



SNACK MENU – PRESCHOOL



October 1 thru October 12

Week of October 15 – October 19

NO SCHOOL for Students Teacher In-Service	Assorted Cereal (21) 1% White Milk	Apple Slices Cheese Stick (15)
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Week of October 22 – October 26

Bug Bite Grahams (21) 100% Juice (14)	Cherry Applesauce Cup (16) 1% White Milk	Strawberry NutriGrain Bar (29) 1% White Milk
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Week of October 29 – October 31

Cornbread Super Star (23) 1% Apple Juice (14)	Whole Grain Goldfish Crackers (14) Orange Wedge (15)
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OCTOBER 21ST CENTURY SNACK MENU

October 1 through October 12



October 15 – October 19

NO SCHOOL Teacher In-Service	Whole Grain Goldfish Crackers(14)/100% Juice (14)	Cheeto Puffs (13) 100% Fruit Juice (14)	Chex Mix (36) 1% White Milk
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October 22 – October 26

Cheez Its (24) 100% Fruit Juice	Baked Lays Potato Chips (24) 100% Fruit Juice	String Cheese & Honey Graham 2pk (1/11) 1% White Milk	WG Brownie (32) 1% White Milk
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October 29 – October 31

Baked Cool Ranch Doritos (20) 100% Fruit Juice	Cheeto Puffs (13) 100% Fruit Juice (14)	Wednesday Early Release / No Program
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OCTOBER 5 MENU



October 1 through October 12

NO SCHOOL Fall Break

October 15 – October 19

NO SCHOOL	Dutch Waffles (43)	Breakfast Sandwich (31)	Cinnamon Roll (39)	Blueberry Crumble (51)
Teacher In-Service 	Cheeseburger (1/1/29) Lettuce/Tomato/Pickle Ranch Beans (20) Chips (16) Fresh Fruit & Salad Bar	Pizza Cheese Stix (31) w/Dipping Sauce (10) Baked Beans (31) Fresh Fruit & Salad Bar	Nachos (Turkey) Taco Meat (3 oz), Shredded Cheese, Tortilla Chips / (3/1/19) Sweet Corn (21) Fresh Fruit & Salad Bar	Mini Corn Dogs (33) Loopy Fries (20) Salad Bar SIDEKICK (20) Fresh & Canned Fruit

October 22 – October 26

Cheese Omelet w/Fresh Roll (1/26)	Banana Mini Pancakes (37)	(ckn) Sausage Breakfast (28)	Cinnamon Bagel Bar (32)	Chocolate Donut Pack (39)
Cheese Lasagna Roll (22) Texas Toast (15) Steamed Crisp Peas (12) Fresh Fruit & Salad Bar	Boneless Wings (13) Roll (15) Orange & White Fries (13) Fresh Fruit & Salad Bar	Primo Pepperoni Pizza (36) Green Beans (6) Fresh Fruit & Salad Bar	Chicken Egg Roll (20) w. Fried Rice (55) Peas & Carrots (9) Fresh Fruit & Salad Bar	Bean Burrito (31) Corn on the Cob (18) Mild Salsa (2) Fresh Fruit & Salad Bar

October 29 – October 31

French Toast Stix (42) Lite Syrup (31)	TriTaters (31) w/Turkey Sausage Links (2)	Yogurt w/Strawberries (34/13) Graham Stix (21)
Sloppy Joe on Bun (13/29) Baked Beans (33) Salad Bar Fresh Strawberries (5)/Peaches (12)	Flamebroiled Hamburger (1/29) Lettuce/Tomato/Pickle Baked Sweet Potato Waffle Fries (26) Fresh Fruit & Salad Bar	LUCKY TRAY DAY/HALLOWEEN Bat Nuggets / Dip (16) Roll (15) Green Beans (6) Pumpkin Cookie (1grain/15g) Fresh Fruit & Salad Bar




OCTOBER MENU 6 – 8



October 1 through October 12



October 15 – October 19

 Teacher Training	NO SCHOOL/Teacher InService Dutch Waffles (43)	Cheese Omelet w/Fresh Roll (1/26)	Cinnamon Roll (39)	Crumb Cake (NEW) (53)
	Flamebroiled Hamburger (1/29) Spicy Chicken Strips/Roll (17/15) Baked Beans (31) Fresh Fruit & Salad Bar	Asst Primo Pizza (36) Buffalo Popcorn Chicken Bites (18)/Roll (15) Seasoned Curly Fries (19) Fresh Fruit & Salad Bar	Cheese Lasagna Roll (22) Chicken Alfredo (51) Texas Toast (14) Green Beans (6) Fresh Fruit & Salad Bar	Cheesy Breadstix (31) w/ Dipping Sauce (10) (2) Enchiladas (19) Sweet Corn (21) Fresh Fruit & Salad Bar

October 22 – October 26

Breakfast Wrap (14) Asst French Bread Pizza (34) Turkey & Swiss on Pretzel Bun (36) Fresh Steamed Veggies (9) Fresh Fruit & Salad Bar	Banana Mini Pancakes (37) Spicy Chicken on Bun (17/29) Mini Cheeseburger Pk (36) Ranch Beans (20) Fresh Fruit & Salad Bar	(Ckn) Sausage Biscuit (28) Asst Primo Pizza (36) Crispy Chicken Salad (17) w/Ranch & Texas Toast (14) Sweet Potato Cross Fries (26) Fresh Fruit & Salad Bar	Cinnamon Bagel Bar (32) Baked Potato (42) w/Chili & Cheese (36/6) Roll (15) Chicken Cesar Salad (21) Breadstick (23) Broccoli w/or w/out Cheese (4/6) Fresh Fruit & Salad Bar	Chocolate Donut Pk (39) Asst Primo Pizza (36) Tater Tot Nachos (NEW) Black Bean & Corn Salad (24) Fresh Fruit & Salad Bar
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October 29 – October 31

Pancake & (Chicken) Sausage Sandwich (19) Pepperoni Personal Pizza (36) (2) Bean & Cheese Tostada (52) w/Spanish Rice (22) Sweet Corn (21) Fresh Fruit & Salad Bar	Scrambled Egg, Hashbrown w/Tortilla (1/15/26) Hot Dog on Bun (2/27) (2) Cheesy Breadstix (30) w/Dipping Sauce (7) Baked Potato Smiles (20) Fresh Fruit & Salad Bar	Powdered Donut Pack (39) Asst Primo Pizza (36) BLT Chicken Patty on WW Bun (11/29) Sweet Carrots (6) Fresh Fruit & Salad Bar Pumpkin Cookie (1 grain)15g
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OCTOBER MENU 9 – 12



October 1 – October 12



October 15 – October 19

NO SCHOOL	Dutch Waffles (43)	Breakfast Sandwich (31)	Cheese Omelet/Roll (1/26)	Cinnamon Crumble (53)
	<p>RAM CART: Buffalo Popcorn Chicken w/Ranch Dip (16/1) Baked Sweet Potato Tots (32) Garden Salad (optional) Fruit COPA CAFÉ: Spicy Chicken on Bun (17/29) Sweet Potato Tots (32) Garden Salad (optional) Fruit STATION 1: Asst Piza STATION 2: Flamebroiled Hamburger (1/26) STATION 3: Spicy Chicken Strips (16) Roll (15) Potato Smiles (20) STATION 4: Fresh Fruit & Salad Bar</p>	<p>RAM CART: Pasta w/Meat Sauce (40) Toast (14) Fresh Garden Salad & Fruit COPA CAFÉ: Italian Sub (1/44) Chips (16) Ranch Beans (20) Garden Salad & Fruit STATION 1: Asst Pizza STATION 2: Crispy Chicken Salad (17) Breadstick (23) STATION 3: Corn Dog (30) Ranch Beans (20) STATION 4: Fresh Fruit & Salad Bar</p>	<p>RAM CART: Cheesy Breadstix (30) Dipping Sauce (7) Baked Tots, Salad & Fruit COPA CAFÉ: Jalapeno Burger (1/29) Tots & Fruit STATION 1: Asst Pizza STATION 2: Hot Ham & Cheese on Croissant (1/2/30) STATION 3: Fajita Chicken/Veggies & Tortilla (1/5/24) STATION 4: Fresh Fruit & Salad Bar</p>	<p>RAM CART: Flamebroiled Hamburger (1/29) Orange & White Fries (13) Salad & Fruit COPA CAFÉ: Nacho Bites (8 per serv. 32g) Orange & White Fries, Salad & Fruit STATION 1: Asst Pizza STATION 2: Teriyaki Chicken Bowl (42) Station 3: Lasagna (25) Toast (14) Broccoli (4) STATION 4: Fresh Fruit & Salad Bar</p>

October 22 – October 26

Breakfast Wrap (14)	Banana Mini Pancakes (37)	(Chicken) Sausage/Cheese Biscuit (28)	Cinnamon Bagel Bar (32)	Chocolate Donut Pack (39)
<p>RAM CART: Nacho Bites (8per serv. 32) Sweet Corn/Salad/Fruit COPA CAFÉ: 4 Meat Pizza Wedge (36) Salad/Fruit STATION 1: Asst Pizza STATION 2: Buffalo Chicken Strips (17) STATION 3: BBQ Glazed Chicken (16) Cool Ranch Chips (20) Ranch Beans (20) STATION 4: Fruit/Salad Bar</p>	<p>RAM CART: Boneless Wings (13) Fries/Salad/SIDEKICK COPA CAFÉ: Chick/Swiss Bun (17/2/29) Fries/Salad/SIDEKICK STATION 1: Asst Pizza STATION 2: Potato Wedges w/Chili & Cheese (17/36/6) Pretzel (30) STATION 3: Mac&Cheese Pretzel (29/30) Peas & Carrots (9) STATION 4: Fruit/Salad Bar</p>	<p>RAM CART: Spicy Chicken on Bun/Baked Beans (31) Salad & Fruit COPA CAFÉ: Grande Hot Dog (2/29) Baked Fries Salad & Fruit STATION 1: Asst Pizza STATION 2: Homemade Bean & Cheese Burrito w/or w/out Green Sauce STATION 3: (2) Egg Rolls/Dip Rice & Sweet Corn STATION 4: Fruit/Salad Bar</p>	<p>RAM CART: Chicken Cesar Salad/Toast/Fruit COPA CAFÉ: Pizza Cheese Stix w/Dipping Sauce FRESH Broccoli & Cauli Bites/Lite Ranch & Fruit STATION 1: Asst Pizza STATION 2: (2) Taco STATION 3: (2) Enchiladas Sweet Corn STATION 4: Fresh Fruit & Salad Bar</p>	<p>RAM CART: Chicken Nuggets (10) Curly Fries/Salad/Fruit COPA CAFÉ: Mini Corn Dogs (30) Curly Fries/Salad/Fruit STATION 1: Asst Pizza STATION 2 & STATION 3: Super Nachos Bar Refried Beans STATION 4: Fresh Fruit & Salad Bar</p>

October 29 – October 31

Pancake & Sausage on a Stick (17)	Muffin Top (26)	Tri Taters (2) w/ (2) Turkey Sausage Links (2)
RAM CART: (2) Taco Bar/Garnish/Corn (17) Shredded Lettuce/Tomato/Salsa SIDEKICK COPA CAFÉ: Hot Ham & Cheese on Croissant (1/2/30) Sweet Potato Tots (14) Salad/SIDEKICK STATION 1: Asst Primo Pizza STATION 2: Flamebroiled Hamburger (1/26) STATION 3: Spicy Chicken Salad/Texas Toast (17/15) Sweet Potato Fries (25) SIDEKICK (22) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Mini Corn Dogs (18) Baked Beans (31) Salad & Fruit COPA CAFÉ: Boneless Wings (13) Baked Beans (31) Salad & Fruit STATION 1: Asst Primo Pizza STATION 2: Buffalo Chicken Bites (16) STATION 3: Salisbury Steak (4) Mashed Potatoes (7) Gravy 5) Peas & Carrots (9) Roll (26) STATION 4: Fresh Fruit & Salad Bar	RAM CART: Buffalo Popcorn Chicken w/Dip Corn on the Cob (18) Salad/Fruit COPA CAFÉ: Spicy Chicken on Bun (17/29) Corn on the Cob/Salad/Fruit STATION 1: Asst Primo Pizza STATION 2: Manager’s Choice STATION 3: Spicy Chicken Strips (16) Roll (26) Baked Sidewinder Fries (23) Pumpkin Cookie (1 grain each/15) STATION 4: Fresh Fruit & Salad Bar

National School Breakfast and Lunch Program

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STAY SAFE AND HAVE FUN!!