

PRE-SCHOOL SNACK MENU / SEPTEMBER

Thursday, September 1

Elf Graham Crackers (21)

1% or Fat Free Milk (11)

Week of September 5 through September 8

LABOR DAY NO SCHOOL	Apple Slices and Cheese (15) 1% or Fat Free Milk (11)	Oven Baked Cheetos (17) 1% or Fat Free Milk (11)
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Week of September 12 through September 16

Munchies Mix (18) 100% Fruit Juice (23)	Goldfish Crackers (14) 1% or Fat Free Milk (11)	Grape Pack (13) 1% or Fat Free Milk (11)
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Week of September 19 through September 23

Rice Krispy Cereal Bar (31) 1% or Fat Free Milk (11)	Cheez Its (14) 1% or Fat Free Milk (11)	WGrain Brownie (42) 1% or Fat Free Milk (11)
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Week of September 26 through September 30

Bug Bite Grahams (21) 1% or Fat Free Milk (11)	Oven Baked Cheetos (17) 1% or Fat Free Milk (11)	Manager Choice 1% or Fat Free Milk (11)
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This institution is an equal opportunity employer and provider. Substitutions may be made based on availability.



SEPTEMBER K-6 MENU

Thursday, September 1 and Friday, September 2

<p>PARENTS / September 19 is the last day of any carry over from last year on lunch eligibility. You MUST submit a new lunch application for the 2016/2017 school year. If you have not done so already – please get that lunch application in as soon as possible so your child does not drop off the program. Contact your school cashier or Suzette Moe (520) 568-5100 x 1034 if you have any questions. Thank you!!</p>	<p>Breakfast Burrito (25)</p> <p>Chicken Rings (5 serv/12) WW Roll (15) Ranch Dip (1) Salad Bar / Baked Beans (31) Applesauce (22) Grapes (13)</p>	<p>Apple Frudel (36)</p> <p>Pizza Sticks w/Dipping Sauce (31/10) Green Beans (5) Salad Bar Fruit Mix (15) Fresh Peach (12)</p>
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Week of September 5 through September 9

NO SCHOOL	Banana Bread (44)	Turkey Sausage Links w/ Hashbrown (20)	Breakfast Pizza (17)	Strawberry Pancakes (40)
	<p>Chicken Strips (17) WW Roll (15) Mashed Potatoes (22) Sliced Cucumber & Carrot Coins Salad Bar Orange Wedges (15) Pineapple (20)</p>	<p>Big Daddy Hand Tossed Pizza (33) Steamed Fresh Veggies (13) Salad Bar Small Apple (21) Fruit Cocktail (19)</p>	<p>Chicken Patty on WW Bun (11/29) Lettuce/Tomato/Pickle Ranch Beans (20) Salad Bar Cinnamon Applesauce (23) Peaches (12)</p>	<p>Cheese Ravioli (30) w/Breadstick (24) Peas & Carrots (13) Salad Bar Fresh Cut Melon (7) Mixed Fruit (19)</p>

Week of September 12 through September 16

Pancake/Sausage on Stick (21)	Lemon Chip Crunch Bar (42)	Cherry Frudel (36)	French Toast Stix (43) Hashbrown (30)	Biscuits & Gravy (29)
<p>Flamebroiled Hamburger (0/29) Baked Tots (17) Salad Bar Pears (20) Apple Slices (14)</p>	<p>Popcorn Chicken Bowl (32) Biscuit (31) Salad Bar Fruit Cocktail (15) Fresh Strawberries (12)</p>	<p>Pizza Wedge (33) Baked Beans (28) Salad Bar Fresh Peach (12) Applesauce (23)</p>	<p>Spaghetti & Meatballs (47/7) Texas Toast (14) Green Beans (5) Salad Bar Watermelon (6) Grapes (13)</p>	<p>Teriyaki Chicken (14) Asian Rice (23) Stir Fry Veggies (4) Salad Bar Pineapple (20) Mini Banana (33)</p>

Week of September 19 through September 23

Strawberry Yogurt w/ Mini Muffin (43)	WGrain Pancakes Syrup (41/31)	Turkey Links w/ Hashbrown (20)	Fresh Baked Cinnamon Roll (18)	Turkey Bacon & Cheese On Biscuit (25)
<p>Hot Dog on Bun (1/20) Baked Fries (17) Salad Bar SIDEKICK (20) Peaches (12)</p>	<p>Mini Turkey Sub (13) Lettuce/Tomato/Pickle Bag of Chips (16) Corn (17) Salad Bar Jello w/Fruit (15) Pears (20)</p>	<p>Cheese or Pepperoni Pizza (33) Broccoli & Cauli Mix (6) Salad Bar Fresh Strawberries (12) Tropical Fruit (19)</p>	<p>Tangerine Chicken w/LoMein Noodle Bowl (42) Steamed Broccoli (2) Salad Bar Pineapple (20) Orange Wedges (19)</p>	<p>LUCKY TRAY Football Nuggets/WW Roll (10/15) Baked Tots (17) Salad Bar Watermelon (6) Cookie (27)</p>

Week of September 26 through September 30

Maple French Toast (27)	Sunrise Sandwich (20)	Yogurt (19) Cereal Bar (27)	Ham/Cheese Combo Bar (8)	Chocolate Donuts (39)
<p>Mini Corn Dogs (33) Baked Beans (31) Salad Bar Grapes (13) Peaches (12)</p>	<p>Bean & Cheese Tostada (26) Lettuce/Tomato/Mild Salsa Sweet Corn (17) Salad Bar Pears (20) Apple Wedges (21)</p>	<p>French Bread Pizza (34) Ranch Beans (20) Salad Bar Tropical Fruit (17) Banana ½ (17)</p>	<p>Boneless Wings (13) Baked Sweet Potato Tots (32) Salad Bar Juice Box (14) Pudding Cup (22)</p>	<p>Turkey and Gravy (6) Mashed Potatoes(16)Green Peas (5) WW Roll (15) Salad Bar Mandarin Oranges(19)Fresh Fruit</p>

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SNACK MENU – MONTH OF SEPTEMBER (CARBS)

PROGRAM BEGINS SEPTEMBER 6

Week of September 5 through September 9

NO SCHOOL LABOR DAY	Baked Nacho Cheese Doritos (16) 1% White Milk (11)	Brownie (42) 1% White Milk (11)	Rice Krispy Treat (16) Fat Free or 1% Milk (11)
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Week of September 12 through September 16

Goldfish Hot & Spicy (14) 100% Juice (15)	Poptart/1 count (38) 1% or Fat Free Milk	Nutri Grain Bar (29) 1% or Fat Free Milk	Cheez Its (14) 100% Juice (150)
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Week of September 19 through September 23

Lemon Crunch Bar (42) 1% or Fat Free Milk (11)	Blueberry Muffin (45.5) 1% or Fat Free Milk	Banana (33) 1% or Fat Free Milk	Oven Baked Cheetos (17) 1% or Fat Free Milk
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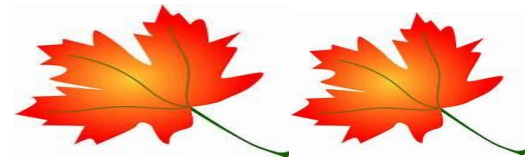
Week of September 26 through September 30

Brownie (42) 1% or Fat Free Milk (11)	Cherry Apple Crunch Bar (43) 1% or Fat Free Milk (11)	Baked Nacho Cheese Doritos (16) 1% or Fat Free Milk	Goldfish Pretzels (16) Juice Box (15)
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7-8 MENU



Thursday, September 1 and Friday, September 2

<p>PARENTS: September 19 is the last day of any carry over from last year on lunch eligibility. You MUST submit a new lunch application for the 2016/2017 school year. If you have not done so already – please get that lunch application in as soon as possible so your child does not drop off the program. Contact your school cashier or Suzette Moe (52) 568-5100 x 1034 if you have any questions. Thank you!!</p>	<p>Breakfast Burrito (25)</p>	<p>Apple Frudel (36)</p>
	<p>BLT Chicken Patty on WW Bun (11/29) Chicken Strips (17) WW Roll (15) Buffalo Sauce Baked Sweet Potato Tots (32) Fresh Fruit & Salad Bar</p>	<p>Asst Pizza (33) Cheeseburger (31) Ranch Beans (20) Fresh Fruit & Salad Bar</p>

Week of September 5 through September 9

<p>NO SCHOOL</p>	<p>Banana Bread (44)</p>	<p>Turkey Sausage Links w/HashBrown (20)</p>	<p>Breakfast Pizza (17)</p>	<p>Strawberry Pancakes (40)</p>
	<p>Chicken Rings (5 serv/12) Super Nachos (51) (Turkey Taco Meat, Refried Beans, Tortilla Chips) Corn (17) Fresh Fruit & Salad Bar</p>	<p>French Bread Pizza (34) Beefy Mac (36) Texas Toast (14) Peas & Carrots (10) Fresh Fruit & Salad Bar</p>	<p>Chicken Nuggets (10) Mini Corn Dogs (33) Baked Fries (17) Fresh Fruit & Salad Bar</p>	<p>Asst Pizza (33) (2) Beef Sliders (21) Baked Beans (31) Fresh Fruit & Salad Bar</p>

Week of September 12 through September 16

<p>Pancake/Sausage On Stick (21)</p>	<p>Lemon Chip Crunch Bar (42)</p>	<p>Cherry Frudel (36)</p>	<p>French Toast Stix (43) Hashbrown (30)</p>	<p>Biscuits & Gravy (29)</p>
<p>Asst Pizza (33) Meatball Sub (60.05) Chips (16) Fresh Steamed Veggies Fresh Fruit & Salad Bar</p>	<p>Bacon Cheeseburger (1/29) Spicy Chicken on Bun (17/29) Baked Tots (17) Fresh Fruit & Salad Bar</p>	<p>Asst Pizza (33) Spaghetti w/Meatballs (54) w/ Texas Toast (14) Green Beans (5) Fresh Fruit & Salad Bar</p>	<p>Teriyaki Chicken (8) Asian Fried Rice (55) Cheesy Breadstix (31) Sauce (10) Steamed Broccoli (6) Fresh Fruit & Salad Bar</p>	<p>Asst Personal Pan Pizza (39) Boneless Wings (13) Cole Slaw (3.75) Baked Beans (31) Fresh Fruit & Salad Bar</p>

Week of September 19 through September 23

<p>Strawberry Yogurt w/ Mini Muffin (43)</p>	<p>WGrain Pancakes Syrup (41/31)</p>	<p>Turkey Links w/ Hashbrown (20)</p>	<p>Fresh Baked Cinnamon Roll (18)</p>	<p>Turkey Bacon & Cheese On Biscuit (25)</p>
<p>Asst Pizza (33) BBQ Glazed Chicken Leg (6) w/ WW Roll (15) Sweet Potato Fries (32) Fresh Fruit & Salad Bar</p>	<p>Chicken Fajitas w/Tortilla (26) Bean & Cheese Burrito (39) Sweet Corn (17) Fresh Fruit & Salad Bar</p>	<p>Asst Pizza (33) Corn Dog w/Chips Ranch Beans (20) Fresh Fruit & Salad Bar</p>	<p>Cheese Ravioli (30) w Breadstick (24) Chicken Strips (17) Breadstick Broccoli/Cauli Mix w/Cheese (6/6) Fresh Fruit & Salad Bar</p>	<p>Asst Pizza (33) Hot (turkey) Ham & Cheese on Croissant (0/1/12) Baked Tots (17) Fresh Fruit & Salad Bar</p>

Week of September 26 through September 30

<p>Maple French Toast (27)</p>	<p>Sunrise Sandwich (20)</p>	<p>Yogurt (19) Cereal Bar (27)</p>	<p>Ham/Cheese Combo Bar (8)</p>	<p>Chocolate Donuts (39)</p>
<p>Asst Pizza (33) Nacho Bites (8 serv. 32) Corn on the Cob (17) Fresh Fruit & Salad Bar</p>	<p>(2) Chicken Egg Rolls (40) Hot Mustard Chicken Patty on Bun (23/29) Baked Fries (17) Fresh Fruit & Salad Bar</p>	<p>Asst Pizza (33) Mac & Cheese (6 oz serv 29) w/ Pretzel (30) Green Beans Fresh Fruit & Salad Bar</p>	<p>Boneless Wings (13) Chicken Taquito (3 ct) 13 each Refried Beans (24) OR Baked Beans (30) Fresh Fruit & Salad Bar</p>	<p>Asst Pizza (33) Buffalo Popcorn Chicken Bites (18) Curly Fries (19) Fresh Fruit & Salad Bar</p>




SEPTEMBER MENU - 9 THRU 12



Thursday, September 1 and Friday, September 2

<p>ATTENTION: Sept. 19 is the last day of any carryover from last year on lunch eligibility. You MUST submit a new lunch application for the 2016/2017 school year. If you have not done so already – please get that lunch application in as soon as possible or you will be dropped from the program. Contact your school cashier or Suzette Moe (520) 568-5100 x 1034 if you have any questions. Thank you!!</p>	<p>Breakfast Burrito (25)</p> <p>SPEEDLINE: Cheese Stix/Dip (31/10) Tots (17) & Fruit Asst Pizza (33) Super Nachos (33) Sweet Corn (17) Fresh Fruit & Salad Bar</p>	<p>Apple Frudel (36) SL: Hot Wings (1) Roll (15) Fries (17) & Fruit Asst Pizza (33) Spicy Popcorn Chicken/Roll (18/15) Hot (turkey) Ham & Cheese On Pretzel Bun (0/1/35) Baked Tots (17) Fresh Fruit & Salad Bar</p>
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Week of September 5 through September 9

<p>NO SCHOOL</p>  <p>Labor Day</p>	<p>Banana Bread (44)</p> <p>SL: BLT Chicken Patty on ww Bun (11/29) Fries (17)Fruit Asst Pizza (33) Buffalo Chicken Strips (17)Biscuit (32) BBQ Glazed Chicken Leg (6) Biscuit (32)Baked Beans (30) Fresh Fruit & Salad Bar</p>	<p>Turkey Sausage Links w/Hashbrown (20)</p> <p>SL: Chicken Nuggets (10) Fries (17) SIDEKICK (20) Asst Pizza (33) Nacho Bites (8 serv.32) Mini Corn Dogs (33) Sweet Corn (17) Fresh Fruit & Salad Bar</p>	<p>Breakfast Pizza (17)</p> <p>SL: Mini Corn Dogs (33) Fries (17) & Fruit Asst Pizza (33) Pizza Dog (41) Baked Chips (16) Chicken Fajitas/Tortilla (30) Ranch Beans (20) Fresh Fruit & Salad Bar</p>	<p>Strawberry Pancakes (40)</p> <p>SL: Cheeseburger (31) Fries & Fruit Asst Pizza (33) Mac & Cheese (29) Pretzel (30) Baked Potato (42) w/Chili & Cheese (36/6) Roll (15) Steamed Broccoli (2) Fresh Fruit & Salad Bar</p>
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Week of September 12 through September 16

<p>Pancake/Sausage On Stick (21)</p> <p>SL: Nacho Bites (8 serv. 32) Corn on the Cob (17) Fruit Asst Pizza (33) (2) Chicken Egg Rolls (40) Hot Mustard Meatball Sub (60.06) Baked Fries (17) Fresh Fruit & Salad Bar</p>	<p>Lemon Chip Crunch Bar (42)</p> <p>SL: Chicken Strips (17) Roll (15) Baked Wedges (18) Fruit Asst Pizza (33) Bacon Cheeseburger (1/29) Spicy Chicken on Bun (17/29) Baked Wedges (18) Fresh Fruit & Salad Bar</p>	<p>Cherry Frudel (36)</p> <p>SL: Hot Dog on Bun (23) Tots & Fruit Asst Pizza (33) Popcorn Chicken Bowl (32) Biscuit (32) Fresh Fruit & Salad Bowl</p>	<p>French Toast Stix (43) Hashbrown (30)</p> <p>SL: Spicy Chicken & Bun/Fries & Fruit Asst Pizza (33) Japanese Cherry Blossom Ckn (27) Steamed Broccoli (3) Cheese Enchiladas (27)/Beans Rice Fresh Fruit & Salad Bar</p>	<p>Biscuits & Gravy (29)</p> <p>SL: Jalapeno Burger (31) Fries/Fruit Asst Pizza (33) Super Nachos Sweet Corn Fresh Fruit & Salad Bar</p>
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Week of September 19 through September 23

<p>Strawberry Yogurt w/ Mini Muffin (43)</p> <p>SL: Teriyaki Ckn Bowl (29) Oriental Veggies & Fresh Pineapple Asst Pizza (33) Chicken Cesar Salad (21)/ Texas Toast (14) (2) Beef & Cheese Taco (30) Ranch Beans (20) Fresh Fruit & Salad Bar</p>	<p>WGrain Pancakes Syrup (41/31)</p> <p>SL: Hot Ham & Cheese on Pretzel Bun (36) Baked Chips (16) Veggie Stix & Fruit Asst Pizza (33) Hamburger/Fries (48) BBQ on Bun (33) Frist (17) Fresh Fruit & Salad Bar</p>	<p>Turkey Links w. Hashbrown (20)</p> <p>SL Pizza (33) Tots & Fruit Asst Pizza (33) Taco Salad/ Tortilla Chips (23/17) Sloppy Joe on WW Bun (13/29) Tots (17) Fresh Fruit & Salad Bar</p>	<p>Fresh Baked Cinnamon Roll (18)</p> <p>SL: Boneless Wings (13) Fries (17) SIDEKICK (20) Asst Pizza (33) Hot Dog on Bun (23) Grilled Chicken on Bun (0/29) Sweet Potato Fries (32) Fresh Fruit & Salad Bar</p>	<p>Turkey Bacon & Cheese On Biscuit (25)</p> <p>SL: Mini Tacos (31) Corn on the Cob (18) & Fruit Asst Pizza (33) Turkey on Fresh Made Bun (26) Chips (16) Beefy Mac (36)Texas Toast (14) Steamed Veggies (2) Fresh Fruit & Salad Bar</p>
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Week of September 26 through September 30

Maple French Toast (27)	Sunrise Sandwich (20)	Yogurt (19) Cereal Bar (27)	Ham/Cheese Combo Bar (8)	Chocolate Donuts (39)
SL: Cheese Stix/Dip (31/10) Fries (17) & Fruit Asst Pizza (33) Chicken Fajitas/Tortilla (21) Beans Lasagna Roll/Roll (22/15) Green Beans (6) Fresh Fruit & Salad Bar	SL: (2) Egg Rolls (40) Fries & Fruit Asst Pizza (33) Peppy Pepperoni Bake (36) Texas Toast (14) Homemade Bean Burrito (48) Sweet Corn (17) Fresh Fruit & Salad Bar	SL: Mini Corn Dogs (30) Tots & Fruit Asst Pizza (33) BLT (30) String Cheese (1) Chips (16) Baked Potato (42) w/Chili & Cheese (36/6) Roll (15) Green Beans (6) Fresh Fruit & Salad Bar	SL: Buffalo Nuggets (17) Fries (17) & Fruit Asst Pizza (33) Teriyaki Chicken (14) Asian Rice (55) Mac & Cheese (29) 6 oz serv w/ Pretzel (14) Broccoli (6) Fresh Fruit & Salad Bar	SL: Cheeseburger (31) Fries & Fruit Asst Pizza (33) Hot & Spicy Chicken Tenders (17) Dip Mini Corn Dogs (30) Baked Tots (17) Fresh Fruit & Salad Bar

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