

MCHS Lunch CARBS Menu (Main Line) 2018-2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza (34) Cooked Carrots (10) Onion Rings (28) Baked Apples (24) Pineapple (18)	Chicken Leg 1pc (5) Biscuit (24) Gravy (6) Mashed Potatoes (21) Baked Beans (32) Coleslaw (11) Fresh Strawberries (5) Strawberry Cup (22) Jelly (9)	General Tso Chicken & Rice (43) Broccoli & Cheese (6) Roll (22) Fresh Vegetables: Broccoli 3pc (1) Cauliflower 3pc (1) Baby Carrots 3pc (2) Celery Sticks 2pc (0) Applesauce (15)	Chicken Quesadilla (38) Beef & Cheese Burrito (38) Corn (23) Refried Beans (16) Salsa (6) Pears (20) Cookie (17)	Cheesy Breadsticks 2pc (42) Marinara (8) Baby Carrots 1/2 cup (4) Green Beans (6) Banana (27) Peaches (17)
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lasagna (35) Roll (22) Glazed Carrots (12) Green Beans (6) Onion Rings (28) Pineapple (18)	Tyson Chicken Nuggets 10pc (32) Mashed Potatoes (21) Crispy Fries 1 cup (36) Peas (14) Fresh Strawberries (5) Strawberry Cup (22)	Walking Taco (5) Doritos (27) Soft Taco (5) Tortilla (15) Crispito 2pc (46) Romaine (2) Tomato (1) Cheese (0) Corn (23) Refried Beans (16) Salsa (6) Sour Cream (4) Applesauce (15)	Pepperoni Calzone (35) BBQ (13) Bun (25) Pasta Salad (25) Green Beans (6) Pears (20) Cookie (17)	Queso Cheese 4oz (4) Tortilla Chips 1.45oz bag (29) Salsa (6) Mexican Rice (24) Corn (23) California Vegetable Blend (7) Banana (27) Peaches (17)
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Pizza (34) Broccoli & Cheese (6) Onion Rings (28) Baked Apples (24) Pineapple (18)	Tyson Chicken Pattie (16) Roll (22) Gravy (6) Mashed Potatoes (21) Peas (14) Fresh Strawberries (5) Strawberry Cup (22)	Pasta Bake (35) Texas Toast (31) Green Beans (6) Fresh Vegetables: Broccoli 3pc (1) Cauliflower 3pc (1) Baby Carrots 3pc (2) Celery Sticks 2pc (0) Applesauce (15)	Mandarin Chicken & Rice (39) Roll (22) Roasted Red Potatoes (19) Pinto Beans (26) Pears (20) Cookie (17)	Cheesy Breadsticks 2pc (42) Marinara (8) Baby Carrots 1/2 cup (4) Corn (23) Banana (27) Peaches (17)
Milk - Juice:	Chili Menu:	A La Carte: VELVET ICE CREAM	A La Carte:	
1% Milk 8oz (13)	(Wednesday's Oct thru March) Chili 1 cup (36) Crackers 6-2ct pkgs (27) Hot Dog (3) Bun (20) Baked Potato (37)	Banana Fudge (26)	Baked Lays BBQ (24)	Milos Tea (14)
FF Milk 8oz (13)		Birthday Cake Cone (33)	Baked Lays Regular (26)	Naked Juice Berry Blast (37)
FF Chocolate 8oz (20)		Chocolate Short Cake (22)	Baked Lays Salt & Vinegar (27)	Naked Juice Strawberry Banana (38)
FF Strawberry 8oz (19)		Cotton Candy (15)	Baked Lays Sour Cream (24)	Nutri-Grain Strawberry (30)
Orange Juice 8oz (27)		Crumble Cookie Cone (31)	Beef Sticks: Beef (0)	Oatmeal Bar Chocolate Chip (24)
	Fresh Vegetables:	Fudge Frenzy (19)	Beef Sticks : Turkey (3)	Oatmeal Bar Double Chocolate Chip (24)
UIT SERVED DAILY -- 1/2 C	Broccoli 3pc (1)	Ice Cream Sandwich (21)	Cheese Puffs Flamin' Hot (14)	Rice Krispie Treat (30)
Apple (22)	Cauliflower 3pc (1)	Orange Cream Bar (14)	Doritos Cool Ranch (19)	Sparkling Water Ice Black Raspberry (0)
Orange (21)	Baby Carrots 3pc (2)	Orange Power Pop Push Up (19)	Doritos Nacho (20)	Sparkling Water Ice Lemon (0)

DEN SIDE SALAD SERVED	Celery Sticks 2pc (0)	Sour Cyclone (21)	Doritos Sweet & Spicy (20)	Sparkling Water Ice Orange Mango (0)
Romaine (2)	Applesauce (15)	Sour Swell (12)	Fruit 2O's ALL Flavors (0)	White Cheddar Popcorn (9)
Cherry Tomatoes (2)		Strawberry Shortcake (23)		

