

JANUARY

2019



I'm
ORANGE STAR

GOOD EATS AT

MAY ISD

SPECIAL ANNOUNCEMENTS

Lunch Menu
 K-6 Regular Price: \$2.55
 7-12 Regular Price: \$2.80
 K-12 Reduced Price: \$0.40
 Extra Milk: \$0.50
 Extra Juice: \$0.50
 Adult Price: \$3.75
 Milk and juice are offered with each meal. Menu is subject to change due to deliveries.

M	T	W	TH	F
CHRISTMAS BREAK 1	CHRISTMAS BREAK 2	Grilled Chicken Subs Chips Broccoli/Carrots Fruit Milk/Juice 3	Chicken on bun French Fries Ranch Beans Broccoli Fruit Milk/Juice 4	
Frito Pie Peas Celery Fruit Milk/Juice 7	Pizza Corn Veggie Nuggets Fruit Milk/Juice 8	Nuggets Tater Tots Green Beans Fruit Milk/Juice 9	Salisbury steak Mashed Potato's Cooked Carrots Rolls Fruit Milk/Juice 10	Cheeseburgers French Fries Green Beans Celery Fruit Milk/Juice 11
Steak Fingers Potato Wedges Spinach Carrots Fruit Milk/Juice 14	Spaghetti/Meatballs Green Beans Garlic Bread Fruit Milk/Juice 15	Chicken Fajita's Ranch Beans Spanish rice Celery Fruit Milk/Juice 16	Corn Dogs Chips Cooked Carrots Broccoli Fruit Milk/Juice 17	BBQ on a bun French Fries Baked Beans Carrots Fruit Milk/Juice 18
No School 21	Ham Turkey Subs Chips Broccoli/Carrots Fruit Milk/Juice 22	Nachos Refried Beans Spanish rice Celery Fruit Milk/Juice 23	Chicken Strips Mashed Potatoes Green Beans Rolls Fruit Milk/Juice 24	Pork Rib on a bun Tater Tots Baked Beans Fruit Milk/Juice 25
Chicken Nuggets French Fries Cooked Carrots Rolls Fruit Milk/Juice 28	Tacos Ranch Beans Mexican Corn Fruit Milk/Juice 29	Meatball Subs Chips Green Beans Fruit Milk/Juice 30	Shepard's Pie Celery Broccoli Rolls Fruit Milk/Juice 31	



TEXAS DEPARTMENT OF AGRICULTURE
 COMMISSIONER SID MILLER



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ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

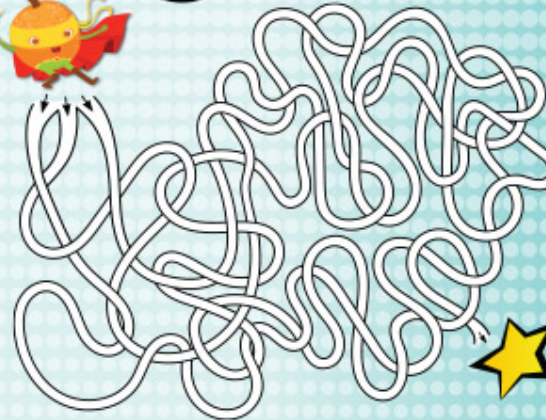


ORANGE STAR'S FAVORITE ACTIVITIES

Traveling and Swimming

MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3

