (17) & Fruit Asst Pizza (33) Baked Potato (42) w/Chili & Cheese (36/6) Roll (15) Mac & Cheese (29) Pretzel (30) Broccoli (2) w/ or w/o Cheese (6) Fresh Fruit & Salad Bar
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## Week of October 24 through October 28

Chocolate Donut Pack (39) SL: Grilled Chicken on Bun (1/29) Fries (17) Fruit Asst Pizza (33) Hot Ham & Cheese on Pretzel Bun (36) Chips (16) BBQ on Bun (33) Chips (16) Fries (17) Fresh Fruit & Salad Bar	Banana Bread (44) SL: Boneless Wings (13) Fries (17) SIDEKICK (20) Asst Pizza (33) Taco Salad/Tortilla Chips (23/17) Sloppy Joe on WW Bun (13/29) Baked Beans (31) Fresh Fruit & Salad Bar	Breakfast Pizza (17) SL: Hot Dog on Bun (23) Tots (17) & Fruit Asst Pizza (33) Popcorn Chicken Bowl (32) Biscuit (32) Corn (17) Fresh Fruit & Salad Bar	Bacon & Cheese on Biscuit (25) SL: Spicy Chicken on Bun (46) Fries (17) & Fruit Asst Pizza (33) Buffalo Chicken Strips (17) Biscuit (32) BBQ Glazed Chicken (6) Biscuit (32) Ranch Beans (20) Fresh Fruit & Salad Bar	Muffin (24) Juice Box (15) SL: Chicken Rings (12) Fries (17) Fruit Asst Pizza (33) Chicken & Dumplings (NEW) (23) Lasagna Rolls (22) Texas Toast (23) Green Beans (5) Fresh Fruit & Salad Bar
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**October 31**

**Bagel w/Crème Cheese (29/6)**

**SL: Pizza (33) Tots & Fruit; Asst Pizza (33) Potato Wedge Nachos (48) Spicy Chicken Wrap (17/49) Corn & Black Bean Salad (17) Salsa (3) Pumpkin Cookie (20) Fruit/Salad Bar**

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