



I'm on your team...
**RUBY RED
BEAM**

FEBRUARY

2019

**GOOD
EATS AT**

May Isd

**SPECIAL
ANNOUNCEMENTS**

Breakfast
K-12 Reg Price: 1.75
Reduced: .30
Extra Milk: .50
Extra Juice: .50
Adult Price: 2.25
Milk/Juice offered
daily

M T W TH F

**"You ART What You Eat"
Art Contest
STARTS FEBRUARY 4TH
squaremeals.org/artcontest**

**ART
CONTEST
BEGINS**

Oatmeal
Toast
Fruit
Milk
Juice 4

Chicken Biscuit
Fruit
Milk
Juice 5

Pancakes on a
stick
Syrup
Fruit
Milk 6

Breakfast Burrito
Salsa
Fruit
Milk
Juice 7

French Toast
Sausage
Syrup
Fruit
Milk
Juice 8

Oatmeal
Toast
Fruit
Milk
Juice 11

Morning Rolls
Fruit
Milk
Juice 12

Waffles
Syrup
Sausage
Fruit
Milk
Juice 13

Breakfast Pizza
Fruit
Milk
Juice 14

Muffins
Cheese Sticks
Fruit
Milk
Juice 15

NO SCHOOL
18

Yogurt
Toast
Fruit
Milk
Juice 19

Biscuits
Sausage
Gravy
Fruit
Milk/Juice 20

Scrambled Eggs
Bacon
Toast
Fruit
Milk/Juice 21

Pancake on Stick
Syrup
Fruit
Milk
Juice 22

Oatmeal
Toast
Fruit
Milk/Juice 25

Morning Rolls
Fruit
Milk
Juice 26

Breakfast Burrito
Salsa
Fruit
Milk
Juice 27

French Toast
Cheese Stick
Syrup
Fruit
Milk
Juice 28



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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RUBY RED BEAM

Grapefruit

One warm day in February a light rain shower came over Healthyville. Once the rain passed a rainbow appeared in the sky touching down on a grapefruit tree. A single grapefruit on the tree began to glow inside causing the fruit to fill with energy and come alive. A farmer noticed movement in the tree and stumbled upon Ruby Red. She was the first of her kind. She explained to him that she and her fellow grapefruit friends were a good source of nutritious vitamin C and that it was her mission to bring nutrition to all the residents of Healthyville. The farmer agreed to help Ruby Red plant grapefruit trees all over Healthyville and the state of Texas so everyone could enjoy the nutritious benefits and great taste of grapefruit.



FUN FACTS

- 'Ruby Red' was discovered as a limb sport (a mutation of one limb which has different fruit characteristics than the rest of the tree) on a 'Pink Marsh' tree in 1929 by A. E. Henninger of McAllen, Texas, who was granted a patent (U.S. Plant Patent No. 63) in 1934.
- Grapefruits are a combination of the orange and a pummelo.

RUBY RED BEAM'S FAVORITE ACTIVITIES

Softball

HOW MANY?

Count the correct number of each fruit or vegetable below.



	_____		_____
	_____		_____
	_____		_____

POW!

ARCH ENEMY

Snails: The common garden snail can cause extensive damage to the leaves and fruit of citrus, especially grapefruit and oranges. They start by attacking young leaves by chewing holes in them and leaving them severely damaged.



JOKE OF THE MONTH

Q: Why did the grapefruit fail his driving test?

A: It kept peeling out.

