

I'm
PASCAL THE PIG

JANUARY

2020

TDA's January 2020 Menu Calendar



GOOD EATS AT

MAY ISD

SPECIAL ANNOUNCEMENTS

Breakfast
K-12 Price: 1.75
Reduced: .30
Extra Milk: .50
Extra Juice: .50
Adult Price: 2.25
Milk/Juice offered



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.

M T W TH F

CHRISTMAS BREAK 6	Oatmeal Toast Fruit Milk/Juice 7	CHRISTMAS BREAK 1	CHRISTMAS BREAK 2	CHRISTMAS BREAK 3
CHRISTMAS BREAK 6	Oatmeal Toast Fruit Milk/Juice 7	Morning Rolls Fruit Milk Juice 8	Breakfast Burrito Fruit Milk/Juice 9	Muffins Cheese Sticks Fruit Milk/Juice 10
Yogurt Toast Fruit Milk/Juice 13	Pancakes On A Stick Fruit Milk/Juice 14	Scrambled Eggs Bacon Toast Fruit Milk/Juice 15	Breakfast Pizza Fruit Milk Juice 16	Waffles Sausage Fruit Milk/Juice 17
Oatmeal Toast Fruit Milk/Juice 20	Biscuit Sausage Gravy Milk/Juice 21	French Toast Sausage Fruit Milk/Juice 22	Breakfast Toast Fruit Milk Juice 23	Bagels Cream Cheese Fruit Milk/Juice 24
No School 27	Pancakes Bacon Fruit Milk/Juice 28	Chicken Biscuit Fruit Milk Juice 29	Morning Rolls Fruit Milk Juice 30	Cinnamon Rolls Cheese Sticks Fruit Milk/Juice 31



PASCAL Pig

Pascal the pig may be stout but he is strong! Pascal was born without a tail so the veterinarian made him a mechanical tail out of a spring. Pascal uses his super spring tail to jump super high!



WHAT TO KNOW

Pork is a protein food that is used in many recipes like ham sandwiches, pork chops, pulled pork tacos, and jambalaya. Did you know that pork is an excellent source of nutrients such as protein, thiamin, niacin, vitamin B-6, and phosphorus? It is also a good source of potassium, zinc, and riboflavin.



JOKE OF THE MONTH

Q: Why should you never tell a pig a secret?

A: Because they love to squeal!



POWER
HIGH JUMP

PASCAL'S
FAVORITE
ACTIVITY
Jump Rope

MAD LIB!

BECOMING PART OF THE SUPER SQUAD!

Pascal Pig was not always a _____ who spent his time educating kids about
eating healthy and dodging evil _____. He was once a normal, average
_____. He had a _____ life growing up on the farms of Texas. Now
he spends his time doing _____ and traveling around Texas in his _____
to help kids learn about eating right so they can become Healthy Heroes too!

