

MARCH

2019



GOOD EATS AT

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It's **GUS** JUSTICE to the rescue!

ART CONTEST CONTINUES

"You ART what You Eat"
Create and enter today!
SquareMeals.org/artcontest

Chicken on a bun
Chips
Green Beans
Broccoli
Fruit
Milk/Juice 1

MAY ISD

SCHOOL BREAKFAST WEEK
MARCH 4-8
SquareMeals.org/sbw

Chicken Fajita's w/ Tortilla
Refried Beans
Rice
Carrots
Fruit
Milk/Juice 4

Spaghetti Meatballs
Corn
Cauliflower
Garlic Bread
Fruit
Milk/Juice 5

Corn Dogs
Green Beans
Tatar Tots
Fruit
Milk/Juice 6

Salisbury steak
Mashed Potato's
Brown Gravy
Cooked Carrots
Rolls
Fruit
Milk/Juice 7

Grilled Chicken Subs
Cheese
Baked Beans
Chips
Broccoli
Fruit
Milk/Juice 8

SPECIAL ANNOUNCEMENTS

Spring Break 11

Spring Break 12

Spring Break 13

Spring Break 14

Spring Break 15

Pizza
Corn
Veggie Nuggets
Carrots
Fruit
Milk/ Juice 18

Enchiladas
Refried Beans
Spanish rice
Fruit
Milk/Juice 19

Grilled Cheese
Chicken Noodle
Broccoli/Celery
Chips
Fruit
Milk/Juice 20

Steak Fingers
Mashed Potato's
Green Beans
Rolls
Fruit
Milk/Juice 21

Cheeseburgers
Ranch Beans
French Fries
Carrots
Fruit
Milk/Juice 22

Frito Pie
Peas
Cooked Carrots
Fruit
Milk/Juice 25

Lasagna Turkey Roll up
Corn
Carrot
Garlic Bread
Fruit
Milk/Juice 26

Fish Sticks
French Fries
Black Eyed Peas
Rolls
Fruit
Milk/Juice 27

Bean Burrito's
Ranch Beans
Spanish rice
Celery
Fruit
Milk/Juice 28

Ham Turkey Sandwiches
Green Beans
Broccoli
Chips
Fruit
Milk/Juice 29

Lunch Menu
K-6 Regular Price: \$2.55
7-12 Regular Price: \$2.80
K-12 Reduced Price: \$0.40
Extra Milk: \$0.50
Extra Juice: \$0.50
Adult Price: \$3.75
Milk and juice are offered with each meal. Menu is subject to change due to deliveries.
Salad served Daily



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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GUS JUSTICE
Asparagus

When Gus was just a little shoot, a group of candy criminals ran through the town on their candy wrapper horses and trampled the field he was growing in. He vowed to rise against the candy that robbed the children of their good nutrition and make sure Healthyville flourished again. Not knowing what to do, he went to the University of Healthyville to visit and learn from Professor Green and Dr. Broccoli. They both told Gus he was a good source of folic acid and that helps promote the growth of healthy cells. He could use his powers to help Healthyville cut back on candy! He rallied his fellow spears and away they went using their folic acid to help the town and the children. To this day the Justice Squad uses their spears to keep the candy criminals out of the fields and out of the hands of children in Healthyville.

FUN FACT

Asparagus is good source of vitamin A and C and minerals



GUS JUSTICE'S FAVORITE ACTIVITIES
Track and field
and Bowling



POW!

ARCH ENEMY
Candy Criminals

FIND THE SIX DIFFERENCES

