



PRE-SCHOOL

SNACK MENU/AUGUST

FEEDING THE FUTURE

Week of August 7 through April 11 (carbs)

Peach Applesauce Cup (15) 1% White Milk (12)	Scooby Doo Baked Graham Cracker Sticks (21) 1% White Milk (12)	Blueberry Craisins (28) 1% White Milk (12)
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Week of August 14 – August 18

Cornmeal SuperStar – Whole Grain (23) 1% White Milk	Yoplait Trix Raspberry Rainbow Yogurt (20) Apple & Eve Juice Box (15)	Apple Slices (22) 1% White Milk (12)
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Week of August 21 – August 25

Goldfish Crackers (19) 1% White Milk	Nutri-Grain Strawberry Bar (29) 1% White Milk	Mini Muffin (34) 1% White Milk
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August 28 – August 31

Cherry Applesauce Cup (15) 1% White Milk	Blueberry Craisins (28) 1% White Milk (12)	Mini Rice Krispy Treat (9) 1% White Milk (12)
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ELEMENTARY K-5 MENU

FEEDING THE FUTURE

Week of August 7 through August 11 (carbs)

Fruit & <u>Fruitable Plus</u> Juice (14) French Toast Stix (43) w/Syrup (31) OR Choice of Cereal (25) Mozzarella String Cheese (1)	Fruit or Juice (14) Hashbrown Patty (31) w/ (Turkey) Sausage Link (1) OR Choice of Cereal (25) Mozzarella String Cheese (1)	<u>Fruitable Plus</u> Juice (14) Yogurt w/Fresh Strawberries Cup (34/12) Graham Stix (21) OR Choice of Cereal (25) Mozzarella String Cheese (1)	Fruit or Juice (14) Breakfast Pizza (17) OR Choice of Cereal (25) Mozzarella String Cheese (1)	Fruit or Juice (14) Chocolate Donut Pack (41) OR Choice of Cereal (25) Mozzarella String Cheese (1) Optional: Veggie Stix
Flamebroiled Hamburger (1/29) Lettuce/Tomato/Pickle Baked Fries (17) Salad Bar Fresh Fruit/Applesauce (15)	Turkey Corn Dog (30) Ranch Beans (22) Salad Bar Banana (33) / Sliced Peaches (12)	Big Daddy Primo Cheese or Pepperoni Pizza (36) 4-way Veggies (11) Fresh Fruit & Salad Bar WG Chocolate Chip Cookie (27)	Spaghetti w/Meatballs (74/2) Sauce (12) Garlic Texas Toast (15) Green Beans (5) Fresh Fruit & Salad Bar	LUCKY TRAY DAY ABC Nuggets (10) Roll (15) BBQ or Ranch Dip (9/1) Baked Sweet Potato Fries (25) Fresh Fruit & Salad Bar

Week of August 14 – August 18

Pancake & Sausage on Stick (17) (2) Cheese Filled Pizza Sticks (32) w/ Dipping Sauce (7) Baked Potato Smiles (20) Salad Bar Pears/Orange Wedges (18/11)	Yummy Banana Bread (44) Teriyaki Chicken w/LoMein Noodle Bowl (42) Steamed Broccoli (4) Salad Bar Pineapple/Mandarin Oranges (17/17)	Breakfast Wrap (14) Sloppy Joe on Bun (13/29) Bush's Baked Beans (29) Salad Bar SIDEKICK (22) / Applesauce (15)	Apple Frudel (36) Chicken Patty on Bun (16/29) Baked Fries (17) Salad Bar Fruit Cocktail (18) / Fresh Watermelon Wedge (22)	Ham, Egg & Cheese Bar (8) Bean & Cheese Tostada (26) Fiesta Rice (21) Sweet Corn (17) Salad Bar Fresh Strawberries (5) / Sliced Peaches (12)
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Week of August 21 – August 25

Banana Pancakes (42) (6 ct) Mini Chicken Corn Dogs (30) Ranch Beans (22) Salad Bar Orange Wedges (11) Craisins (28)	Turkey Bacon & Cheese on Biscuit (25) 5-Boneless Chicken Wings (13) Baked Tots (20) Roll (15) Salad Bar Fruit Mix (18) /Banana ½ (17)	Yogurt & Mini Muffin (43) Cheese or Pepperoni Pizza (36) Steamed California Veggies (0) Salad Bar Strawberries (5) Pears (18) Cookie (27)	Pumpkin Bread (43) Taco in a Bag (33) Sweet Corn (17) Salad Bar SIDEKICK (22) Peaches (12)	Cherry Frudel (36) Mac & Cheese (6 oz/29) Pretzel (30) Green Beans (5) Salad Bar Watermelon (22) Applesauce (15)
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Week of August 28 – August 31

Breakfast Pizza (17) Bean & Cheese Burrito (32) Sweet Corn (17) Salad Bar Fresh Grapes / Pears (8/18)	Scrambled Eggs/Turkey Sausage Link (1/1) Giant Goldfish Cracker (19) 3 - Chicken Strips/Roll (12/15) Baked Fries (17) Salad Bar Banana ½ (17) Strawberry Applesauce (15)	Cinnamon Bagel Bar (32) Pizza Wedge (36) Garden Salad Fresh Fruit Bar Animal Cracker Pack (21)	Homemade (Rich's) Cinnamon Roll (36) Mini Ravioli (1 cup/33) BOSCO Cheese Stick (27) Peas & Carrots (9) Salad Bar Fresh Melon (6)/Diced Peaches (17)
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AUGUST MENU 6-8

FEEDING THE FUTURE

Week of August 7 through August 11 (carbs)

Fruit & <u>Fruitable Plus</u> Juice (14) French Toast Stix (43) w/Syrup (31) OR Choice of Cereal (25) Mozzarella String Cheese (1)	Fruit or Juice (14) Hashbrown Patty (31) w/ (Turkey) Sausage Link (1) OR Choice of Cereal (25) Mozzarella String Cheese (1)	<u>Fruitable Plus</u> Juice (14) Yogurt w/Fresh Strawberries Cup (34/12) Graham Stix (21) OR Choice of Cereal (25) Mozzarella String Cheese (1)	Fruit or Juice (14) Breakfast Pizza (17) OR Choice of Cereal (25) Mozzarella String Cheese (1)	Fruit or Juice (14) Chocolate Donut Pack (41) OR Choice of Cereal (25) Mozzarella String Cheese (1) Optional: Veggie Stix
Big Daddy Primo Asst Pizza (36) Flamebroiled Hamburger (1/29) Baked Fries (17) Fresh Fruit & Salad Bar	Hot Dog on Bun (1/29) Spicy Chicken on Bun (17/29) Cool Ranch Chips (19) Bush Baked Beans (29) Fresh Fruit & Salad Bar	Primo Pizza (36) Teriyaki Chicken (8) Asian Fried Rice (55) Steamed Broccoli (4) Fresh Fruit & Salad Bar	(2) Chicken Egg Rolls (40) Sweet & Sour Sauce Cup Chicken Nuggets (10) Dip Baked Tots (20) Fresh Fruit & Salad Bar	Primo Pizza (36) Taco in a Bag (23) Sweet Corn (17) Fresh Fruit & Salad Bar WG Chocolate Chip Cookie (27)

Week of August 14-August 18

Pancake & Sausage on Stick (17)	Yummy Banana Bread (44)	Breakfast Wrap (14)	Apple Frudel (36)	Ham ,Egg & Cheese Bar (8)
Primo Pizza (36) Buffalo Chicken Strips (17)Roll(15) Baked Curly Fries (15) Fresh Fruit & Salad Bar	(Turkey)Ham or Turkey on Croissant (1/30) (2) Beef Sliders (22) Cheetos (18) Steamed Veggies(11) Fresh Fruit & Salad Bar	Primo Pizza (36) Meatball Sub (28) Baked Sweet Potato Fries (25) Fresh Fruit & Salad Bar	Lasagna/Texas Toast (24/15) Chicken Buffalo Hot Lings (11) Chow Mein (1 cup/38) Cauli/Broccoli (6) Fresh Fruit & Salad Bar	Cheese Filled Breadstix (32) w/Dipping Sauce (7) Grilled Chicken on Pretzel Roll (1/29) Ranch Beans (22) Fresh Fruit & Salad Bar

Week of August 21 – August 25

Banana Pancakes (42)	Turkey Bacon & Cheese on Biscuit (25)	Yogurt & Mini Muffin (43)	Pumpkin Bread (43)	Cherry Frudel (36)
Primo Pizza (36) Xtreme Bean/Cheese Burrito (41) Black Bean & Corn Salad (24) SIDEKICK (22) Fresh Fruit & Salad Bar	Baked Potato (42) w/Chili & Cheese (36/6) Roll (15) Chicken Cesar Salad (21) Breadstix (23) Broccoli w/or w/out Cheese (4/6) Fresh Fruit & Salad Bar	Primo Pizza (36) Popcorn Chicken Bowl (32) (Popcorn Chicken/Mashed Potatoes/Gravy) & Biscuit (31) Sweet Corn (17) Fresh Fruit & Salad Bar	(Turkey) Bacon Cheeseburger (1/1/29) Spicy Chicken Wrap (17/30) Baked Fries (17) Fresh Fruit & Salad Bar	Primo Pizza (36) Thick Sliced Turkey on Homemade Sub Roll (1/44) Sweet Potato Tots (25) Fresh Fruit & Salad Bar

Week of August 28 – August 31

Breakfast Pizza (17)	Scrambled Eggs/Turkey Sausage Link (1/1) Giant Goldfish Cracker (19)	Cinnamon Bagel Bar (32)	Homemade (Rich's) Cinnamon Roll (36)
Primo Pizza (36) Sloppy Joe on Bun (13/29) Baked Tots Fresh Fruit & Salad Bar	(2) Mini Franks (0/27) Nacho Bites (8 ct / 32) Corn on the Cob (18) Fresh Fruit & Salad Bar	Primo Pizza (36) w/Ranch Beans (22) (2) Beef Tacos(23)Refried Beans (14) Fresh Fruit & Salad Bar	Chicken Patty w/Swiss on Pretzel Bun (11/3/36) w/Marinara Cup (8) Flamebroiled Hamburger (1/29) Chips (19) Ranch Beans Fresh Fruit & Salad Bar

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MENU 9 – 12 ..WELCOME RAMS!

FEEDING THE FUTURE

Week of August 7 through August 11 (carbs)

<p>Fruit & <u>Fruitable Plus</u> Juice (14) French Toast Stix (43) w/Syrup (31) OR Choice of Cereal (25) Mozzarella String Cheese (1)</p>	<p>Fruit or Juice (14) Hashbrown Patty (31) w/ (2)Turkey Sausage Links (2) OR Choice of Cereal (25) Mozzarella String Cheese (1)</p>	<p><u>Fruitable Plus</u> Juice (14) Yogurt w/Fresh Strawberries Cup (34/12) Graham Stix (21) OR Choice of Cereal (25) Mozzarella String Cheese (1)</p>	<p>Fruit or Juice (14) Breakfast Pizza (17) OR Choice of Cereal (25) Mozzarella String Cheese (1)</p>	<p>Fruit or Juice (14) Chocolate Donut Pack (41) OR Choice of Cereal (25) Mozzarella String Cheese (1) Optional: Veggie Stix</p>
<p>RAM CART: Flamebroiled Hamburger (1/29) Chips (19) Ranch Beans (22) Asst Fruit RAM CAFÉ: Hot Wings (1) Biscuit (31) Corn on the Cob (18) & Fruit Line 1: Domino's Pizza (36) w/ Ranch Beans (22) Line 2 & Line 3: Nachos w/ Refried Beans (14) WG Chocolate Chip Cookie (27) Fresh Fruit & Salad Bar</p>	<p>RAM CART: Asian Station RAM CAFÉ: Cheeseburger(31) Fries (17) & Fruit Line 1: Asst Primo Pizza (36) Line 2: Spicy Chicken on Bun (17/29) Line 3: (2) Beef Tacos (23) Ranch Beans (22) Fresh Fruit & Salad Bar</p>	<p>RAM CART: Grande Hot Dog (2/29) Potato Salad (29) Asst Fruit RAM CAFÉ: Cheese Filled Breadstix (32) w/Marinara (7) Baked Tots (20) Fruit Line 1: Domino's Pizza (36) Line 2 & 3: Popcorn Chicken Bowl w/Biscuit (32/31) Sweet Corn (17) Fresh Fruit & Salad Bar</p>	<p>RAM CART: Taco Bar RAM CAFÉ: Boneless Wings (13) BBQ or Ranch Dip Baked Fries (17) & Fruit Line 1: Asst Primo Pizza (36) Line 2: Buffalo Hot Lings Chicken (11) Chow Mein (1 cup/38) Line 3: Lasagna/Garlic Texas Toast (24/15) Steamed Broccoli (4) Fresh Fruit & Salad Bar</p>	<p>RAM CART: Spicy Chicken Strips (17) Roll (15) Mashed Potatoes (19) Salad & Fruit RAM CAFÉ: Grande Hot Dog (2/29) Sweet Potato Fries (25) & Fruit Line 1: Domino's Pizza (36) Line 2: (NEW) Asian Salad (38) w/Egg Roll (20) Line 3: (New) Pita Taco (1/26) w/Black Bean & Corn Salad (24) SIDEKICK (20) Fresh Fruit & Salad Bar</p>

Week of August 14 – August 18

<p>Ham, Egg & Cheese Bar (8)</p>	<p>(NEW) Scrambled Egg Bowl/Melted Cheese Topping (1)</p>	<p>Lg Banana Bread Slice (44)</p>	<p>(NEW) Egg Burger (1/29)</p>	<p>Biscuits & Gravy (29)</p>
<p>RAM CART: Bacon Burger (1/1/29) Baked Beans (29) Chips (19) & Asst Fruit RAM CAFÉ: Spicy Chicken on Bun (17.29) Baked Tots (20) Fruit Line 1: Domino's Pizza (36) Line 2: Teriyaki Chicken (14) Asian Veggies (6) Line 3: Burrito Bowl (1/14) Rice (32) Fresh Fruit & Salad Bowl</p>	<p>RAM CART: (2) Southwest Chicken Tornado (42) Sweet Corn (17) Mini Salad Bar & Asst Fruit RAM CAFÉ: Teriyaki Dippers (9) Biscuit (31) Sweet Potato Fries (25) & Fruit Line 1: Asst Primo Pizza (36) Line 2: Chicken Leg Mesquite Glazed (3) Mashed Potatoes (19) Roll (15) Line 3: Homemade Bean & Cheese Burrito w/or w/out Green Sauce (58/16) Sweet Corn (17) Fresh Fruit & Salad Bar</p>	<p>RAM CART: Thick Sliced Turkey/Sub Bar Baked Fries (17) & Asst Fruit RAM CAFÉ: Hot & Spicy Popcorn Chicken (18) Mini Muffin (26) Baked Tots (20) Fruit Line 1: Domino's Pizza (36) Line 2: (2) Cheese Enchiladas (26) Line 3: Sweet & Sour Meatballs (1/18) Homemade Roll (28) Asian Slaw (9) Baked Beans (29) Fresh Fruit & Salad Bar</p>	<p>RAM CART: Baked Potato Bar RAM CAFÉ: (NEW) Stromboli (36) Fresh Veggies/Dip & Fruit Line 1: Asst Primo Pizza (36) Line 2: Spicy Chicken Salad w/ Garlic Texas Toast (17/14) Line 3: Mini Corn Dogs (33) Potato Wedges (19) Fresh Fruit & Salad Bar</p>	<p>RAM CART: Flamebroiled Hamburger (1) Sweet Potato Fries (25) Ranch Beans (22) Toppings for Burger & Fruit RAM CAFÉ: (NEW) Italian Style Chicken Breast w/Swiss on Bun (18/29/1) Sweet Potato Fries (25) & Fruit Line 1: Domino's Pizza (36) Line 2: Doritos Taco in a Bag (23) Line 3: (Turkey) Ham & Cheese on Pretzel Roll (36) Chips (19) Ranch Beans Fresh Fruit & Salad Bar</p>

Week of August 21 through August 25

Hard Boiled Egg w/ Tots (.6/25) RAM CART: Grande Hot Dog (2/29) Chili (optional) (36), Tri Taters (31) Mini Salad Bar & Fruit RAM CAFÉ: Nacho Bites (8 ct 32) Tater Tots (23) Fruit Line 1: Domino's Pizza (36)/Wedges (19) Line 2: Jalapeno Burger (31) Wedges (19) Line 3: Potato Wedges w/ Chili & Cheese (19/36/6) Fresh Fruit & Salad Bar	Pumpkin Bread (43) RAM CART: Pasta Bar/Broccoli/Texas Toast & Fruit (Chicken Alfredo or Marinara/Meatballs) RAM CAFÉ: Hot Pocket (36) Corn on the Cob (18) Fruit Line 1: Primo Pizza (36) Line 2: Meatball Sub (28) Line 3: Italian Style Chicken Breast on Bun w/ Swiss (18/29/1) w/Marinara Dip (7) Bush's Baked Beans (29) Fresh Fruit & Salad Bar	Yogurt & 4 oz Muffin (19/45) RAM CART: Turkey & Avacado Wrap w/ Roasted Hummus (35) Baked Fries (17) Salad Bar/Fruit RAM CAFÉ: Buffalo Chicken Strips (17) Ranch or BBQ Dip Baked Fries (17) Fruit Line 1: Domino's Pizza (36) Line 2: Cesar Salad/Texas Toast (21/14) Line 3: Chicken Nuggets (10) Mini Muffin (24) Baked Sweet Potato Fries (25) Fresh Fruit & Salad Bar	Bagel w/Crème Cheese (26/1) RAM CART: Taco Bar w/Corn & SIDEKICK RAM CAFÉ: Flamebroiled Hamburger (1/29) Pickle Spear (.7) Baked Sweet Potato Fries (25) & SIDEKICK Line 1: Primo Pizza (36) Line 2: Oven Fried Chicken (6) Line 3: Meatloaf (8) Mashed Potatoes/Gravy (9) SIDEKICK (20) Fresh Fruit & Salad Bar	Colby Omelet on Croissant (1/30) RAM CART: Asian Station/Fruit RAM CAFÉ: Mexican Pizza (34) Veggie Packw/Ranch Dip Fruit Line 1: Domino's (36) Line 2: Lasagna Rolls (24) Texas Toast (14) Line 3: Grilled Chicken w/Swiss on Pretzel Roll (1/1/30) Green Beans (5) Fresh Fruit & Salad Bar
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August 28 through August 31

Breakfast Pizza (17) RAM CART: Teriyaki Dippers (9) Sweet Potato Fries (25) Cole Slaw & Fruit RAM CAFÉ: Bean & Cheese Burrito (41) Corn on the Cob (18) Fruit Line 1: Domino's Pizza (36) Line 2: 2 – Pepper Jack Enchiladas (26) Line 3: (2) Tornado (42) Sweet Corn (17) Fresh Fruit & Salad Bar	Egg, Cheese, Potato & Sausage Breakfast Wrap (17) RAM CART: Pizza (36) Mini Salad Bar/Ranch & Fruit RAM CAFÉ: Chicken & Cheese Jalapeno Corn Dog (28) Tots (20) & Fruit Line 1: Primo Pizza (36) Line 2: Spicy Chicken on Bun (17/29) Line 3: Sweet & Sour Meatballs on Sub Roll (5/9/28) Baked Tots (20) Fresh Fruit & Salad Bar	Biscuits & Gravy (29) RAM CART: (2) Tostadas (26@) Spanish Fiesta Rice (43) Corn/Toppings & Fruit RAM CAFÉ: Chicken Nuggets (10) Sweet Potato Fries (25) Fruit Line 1: Domino's Pizza (36) Line 2: Asian Salad w/Egg Roll (32/20) Line 3: Chicken LoMein Steamed Broccoli (4) Fresh Fruit & Salad Bar	Homemade Grande Cinnamon Roll (55) RAM CART: Mexican Quinoa & Chicken Bowl (33) Broccoli/Cauli Mix (6) Pineapple (17) RAM CAFÉ: Chicken Teriyaki (8) w/Asian Rice (55) Broccoli & Fruit Line 1: Primo Pizza (36) Line 2: BaconCheeseburger (0/1/29) Line 3: Sloppy Joe on Byn (13/29) Chips (16) Ranch Beans (20) Fresh Fruit & Salad Bar
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Welcome Back to the 2017/2018 School Year!

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